



# Lake Nighthorse Sprint Triathlon

## Male 25-29

Place	Bib #	Name	Time	Type	City	
1	76	BRANDON FIRKINS	01:54:26.62	SPRIN	T 3	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:30:24.880	0.9mph	05:15	00:30:24.880
		Swim 2	00:04:14.498	1.8mph	34:07	00:34:39.378
		T1	00:03:56.851	0.9mph	03:31	00:38:36.229
		Bike	00:46:47.020	15.9mph	03:45	01:25:23.249
		T2	00:01:59.797	1.9mph	32:07	01:27:23.046
		Run	00:27:03.574	6.9mph	08:42	01:54:26.620

## Male 30-34

Place	Bib #	Name	Time	Type	City	
1	40	KENNETH PLACKOWSKI	02:17:24.33	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:16:37.195	1.7mph	35:39	00:16:37.195
		Swim 2	00:01:31.580	4.9mph	12:16	00:18:08.775
		T1	00:09:29.015	0.4mph	32:37	00:27:37.790
		Bike	01:05:20.627	11.4mph	05:15	01:32:58.417
		T2	00:01:02.371	3.6mph	16:43	01:34:00.788
		Run	00:43:23.542	4.3mph	13:57	02:17:24.330

## Female 30-34

Place	Bib #	Name	Time	Type	City	
1	32	SARA MCCRATE	01:43:27.34	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:14:12.600	2.0mph	30:29	00:14:12.600
		Swim 2	00:01:19.690	5.6mph	10:41	00:15:32.290
		T1	00:04:06.083	0.9mph	06:00	00:19:38.373
		Bike	00:53:23.176	14.0mph	04:17	01:13:01.549
		T2	00:01:06.777	3.3mph	17:54	01:14:08.326
		Run	00:29:19.019	6.4mph	09:26	01:43:27.345
2	67	CELESTE HAVERKAMP	01:43:34.61	SPRIN	T 3	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:18:42.194	1.5mph	40:07	00:18:42.194
		Swim 2	00:01:15.336	5.9mph	10:06	00:19:57.530
		T1	00:07:11.373	0.5mph	55:42	00:27:08.903
		Bike	00:50:35.221	14.7mph	04:04	01:17:44.124
		T2	00:00:27.494	8.1mph	07:22	01:18:11.618
		Run	00:25:22.998	7.3mph	08:10	01:43:34.616
3	80	BRIENNE BLACKKETTER	02:37:05.24	SPRIN	T 3	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:26:51.313	1.0mph	57:37	00:26:51.313
		Swim 2	00:06:10.476	1.2mph	49:41	00:33:01.789
		T1	00:00:58.053	3.9mph	15:34	00:33:59.842
		Bike	01:18:17.689	9.5mph	06:18	01:52:17.531
		T2	00:03:57.426	0.9mph	03:40	01:56:14.957
		Run	00:40:50.283	4.6mph	13:08	02:37:05.240

## Male 35-39

Place	Bib #	Name	Time	Type	City	
1	33	DAN MCCLELLAN	01:37:21.80	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:14:04.822	2.0mph	30:12	00:14:04.822
		Swim 2	00:01:01.706	7.3mph	08:16	00:15:06.528
		T1	00:04:35.723	0.8mph	13:57	00:19:42.251
		Bike	00:48:18.209	15.4mph	03:53	01:08:00.460
		T2	00:02:09.224	1.7mph	34:39	01:10:09.684
		Run	00:27:12.124	6.9mph	08:45	01:37:21.808
2	50	RYNE WAGGONER	01:40:27.33	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:18:51.114	1.5mph	40:27	00:18:51.114
		Swim 2	00:00:59.026	7.6mph	07:54	00:19:50.140
		T1	00:03:32.222	1.1mph	56:55	00:23:22.362
		Bike	00:49:47.146	15.0mph	04:00	01:13:09.508
		T2	00:00:32.967	6.8mph	08:50	01:13:42.475
		Run	00:26:44.856	7.0mph	08:36	01:40:27.331
3	64	GERARD BARTLETT	01:46:31.26	SPRIN	T 3	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:16:54.949	1.7mph	36:17	00:16:54.949
		Swim 2	00:01:17.561	5.8mph	10:24	00:18:12.510
		T1	00:02:48.531	1.3mph	45:12	00:21:01.041
		Bike	00:55:28.603	13.4mph	04:27	01:16:29.644
		T2	00:00:39.249	5.7mph	10:31	01:17:08.893
		Run	00:29:22.371	6.3mph	09:27	01:46:31.264

