

# Lake Nighthorse Sprint Triathlon

## Male 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	163	CANNON HILTON	01:22:39.39		IND-2		5:10/M	11.6mph	7	16	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:14:47.850	1.9mph	31:45	00:14:47.850					
		T1	00:03:13.109	1.2mph	51:47	00:18:00.959					
		Bike	00:41:28.474	18.0mph	03:20	00:59:29.433					
		T2	00:00:19.484	2.3mph	26:07	00:59:48.917					
		Run	00:22:50.481	8.2mph	07:21	01:22:39.398					
2	134	KADEN FULLER	01:29:07.68		IND-1		5:34/M	10.8mph	11	17	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:13:47.286	2.0mph	29:35	00:13:47.286					
		T1	00:02:19.768	1.6mph	37:29	00:16:07.054					
		Bike	00:48:28.309	15.4mph	03:54	01:04:35.363					
		T2	00:00:58.958	0.8mph	19:04	01:05:34.321					
		Run	00:23:33.364	7.9mph	07:34	01:29:07.685					

## Male 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	154	AIDAN AGGELER	01:51:06.73		IND-1		6:57/M	8.6mph	37	23	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:28:31.962	1.0mph	01:13	00:28:31.962					
		T1	00:06:02.936	0.6mph	37:20	00:34:34.898					
		Bike	00:46:41.673	16.0mph	03:45	01:21:16.571					
		T2	00:01:24.155	0.5mph	52:51	01:22:40.726					
		Run	00:28:26.004	6.6mph	09:09	01:51:06.730					

## Female 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	189	ANNAMARIA KOSTARELLIS	01:17:59.57		IND-1		4:52/M	12.3mph	4	22	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:16:00.958	1.7mph	34:22	00:16:00.958					
		T1	00:02:32.064	1.5mph	40:47	00:18:33.022					
		Bike	00:38:12.461	19.5mph	03:04	00:56:45.483					
		T2	00:01:18.508	0.6mph	45:17	00:58:03.991					
		Run	00:19:55.586	9.4mph	06:24	01:17:59.577					
2	145	MACK MARTIN	01:26:58.97		IND-1		5:26/M	11.0mph	10	24	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:16:16.323	1.7mph	34:54	00:16:16.323					
		T1	00:02:03.569	1.8mph	33:08	00:18:19.892					
		Bike	00:42:22.644	17.6mph	03:24	01:00:42.536					
		T2	00:00:37.137	1.2mph	49:48	01:01:19.673					
		Run	00:25:39.304	7.3mph	08:15	01:26:58.977					
3	141	ALYSSA WEST	01:49:18.44		IND-1		6:50/M	8.8mph	35	20	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:19:24.980	1.4mph	41:39	00:19:24.980					
		T1	00:03:46.381	1.0mph	00:43	00:23:11.361					
		Bike	00:57:43.795	12.9mph	04:38	01:20:55.156					
		T2	00:00:46.700	1.0mph	02:37	01:21:41.856					
		Run	00:27:36.592	6.8mph	08:53	01:49:18.448					
4	175	COURTNEY CHILD	01:53:18.22		IND-2		7:05/M	8.5mph	38	24	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:29:36.751	0.9mph	03:32	00:29:36.751					
		T1	00:04:28.919	0.8mph	12:07	00:34:05.670					
		Bike	00:48:11.663	15.5mph	03:52	01:22:17.333					
		T2	00:01:05.965	0.7mph	28:28	01:23:23.298					
		Run	00:29:54.929	6.2mph	09:37	01:53:18.227					
5	177	KALLI AYRES	02:09:48.48		IND-2		8:07/M	7.4mph	52	24	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:20:42.532	1.4mph	44:26	00:20:42.532					
		T1	00:04:19.808	0.9mph	09:41	00:25:02.340					
		Bike	01:04:11.213	11.6mph	05:09	01:29:13.553					
		T2	00:01:10.304	0.6mph	34:17	01:30:23.857					
		Run	00:39:24.628	4.7mph	12:41	02:09:48.485					

