

LAKE NIGHTHORSE TRIATHLON – MAIN RUN COURSE



T – Transition Area

F – Finish Line

Blue Arrows – Run Out to turn around point (Gate)

Red Arrows – Run Return to Finish

SPRINT RACE – 1 LAP

OLYMPIC RACE – 2 LAPS

DETAILED MAP OF LNH TRI RUN "RUN BETWEEN PARKING LOTS"