## Female 35-39

Place	Bib #	Name	Time	Type	City	
1	86	LAURA FARREN	01:51:09.76	SPRIN	T 3	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:23:50.232	1.2mph	51:08	00:23:50.232
		Swim 2	00:04:13.968	1.8mph	34:03	00:28:04.200
		T1	00:03:30.470	1.1mph	56:27	00:31:34.670
		Bike	00:51:37.643	14.4mph	04:09	01:23:12.313
		T2	00:01:36.346	2.3mph	25:50	01:24:48.659
		Run	00:26:21.106	7.1mph	08:28	01:51:09.765
2	45	JOHANNA BYRD	01:58:52.43	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:21:57.820	1.3mph	47:07	00:21:57.820
		Swim 2	00:01:01.113	7.3mph	08:11	00:22:58.933
		T1	00:03:30.176	1.1mph	56:22	00:26:29.109
		Bike	00:59:50.783	12.5mph	04:48	01:26:19.892
		T2	00:01:35.541	2.3mph	25:37	01:27:55.433
		Run	00:30:56.997	6.0mph	09:57	01:58:52.430

## Male 40-44

Place	Bib #	Name	Time	Type	City	
1	46	BRETT ELLER	01:23:30.43	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:17:45.215	1.6mph	38:05	00:17:45.215
		Swim 2	00:01:03.891	7.0mph	08:34	00:18:49.106
		T1	00:01:34.484	2.4mph	25:20	00:20:23.590
		Bike	00:38:08.611	19.5mph	03:04	00:58:32.201
		T2	00:01:19.959	2.8mph	21:26	00:59:52.160
		Run	00:23:38.272	7.9mph	07:36	01:23:30.432
2	28	KEVIN CAMP	01:29:43.67	SPRIN	T 2	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:13:36.831	2.1mph	29:12	00:13:36.831
		Swim 2	00:00:47.139	9.5mph	06:19	00:14:23.970
		T1	00:01:10.880	3.2mph	19:00	00:15:34.850
		Bike	00:42:25.239	17.6mph	03:24	00:58:00.089
		T2	00:01:30.707	2.5mph	24:19	00:59:30.796
		Run	00:30:12.882	6.2mph	09:43	01:29:43.678

# Lake Nighthorse Sprint Triathlon

## Female 40-44

Place	Bib #	Name	Time	Type	City																																			
1	72	MEGHAN RITZ	01:36:39.86	SPRIN																																				
T 3																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:16:05.247</td> <td>1.7mph</td> <td>34:31</td> <td>00:16:05.247</td> </tr> <tr> <td>Swim 2</td> <td>00:01:24.183</td> <td>5.3mph</td> <td>11:17</td> <td>00:17:29.430</td> </tr> <tr> <td>T1</td> <td>00:02:51.277</td> <td>1.3mph</td> <td>45:56</td> <td>00:20:20.707</td> </tr> <tr> <td>Bike</td> <td>00:50:18.219</td> <td>14.8mph</td> <td>04:02</td> <td>01:10:38.926</td> </tr> <tr> <td>T2</td> <td>00:01:13.322</td> <td>3.1mph</td> <td>19:40</td> <td>01:11:52.248</td> </tr> <tr> <td>Run</td> <td>00:24:47.613</td> <td>7.5mph</td> <td>07:58</td> <td>01:36:39.861</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:16:05.247	1.7mph	34:31	00:16:05.247	Swim 2	00:01:24.183	5.3mph	11:17	00:17:29.430	T1	00:02:51.277	1.3mph	45:56	00:20:20.707	Bike	00:50:18.219	14.8mph	04:02	01:10:38.926	T2	00:01:13.322	3.1mph	19:40	01:11:52.248	Run	00:24:47.613	7.5mph	07:58	01:36:39.861
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T2	00:01:13.322	3.1mph	19:40	01:11:52.248																																				
Run	00:24:47.613	7.5mph	07:58	01:36:39.861																																				
2	69	MEGAN HENRIE	01:46:56.41	SPRIN																																				
T 3																																								
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3	85	HEATHER GREENE	02:03:17.00	SPRIN																																				
T 3																																								
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Run	00:29:18.314	6.4mph	09:25	02:03:17.003																																				