# Lake Nighthorse Sprint Triathlon

## Female 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	138	KIRA CAPACCIOLI	01:23:51.25		IND-1		5:14/M	11.4mph	8	29	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:15:32.710	1.8mph	33:21	00:15:32.710					
		T1	00:02:30.071	1.5mph	40:15	00:18:02.781					
		Bike	00:38:58.022	19.1mph	03:08	00:57:00.803					
		T2	00:01:03.282	0.7mph	24:52	00:58:04.085					
		Run	00:25:47.167	7.2mph	08:17	01:23:51.252					
2	132	LAUREN PRESTON	01:25:51.16		IND-1		5:22/M	11.2mph	9	28	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:13:31.935	2.1mph	29:02	00:13:31.935					
		T1	00:02:33.633	1.5mph	41:12	00:16:05.568					
		Bike	00:42:22.835	17.6mph	03:24	00:58:28.403					
		T2	00:01:07.324	0.7mph	30:17	00:59:35.727					
		Run	00:26:15.437	7.1mph	08:27	01:25:51.164					
3	186	LAURA BROTHERS	01:56:26.91		IND-2		7:17/M	8.2mph	39	27	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:30.673	1.2mph	48:18	00:22:30.673					
		T1	00:04:02.415	0.9mph	05:01	00:26:33.088					
		Bike	00:55:55.735	13.3mph	04:30	01:22:28.823					
		T2	00:02:06.381	0.4mph	49:29	01:24:35.204					
		Run	00:31:51.713	5.9mph	10:15	01:56:26.917					

## Male 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	133	DAVID PRESTON	01:11:08.75		IND-1		4:27/M	13.5mph	1	34	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:13:41.736	2.0mph	29:23	00:13:41.736					
		T1	00:01:57.134	1.9mph	31:25	00:15:38.870					
		Bike	00:33:39.741	22.2mph	02:42	00:49:18.611					
		T2	00:00:47.080	1.0mph	03:08	00:50:05.691					
		Run	00:21:03.067	8.9mph	06:46	01:11:08.758					
2	144	JAMES EVANGELISTI	01:21:31.18		IND-1		5:06/M	11.8mph	6	34	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:15:37.366	1.8mph	33:31	00:15:37.366					
		T1	00:02:50.211	1.3mph	45:39	00:18:27.577					
		Bike	00:42:31.750	17.5mph	03:25	01:00:59.327					
		T2	00:00:43.294	1.0mph	58:03	01:01:42.621					
		Run	00:19:48.565	9.4mph	06:22	01:21:31.186					

## Female 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	139	KATHRYN ROSS	01:16:00.96		IND-1		4:45/M	12.6mph	3	31	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:15:26.347	1.8mph	33:07	00:15:26.347					
		T1	00:02:07.537	1.8mph	34:12	00:17:33.884					
		Bike	00:37:38.619	19.8mph	03:01	00:55:12.503					
		T2	00:00:55.115	0.8mph	13:54	00:56:07.618					
		Run	00:19:53.344	9.4mph	06:24	01:16:00.962					
2	148	LORETTA SANCHEZ	02:06:49.94		IND-1		7:56/M	7.6mph	49	34	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:37.576	1.2mph	48:33	00:22:37.576					
		T1	00:04:14.119	0.9mph	08:09	00:26:51.695					
		Bike	01:00:52.352	12.2mph	04:53	01:27:44.047					
		T2	00:02:06.630	0.4mph	49:49	01:29:50.677					
		Run	00:36:59.263	5.0mph	11:54	02:06:49.940					

## Male 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	135	BRIAN MILLER	01:12:00.43		IND-1		4:30/M	13.3mph	2	36	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:14:15.998	2.0mph	30:36	00:14:15.998					
		T1	00:01:44.760	2.1mph	28:05	00:16:00.758					
		Bike	00:35:20.445	21.1mph	02:50	00:51:21.203					
		T2	00:00:34.060	1.3mph	45:40	00:51:55.263					
		Run	00:20:05.170	9.3mph	06:27	01:12:00.433					

# Lake Nighthorse Sprint Triathlon

## Male 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
2	152	ROBERT GOODIN	01:35:43.59		IND-1		5:59/M	10.0mph	19	39	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:20:14.804	1.4mph	43:26	00:20:14.804					
		T1	00:03:58.070	0.9mph	03:51	00:24:12.874					
		Bike	00:41:59.889	17.8mph	03:22	01:06:12.763					
		T2	00:00:55.339	0.8mph	14:12	01:07:08.102					
		Run	00:28:35.489	6.5mph	09:12	01:35:43.591					

## Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	180	JULIE WESP	01:36:22.22		IND-2		6:01/M	10.0mph	22	38	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:25:38.301	1.1mph	55:00	00:25:38.301					
		T1	00:03:56.810	0.9mph	03:31	00:29:35.111					
		Bike	00:41:37.211	17.9mph	03:20	01:11:12.322					
		T2	00:01:07.789	0.7mph	30:54	01:12:20.111					
		Run	00:24:02.113	7.8mph	07:44	01:36:22.224					
2	162	ALLISON CONNER	01:40:46.24		IND-2		6:18/M	9.5mph	27	35	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:03.597	1.3mph	47:20	00:22:03.597					
		T1	00:03:23.813	1.1mph	54:40	00:25:27.410					
		Bike	00:49:12.556	15.2mph	03:57	01:14:39.966					
		T2	00:00:24.897	1.8mph	33:23	01:15:04.863					
		Run	00:25:41.385	7.3mph	08:16	01:40:46.248					
3	146	AUTUMN VON FLOTOW	01:44:21.56		IND-1		6:31/M	9.2mph	32	37	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:06.230	1.3mph	47:25	00:22:06.230					
		T1	00:03:22.191	1.1mph	54:13	00:25:28.421					
		Bike	00:47:18.931	15.8mph	03:48	01:12:47.352					
		T2	00:02:44.002	0.3mph	39:56	01:15:31.354					
		Run	00:28:50.213	6.5mph	09:16	01:44:21.567					
4	173	LYNN HYDE	01:58:18.61		IND-2		7:24/M	8.1mph	41	35	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:23:10.053	1.2mph	49:42	00:23:10.053					
		T1	00:03:46.732	1.0mph	00:48	00:26:56.785					
		Bike	00:56:28.753	13.2mph	04:32	01:23:25.538					
		T2	00:01:27.379	0.5mph	57:11	01:24:52.917					
		Run	00:33:25.696	5.6mph	10:45	01:58:18.613					
5	153	ANNA SWAIN	02:01:13.17		IND-1		7:35/M	7.9mph	43	37	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:23.306	1.2mph	48:02	00:22:23.306					
		T1	00:04:04.647	0.9mph	05:37	00:26:27.953					
		Bike	00:54:44.429	13.6mph	04:24	01:21:12.382					
		T2	00:02:50.708	0.3mph	48:56	01:24:03.090					
		Run	00:37:10.086	5.0mph	11:57	02:01:13.176					

## Male 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	187	DERRELL LINDSEY	01:33:15.84		IND-2		5:50/M	10.3mph	14	44	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:36.754	1.2mph	48:31	00:22:36.754					
		T1	00:03:47.430	1.0mph	01:00	00:26:24.184					
		Bike	00:40:43.117	18.3mph	03:16	01:07:07.301					
		T2	00:00:47.632	0.9mph	03:52	01:07:54.933					
		Run	00:25:20.910	7.4mph	08:09	01:33:15.843					
2	190	KEVIN CAMP	01:36:09.43		IND-1		6:01/M	10.0mph	21	40	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:16:34.697	1.7mph	35:34	00:16:34.697					
		T1	00:03:10.179	1.2mph	51:00	00:19:44.876					
		Bike	00:43:12.127	17.3mph	03:28	01:02:57.003					
		T2	00:00:55.741	0.8mph	14:45	01:03:52.744					
		Run	00:32:16.694	5.8mph	10:23	01:36:09.438					
3	166	THOMAS ENGEL	01:38:13.70		IND-2		6:08/M	9.8mph	24	41	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:17:36.067	1.6mph	37:46	00:17:36.067					
		T1	00:03:52.388	1.0mph	02:19	00:21:28.455					
		Bike	00:45:17.440	16.5mph	03:38	01:06:45.895					
		T2	00:01:05.238	0.7mph	27:29	01:07:51.133					

