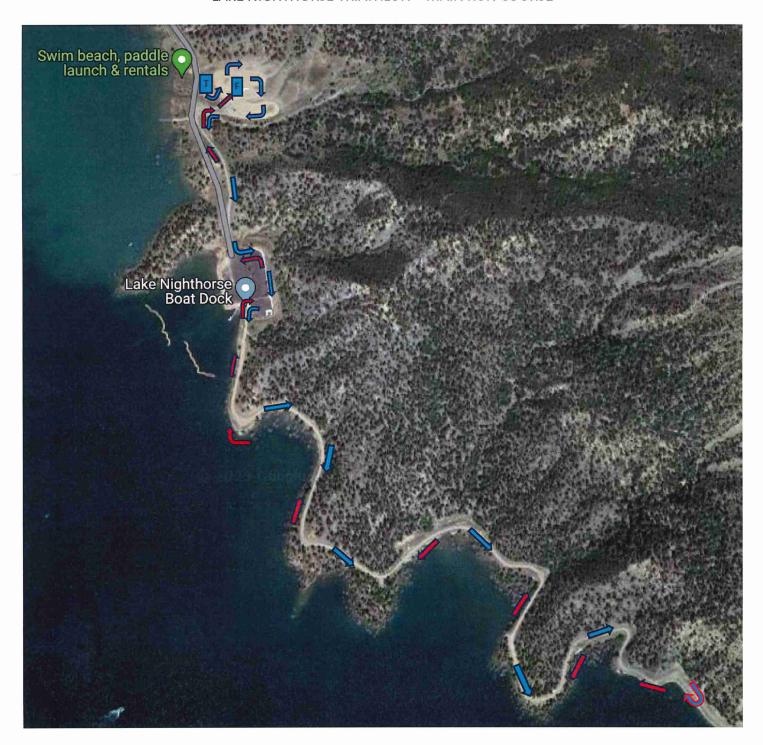
## LAKE NIGHTHORSE TRIATHLON – MAIN RUN COURSE



T – Transition Area F – Finish Line Blue Arrows – Run Out to turn around point (Gate) Red Arrows - Run Return to Finish

SPRINT RACE – 1 LAP OLYMPIC RACE – 2 LAPS

## DETAILED MAP OF LNH TRI RUN "RUN BETWEEN PARKING LOTS"