## Female 45-49

Place	Bib #	Name	Time	Type	City																																			
1	37	GRETCHEN HILTON	01:43:06.91	SPRIN																																				
T 2																																								
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2	81	CORRIE BONNAR	01:55:05.67	SPRIN																																				
T 3																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:20:40.221</td> <td>1.4mph</td> <td>44:21</td> <td>00:20:40.221</td> </tr> <tr> <td>Swim 2</td> <td>00:04:09.775</td> <td>1.8mph</td> <td>33:29</td> <td>00:24:49.996</td> </tr> <tr> <td>T1</td> <td>00:04:28.026</td> <td>0.8mph</td> <td>11:53</td> <td>00:29:18.022</td> </tr> <tr> <td>Bike</td> <td>00:51:20.782</td> <td>14.5mph</td> <td>04:07</td> <td>01:20:38.804</td> </tr> <tr> <td>T2</td> <td>00:01:08.391</td> <td>3.3mph</td> <td>18:20</td> <td>01:21:47.195</td> </tr> <tr> <td>Run</td> <td>00:33:18.481</td> <td>5.6mph</td> <td>10:43</td> <td>01:55:05.676</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:20:40.221	1.4mph	44:21	00:20:40.221	Swim 2	00:04:09.775	1.8mph	33:29	00:24:49.996	T1	00:04:28.026	0.8mph	11:53	00:29:18.022	Bike	00:51:20.782	14.5mph	04:07	01:20:38.804	T2	00:01:08.391	3.3mph	18:20	01:21:47.195	Run	00:33:18.481	5.6mph	10:43	01:55:05.676
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Bike	00:51:20.782	14.5mph	04:07	01:20:38.804																																				
T2	00:01:08.391	3.3mph	18:20	01:21:47.195																																				
Run	00:33:18.481	5.6mph	10:43	01:55:05.676																																				
3	73	CARRIE SHIMEK	02:06:56.10	SPRIN																																				
T 3																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:20:49.638</td> <td>1.3mph</td> <td>44:41</td> <td>00:20:49.638</td> </tr> <tr> <td>Swim 2</td> <td>00:04:17.241</td> <td>1.7mph</td> <td>34:29</td> <td>00:25:06.879</td> </tr> <tr> <td>T1</td> <td>00:04:20.132</td> <td>0.9mph</td> <td>09:46</td> <td>00:29:27.011</td> </tr> <tr> <td>Bike</td> <td>00:57:20.659</td> <td>13.0mph</td> <td>04:36</td> <td>01:26:47.670</td> </tr> <tr> <td>T2</td> <td>00:02:51.042</td> <td>1.3mph</td> <td>45:52</td> <td>01:29:38.712</td> </tr> <tr> <td>Run</td> <td>00:37:17.393</td> <td>5.0mph</td> <td>12:00</td> <td>02:06:56.105</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:20:49.638	1.3mph	44:41	00:20:49.638	Swim 2	00:04:17.241	1.7mph	34:29	00:25:06.879	T1	00:04:20.132	0.9mph	09:46	00:29:27.011	Bike	00:57:20.659	13.0mph	04:36	01:26:47.670	T2	00:02:51.042	1.3mph	45:52	01:29:38.712	Run	00:37:17.393	5.0mph	12:00	02:06:56.105
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:20:49.638	1.3mph	44:41	00:20:49.638																																				
Swim 2	00:04:17.241	1.7mph	34:29	00:25:06.879																																				
T1	00:04:20.132	0.9mph	09:46	00:29:27.011																																				
Bike	00:57:20.659	13.0mph	04:36	01:26:47.670																																				
T2	00:02:51.042	1.3mph	45:52	01:29:38.712																																				
Run	00:37:17.393	5.0mph	12:00	02:06:56.105																																				