# Lake Nighthorse Sprint Triathlon

## Male 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
		<i>Run</i>	00:30:22.573	6.1mph	09:46	01:38:13.706					
4	191	GREGG DONALDSON	01:40:22.20		IND-2		6:16/M	9.6mph	26	40	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:19:56.814	1.4mph	42:48	00:19:56.814					
		T1	00:05:28.987	0.7mph	28:14	00:25:25.801					
		Bike	00:44:47.397	16.6mph	03:36	01:10:13.198					
		T2	00:01:26.173	0.5mph	55:34	01:11:39.371					
		Run	00:28:42.833	6.5mph	09:14	01:40:22.204					
5	192	JASON SWENK	01:43:32.13		IND-2		6:28/M	9.3mph	29	44	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:48.148	1.2mph	48:55	00:22:48.148					
		T1	00:02:33.608	1.5mph	41:12	00:25:21.756					
		Bike	00:47:17.152	15.8mph	03:48	01:12:38.908					
		T2	00:01:31.702	0.5mph	02:58	01:14:10.610					
		Run	00:29:21.525	6.3mph	09:26	01:43:32.135					
6	172	JASON ENDRES	01:49:27.28		IND-2		6:50/M	8.8mph	36	43	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:35.817	1.2mph	48:29	00:22:35.817					
		T1	00:04:46.553	0.8mph	16:51	00:27:22.370					
		Bike	00:48:14.165	15.5mph	03:52	01:15:36.535					
		T2	00:01:38.016	0.5mph	11:27	01:17:14.551					
		Run	00:32:12.737	5.8mph	10:22	01:49:27.288					

## Female 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	182	RACHEL DANCZYK	01:43:48.77		IND-2		6:29/M	9.2mph	30	42	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:17.346	1.3mph	47:49	00:22:17.346					
		T1	00:04:53.932	0.8mph	18:50	00:27:11.278					
		Bike	00:45:55.063	16.2mph	03:41	01:13:06.341					
		T2	00:01:16.619	0.6mph	42:45	01:14:22.960					
		Run	00:29:25.819	6.3mph	09:28	01:43:48.779					
2	181	LISA BLOOMQUIST	02:23:33.62		IND-2		8:58/M	6.7mph	55	41	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:36:32.437	0.8mph	18:24	00:36:32.437					
		T1	00:08:46.950	0.4mph	21:20	00:45:19.387					
		Bike	01:00:19.826	12.4mph	04:51	01:45:39.213					
		T2	00:01:32.349	0.5mph	03:51	01:47:11.562					
		Run	00:36:22.063	5.1mph	11:42	02:23:33.625					

## Male 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	167	MARCOS COSTA	01:34:00.49		IND-2		5:52/M	10.2mph	16	48	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:18:16.467	1.5mph	39:12	00:18:16.467					
		T1	00:01:41.507	2.2mph	27:13	00:19:57.974					
		Bike	00:45:21.927	16.4mph	03:39	01:05:19.901					
		T2	00:00:51.582	0.9mph	09:10	01:06:11.483					
		Run	00:27:49.009	6.7mph	08:57	01:34:00.492					
2	169	KRIS RAJANNA	01:36:05.10		IND-2		6:00/M	10.0mph	20	49	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:20:43.951	1.3mph	44:29	00:20:43.951					
		T1	00:04:09.563	0.9mph	06:56	00:24:53.514					
		Bike	00:42:05.570	17.7mph	03:23	01:06:59.084					
		T2	00:00:58.669	0.8mph	18:40	01:07:57.753					
		Run	00:28:07.355	6.6mph	09:03	01:36:05.108					
3	147	MIKE MILLER	02:26:07.79		IND-1		9:08/M	6.6mph	56	47	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:24:13.947	1.2mph	51:59	00:24:13.947					
		T1	00:04:20.737	0.9mph	09:56	00:28:34.684					
		Bike	01:11:44.029	10.4mph	05:46	01:40:18.713					
		T2	00:01:59.761	0.4mph	40:36	01:42:18.474					
		Run	00:43:49.320	4.3mph	14:06	02:26:07.794					

# Lake Nighthorse Sprint Triathlon

## Female 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	137	MARIANNE BARDSLEY	01:33:24.80		IND-1		5:50/M	10.3mph	15	45	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:20:08.321	1.4mph	43:12	00:20:08.321					
		T1	00:02:52.230	1.3mph	46:11	00:23:00.551					
		Bike	00:42:19.122	17.6mph	03:24	01:05:19.673					
		T2	00:01:02.514	0.7mph	23:50	01:06:22.187					
		Run	00:27:02.618	6.9mph	08:42	01:33:24.805					
2	174	LISA HAWS	02:00:37.06		IND-2		7:32/M	8.0mph	42	49	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:25:26.084	1.1mph	54:34	00:25:26.084					
		T1	00:03:57.917	0.9mph	03:48	00:29:24.001					
		Bike	00:53:55.770	13.8mph	04:20	01:23:19.771					
		T2	00:01:34.728	0.5mph	07:02	01:24:54.499					
		Run	00:35:42.567	5.2mph	11:29	02:00:37.066					
3	188	VALONIA HARDY	02:07:37.16		IND-2		7:59/M	7.5mph	50	49	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:31:48.458	0.9mph	08:15	00:31:48.458					
		T1	00:06:03.339	0.6mph	37:27	00:37:51.797					
		Bike	00:55:54.276	13.3mph	04:29	01:33:46.073					
		T2	00:01:17.122	0.6mph	43:25	01:35:03.195					
		Run	00:32:33.967	5.7mph	10:28	02:07:37.162					
4	170	JENNIFER TOMLINSON	02:07:47.17		IND-2		7:59/M	7.5mph	51	47	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:23:36.448	1.2mph	50:39	00:23:36.448					
		T1	00:02:03.275	1.8mph	33:03	00:25:39.723					
		Bike	01:01:28.030	12.1mph	04:56	01:27:07.753					
		T2	00:01:20.351	0.6mph	47:45	01:28:28.104					
		Run	00:39:19.067	4.7mph	12:39	02:07:47.171					