## Male 45-49

Place	Bib #	Name	Time	Type	City																																			
1	36	ROBERT KNEBEL	01:31:50.80	SPRIN																																				
T 2																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:15:01.987</td> <td>1.9mph</td> <td>32:15</td> <td>00:15:01.987</td> </tr> <tr> <td>Swim 2</td> <td>00:01:03.113</td> <td>7.1mph</td> <td>08:27</td> <td>00:16:05.100</td> </tr> <tr> <td>T1</td> <td>00:04:07.633</td> <td>0.9mph</td> <td>06:25</td> <td>00:20:12.733</td> </tr> <tr> <td>Bike</td> <td>00:42:18.186</td> <td>17.6mph</td> <td>03:24</td> <td>01:02:30.919</td> </tr> <tr> <td>T2</td> <td>00:01:31.183</td> <td>2.5mph</td> <td>24:27</td> <td>01:04:02.102</td> </tr> <tr> <td>Run</td> <td>00:27:48.705</td> <td>6.7mph</td> <td>08:57</td> <td>01:31:50.807</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:15:01.987	1.9mph	32:15	00:15:01.987	Swim 2	00:01:03.113	7.1mph	08:27	00:16:05.100	T1	00:04:07.633	0.9mph	06:25	00:20:12.733	Bike	00:42:18.186	17.6mph	03:24	01:02:30.919	T2	00:01:31.183	2.5mph	24:27	01:04:02.102	Run	00:27:48.705	6.7mph	08:57	01:31:50.807
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:15:01.987	1.9mph	32:15	00:15:01.987																																				
Swim 2	00:01:03.113	7.1mph	08:27	00:16:05.100																																				
T1	00:04:07.633	0.9mph	06:25	00:20:12.733																																				
Bike	00:42:18.186	17.6mph	03:24	01:02:30.919																																				
T2	00:01:31.183	2.5mph	24:27	01:04:02.102																																				
Run	00:27:48.705	6.7mph	08:57	01:31:50.807																																				
2	35	SEAN OTTMER	01:35:14.01	SPRIN																																				
T 2																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:16:15.592</td> <td>1.7mph</td> <td>34:53</td> <td>00:16:15.592</td> </tr> <tr> <td>Swim 2</td> <td>00:00:58.398</td> <td>7.7mph</td> <td>07:49</td> <td>00:17:13.990</td> </tr> <tr> <td>T1</td> <td>00:01:45.840</td> <td>2.1mph</td> <td>28:23</td> <td>00:18:59.830</td> </tr> <tr> <td>Bike</td> <td>00:45:58.137</td> <td>16.2mph</td> <td>03:41</td> <td>01:04:57.967</td> </tr> <tr> <td>T2</td> <td>00:00:52.487</td> <td>4.3mph</td> <td>14:04</td> <td>01:05:50.454</td> </tr> <tr> <td>Run</td> <td>00:29:23.563</td> <td>6.3mph</td> <td>09:27</td> <td>01:35:14.017</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:16:15.592	1.7mph	34:53	00:16:15.592	Swim 2	00:00:58.398	7.7mph	07:49	00:17:13.990	T1	00:01:45.840	2.1mph	28:23	00:18:59.830	Bike	00:45:58.137	16.2mph	03:41	01:04:57.967	T2	00:00:52.487	4.3mph	14:04	01:05:50.454	Run	00:29:23.563	6.3mph	09:27	01:35:14.017
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:16:15.592	1.7mph	34:53	00:16:15.592																																				
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Run	00:29:23.563	6.3mph	09:27	01:35:14.017																																				
3	66	ANTHONY VALDEZ	01:48:01.78	SPRIN																																				
T 3																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:21:02.205</td> <td>1.3mph</td> <td>45:08</td> <td>00:21:02.205</td> </tr> <tr> <td>Swim 2</td> <td>00:01:06.865</td> <td>6.7mph</td> <td>08:58</td> <td>00:22:09.070</td> </tr> <tr> <td>T1</td> <td>00:07:26.161</td> <td>0.5mph</td> <td>59:40</td> <td>00:29:35.231</td> </tr> <tr> <td>Bike</td> <td>00:47:46.930</td> <td>15.6mph</td> <td>03:50</td> <td>01:17:22.161</td> </tr> <tr> <td>T2</td> <td>00:01:21.529</td> <td>2.7mph</td> <td>21:52</td> <td>01:18:43.690</td> </tr> <tr> <td>Run</td> <td>00:29:18.096</td> <td>6.4mph</td> <td>09:25</td> <td>01:48:01.786</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:21:02.205	1.3mph	45:08	00:21:02.205	Swim 2	00:01:06.865	6.7mph	08:58	00:22:09.070	T1	00:07:26.161	0.5mph	59:40	00:29:35.231	Bike	00:47:46.930	15.6mph	03:50	01:17:22.161	T2	00:01:21.529	2.7mph	21:52	01:18:43.690	Run	00:29:18.096	6.4mph	09:25	01:48:01.786
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:21:02.205	1.3mph	45:08	00:21:02.205																																				
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Run	00:29:18.096	6.4mph	09:25	01:48:01.786																																				

## Male 50-54

Place	Bib #	Name	Time	Type	City																																			
1	29	MARK WALLS	01:19:23.12	SPRIN																																				
T 2																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:12:02.902</td> <td>2.3mph</td> <td>25:51</td> <td>00:12:02.902</td> </tr> <tr> <td>Swim 2</td> <td>00:01:00.211</td> <td>7.4mph</td> <td>08:04</td> <td>00:13:03.113</td> </tr> <tr> <td>T1</td> <td>00:01:38.697</td> <td>2.3mph</td> <td>26:28</td> <td>00:14:41.810</td> </tr> <tr> <td>Bike</td> <td>00:36:53.330</td> <td>20.2mph</td> <td>02:58</td> <td>00:51:35.140</td> </tr> <tr> <td>T2</td> <td>00:00:49.087</td> <td>4.6mph</td> <td>13:09</td> <td>00:52:24.227</td> </tr> <tr> <td>Run</td> <td>00:26:58.894</td> <td>6.9mph</td> <td>08:41</td> <td>01:19:23.121</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:12:02.902	2.3mph	25:51	00:12:02.902	Swim 2	00:01:00.211	7.4mph	08:04	00:13:03.113	T1	00:01:38.697	2.3mph	26:28	00:14:41.810	Bike	00:36:53.330	20.2mph	02:58	00:51:35.140	T2	00:00:49.087	4.6mph	13:09	00:52:24.227	Run	00:26:58.894	6.9mph	08:41	01:19:23.121
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:12:02.902	2.3mph	25:51	00:12:02.902																																				
Swim 2	00:01:00.211	7.4mph	08:04	00:13:03.113																																				
T1	00:01:38.697	2.3mph	26:28	00:14:41.810																																				
Bike	00:36:53.330	20.2mph	02:58	00:51:35.140																																				
T2	00:00:49.087	4.6mph	13:09	00:52:24.227																																				
Run	00:26:58.894	6.9mph	08:41	01:19:23.121																																				
2	75	JOHN MCDUGALL	01:37:51.02	SPRIN																																				
T 3																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:20:57.230</td> <td>1.3mph</td> <td>44:57</td> <td>00:20:57.230</td> </tr> <tr> <td>Swim 2</td> <td>00:02:22.590</td> <td>3.1mph</td> <td>19:07</td> <td>00:23:19.820</td> </tr> <tr> <td>T1</td> <td>00:05:44.150</td> <td>0.6mph</td> <td>32:18</td> <td>00:29:03.970</td> </tr> <tr> <td>Bike</td> <td>00:44:21.179</td> <td>16.8mph</td> <td>03:34</td> <td>01:13:25.149</td> </tr> <tr> <td>T2</td> <td>00:01:08.984</td> <td>3.2mph</td> <td>18:30</td> <td>01:14:34.133</td> </tr> <tr> <td>Run</td> <td>00:23:16.888</td> <td>8.0mph</td> <td>07:29</td> <td>01:37:51.021</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:20:57.230	1.3mph	44:57	00:20:57.230	Swim 2	00:02:22.590	3.1mph	19:07	00:23:19.820	T1	00:05:44.150	0.6mph	32:18	00:29:03.970	Bike	00:44:21.179	16.8mph	03:34	01:13:25.149	T2	00:01:08.984	3.2mph	18:30	01:14:34.133	Run	00:23:16.888	8.0mph	07:29	01:37:51.021
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:20:57.230	1.3mph	44:57	00:20:57.230																																				
Swim 2	00:02:22.590	3.1mph	19:07	00:23:19.820																																				
T1	00:05:44.150	0.6mph	32:18	00:29:03.970																																				
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T2	00:01:08.984	3.2mph	18:30	01:14:34.133																																				
Run	00:23:16.888	8.0mph	07:29	01:37:51.021																																				
3	78	JASON BROCKER	01:51:29.28	SPRIN																																				
T 3																																								
<table border="0" style="width: 100%;"> <thead> <tr> <th><u>Split Description</u></th> <th><u>Split Times</u></th> <th><u>Speed</u></th> <th><u>Pace</u></th> <th><u>Cumulative</u></th> </tr> </thead> <tbody> <tr> <td>Swim 1</td> <td>00:18:41.609</td> <td>1.5mph</td> <td>40:06</td> <td>00:18:41.609</td> </tr> <tr> <td>Swim 2</td> <td>00:01:30.221</td> <td>5.0mph</td> <td>12:05</td> <td>00:20:11.830</td> </tr> <tr> <td>T1</td> <td>00:06:05.680</td> <td>0.6mph</td> <td>38:05</td> <td>00:26:17.510</td> </tr> <tr> <td>Bike</td> <td>00:48:22.080</td> <td>15.4mph</td> <td>03:53</td> <td>01:14:39.590</td> </tr> <tr> <td>T2</td> <td>00:01:54.479</td> <td>2.0mph</td> <td>30:42</td> <td>01:16:34.069</td> </tr> <tr> <td>Run</td> <td>00:34:55.218</td> <td>5.3mph</td> <td>11:14</td> <td>01:51:29.287</td> </tr> </tbody> </table>						<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>	Swim 1	00:18:41.609	1.5mph	40:06	00:18:41.609	Swim 2	00:01:30.221	5.0mph	12:05	00:20:11.830	T1	00:06:05.680	0.6mph	38:05	00:26:17.510	Bike	00:48:22.080	15.4mph	03:53	01:14:39.590	T2	00:01:54.479	2.0mph	30:42	01:16:34.069	Run	00:34:55.218	5.3mph	11:14	01:51:29.287
<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>																																				
Swim 1	00:18:41.609	1.5mph	40:06	00:18:41.609																																				
Swim 2	00:01:30.221	5.0mph	12:05	00:20:11.830																																				
T1	00:06:05.680	0.6mph	38:05	00:26:17.510																																				
Bike	00:48:22.080	15.4mph	03:53	01:14:39.590																																				
T2	00:01:54.479	2.0mph	30:42	01:16:34.069																																				
Run	00:34:55.218	5.3mph	11:14	01:51:29.287																																				

# Lake Nighthorse Sprint Triathlon

## Female 50-54

Place	Bib #	Name	Time	Type	City	
1	48	LISA HAWS	01:55:15.50	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:25:50.933	1.1mph	55:27	00:25:50.933
		Swim 2	00:01:22.470	5.4mph	11:03	00:27:13.403
		T1	00:02:12.618	1.7mph	35:34	00:29:26.021
		Bike	00:53:40.020	13.9mph	04:19	01:23:06.041
		T2	00:01:34.390	2.4mph	25:19	01:24:40.431
		Run	00:30:35.074	6.1mph	09:50	01:55:15.505
2	41	INGRID WILSEY	01:59:36.22	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:22:32.044	1.2mph	48:21	00:22:32.044
		Swim 2	00:01:12.291	6.2mph	09:41	00:23:44.335
		T1	00:02:25.907	1.5mph	39:08	00:26:10.242
		Bike	00:55:52.926	13.3mph	04:29	01:22:03.168
		T2	00:02:19.735	1.6mph	37:28	01:24:22.903
		Run	00:35:13.323	5.3mph	11:20	01:59:36.226

## Male 55-59

Place	Bib #	Name	Time	Type	City	
1	39	KARL BREWER	01:32:47.11	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:17:11.142	1.6mph	36:52	00:17:11.142
		Swim 2	00:01:23.703	5.3mph	11:13	00:18:34.845
		T1	00:02:07.345	1.8mph	34:09	00:20:42.190
		Bike	00:44:12.175	16.9mph	03:33	01:04:54.365
		T2	00:01:31.391	2.4mph	24:30	01:06:25.756
		Run	00:26:21.362	7.1mph	08:28	01:32:47.118
2	49	LOWELL GOULD	01:39:54.69	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:21:14.538	1.3mph	45:34	00:21:14.538
		Swim 2	00:00:53.364	8.4mph	07:09	00:22:07.902
		T1	00:01:38.968	2.3mph	26:32	00:23:46.870
		Bike	00:42:36.978	17.5mph	03:25	01:06:23.848
		T2	00:00:48.187	4.6mph	12:55	01:07:12.035
		Run	00:32:42.659	5.7mph	10:31	01:39:54.694

## Female 55-59

Place	Bib #	Name	Time	Type	City	
1	87	PAULA MILLER	01:37:11.10	SPRIN		
T 3						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:17:36.209	1.6mph	37:46	00:17:36.209
		Swim 2	00:01:13.551	6.1mph	09:51	00:18:49.760
		T1	00:03:10.969	1.2mph	51:13	00:22:00.729
		Bike	00:47:17.548	15.8mph	03:48	01:09:18.277
		T2	00:01:10.988	3.2mph	19:02	01:10:29.265
		Run	00:26:41.842	7.0mph	08:35	01:37:11.107

## Male 60-64

Place	Bib #	Name	Time	Type	City	
1	84	DARIN FERGUSON	02:02:39.88	SPRIN		
T 3						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:20:44.631	1.3mph	44:30	00:20:44.631
		Swim 2	00:04:34.208	1.6mph	36:46	00:25:18.839
		T1	00:04:54.743	0.8mph	19:03	00:30:13.582
		Bike	00:53:28.344	13.9mph	04:18	01:23:41.926
		T2	00:01:11.625	3.1mph	19:12	01:24:53.551
		Run	00:37:46.333	4.9mph	12:09	02:02:39.884

## Female 60-64

Place	Bib #	Name	Time	Type	City	
1	88	REGINE E	01:54:32.80	SPRIN		
T 3						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:22:29.232	1.2mph	48:15	00:22:29.232
		Swim 2	00:04:10.535	1.8mph	33:35	00:26:39.767
		T1	00:03:47.499	1.0mph	01:01	00:30:27.266
		Bike	00:49:37.770	15.0mph	03:59	01:20:05.036
		T2	00:01:54.072	2.0mph	30:35	01:21:59.108
		Run	00:32:33.692	5.7mph	10:28	01:54:32.800

## Male 65-69

Place	Bib #	Name	Time	Type	City	
1	56	NED OVEREND	01:17:35.27	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:15:13.799	1.8mph	32:40	00:15:13.799
		Swim 2	00:01:45.000	4.3mph	14:04	00:16:58.799
		T1	00:01:45.901	2.1mph	28:24	00:18:44.700
		Bike	00:34:15.769	21.8mph	02:45	00:53:00.469
		T2	00:01:03.097	3.5mph	16:55	00:54:03.566
		Run	00:23:31.705	7.9mph	07:34	01:17:35.271
2	47	ROBERT DRAPER	02:33:13.44	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:24:04.424	1.2mph	51:39	00:24:04.424
		Swim 2	00:01:48.535	4.1mph	14:33	00:25:52.959
		T1	00:06:17.477	0.6mph	41:14	00:32:10.436
		Bike	01:09:49.739	10.7mph	05:37	01:42:00.175
		T2	00:02:01.673	1.8mph	32:38	01:44:01.848
		Run	00:49:11.600	3.8mph	15:50	02:33:13.444

## Female 65-69

Place	Bib #	Name	Time	Type	City	
1	70	DALE SIBLEY	02:21:10.34	SPRIN		
T 3						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:23:48.433	1.2mph	51:05	00:23:48.433
		Swim 2	00:04:49.134	1.5mph	38:46	00:28:37.567
		T1	00:08:24.691	0.4mph	15:22	00:37:02.258
		Bike	01:01:29.393	12.1mph	04:56	01:38:31.651
		T2	00:02:28.567	1.5mph	39:50	01:41:00.218
		Run	00:40:10.126	4.6mph	12:55	02:21:10.344

## Male 70+

Place	Bib #	Name	Time	Type	City	
1	42	KENNETH FORTUNE	02:04:31.30	SPRIN		
T 2						
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:17:01.020	1.6mph	36:30	00:17:01.020
		Swim 2	00:01:03.940	7.0mph	08:34	00:18:04.960
		T1	00:02:33.663	1.5mph	41:12	00:20:38.623
		Bike	00:56:18.856	13.2mph	04:31	01:16:57.479
		T2	00:01:29.627	2.5mph	24:02	01:18:27.106
		Run	00:46:04.201	4.0mph	14:49	02:04:31.307

# Lake Nighthorse Sprint Triathlon

## COED TEAM

Place	Bib #	Name	Time	Type	City	
1	30	TEAM GODD SQUAD	01:22:24.90	COED TEAM 2		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:14:59.547	1.9mph	32:10	00:14:59.547
		Swim 2	00:01:00.440	7.4mph	08:06	00:15:59.987
		T1	00:00:44.063	5.1mph	11:49	00:16:44.050
		Bike	00:40:10.023	18.6mph	03:13	00:56:54.073
		T2	00:00:23.447	9.5mph	06:17	00:57:17.520
		Run	00:25:07.384	7.4mph	08:05	01:22:24.904
2	31	TEAM TRAILHEADS	01:22:41.73	COED TEAM 2		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:13:17.937	2.1mph	28:32	00:13:17.937
		Swim 2	00:00:42.793	10.5mph	05:44	00:14:00.730
		T1	00:00:41.840	5.3mph	11:13	00:14:42.570
		Bike	00:44:30.745	16.8mph	03:34	00:59:13.315
		T2	00:00:22.858	9.8mph	06:07	00:59:36.173
		Run	00:23:05.564	8.1mph	07:25	01:22:41.737

## FEMALE TEAM

Place	Bib #	Name	Time	Type	City	
1	74	TEAM HABIUTATED	01:20:48.29	FEMAL E TEAM 2		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim 1	00:15:00.702	1.9mph	32:12	00:15:00.702
		Swim 2	00:00:56.314	7.9mph	07:33	00:15:57.016
		T1	00:01:46.794	2.1mph	28:38	00:17:43.810
		Bike	00:40:15.715	18.5mph	03:14	00:57:59.525
		T2	00:00:20.863	10.7mph	05:35	00:58:20.388
		Run	00:22:27.903	8.3mph	07:13	01:20:48.291