## Male 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	159	PAUL CENTURA	01:34:42.02		IND-1		5:55/M	10.1mph	17	53	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:17:04.662	1.6mph	36:38	00:17:04.662					
		T1	00:05:03.489	0.7mph	21:24	00:22:08.151					
		Bike	00:45:24.882	16.4mph	03:39	01:07:33.033					
		T2	00:00:42.281	1.1mph	56:42	01:08:15.314					
		Run	00:26:26.706	7.0mph	08:30	01:34:42.020					
2	142	TODD ERLANDSON	02:02:31.10		IND-1		7:39/M	7.8mph	44	50	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:20:35.259	1.4mph	44:10	00:20:35.259					
		T1	00:04:03.545	0.9mph	05:19	00:24:38.804					
		Bike	00:55:42.055	13.4mph	04:28	01:20:20.859					
		T2	00:01:48.883	0.4mph	26:01	01:22:09.742					
		Run	00:40:21.359	4.6mph	12:59	02:02:31.101					

## Female 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	171	RACHEL SORRELL	02:03:34.80		IND-2		7:43/M	7.8mph	45	51	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:24:20.033	1.1mph	52:12	00:24:20.033					
		T1	00:04:47.582	0.8mph	17:08	00:29:07.615					
		Bike	00:56:29.985	13.2mph	04:32	01:25:37.600					
		T2	00:02:23.249	0.3mph	12:06	01:28:00.849					
		Run	00:35:33.952	5.2mph	11:26	02:03:34.801					

## Male 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	136	STEPHEN HIATT	01:21:23.10		IND-1		5:05/M	11.8mph	5	56	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:15:25.971	1.8mph	33:06	00:15:25.971					
		T1	00:02:56.684	1.3mph	47:23	00:18:22.655					
		Bike	00:38:43.128	19.3mph	03:06	00:57:05.783					
		T2	00:00:59.962	0.7mph	20:24	00:58:05.745					
		Run	00:23:17.364	8.0mph	07:29	01:21:23.109					

# Lake Nighthorse Sprint Triathlon

## Male 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
2	149	MICHAEL ELLIS	01:29:24.40		IND-1		5:35/M	10.7mph	12	57	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:17:22.282	1.6mph	37:16	00:17:22.282					
		T1	00:03:31.632	1.1mph	56:45	00:20:53.914					
		Bike	00:44:30.829	16.8mph	03:34	01:05:24.743					
		T2	00:01:03.668	0.7mph	25:23	01:06:28.411					
		Run	00:22:55.997	8.1mph	07:22	01:29:24.408					
3	158	STEVE WARD	01:36:52.99		IND-1		6:03/M	9.9mph	23	55	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:18:10.416	1.5mph	38:59	00:18:10.416					
		T1	00:04:05.091	0.9mph	05:44	00:22:15.507					
		Bike	00:45:18.656	16.5mph	03:38	01:07:34.163					
		T2	00:01:17.137	0.6mph	43:26	01:08:51.300					
		Run	00:28:01.696	6.7mph	09:01	01:36:52.996					
4	140	LOWELL GOULD	01:38:32.73		IND-1		6:09/M	9.7mph	25	57	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:21:51.116	1.3mph	46:53	00:21:51.116					
		T1	00:01:47.833	2.1mph	28:55	00:23:38.949					
		Bike	00:43:26.384	17.2mph	03:29	01:07:05.333					
		T2	00:00:29.570	1.5mph	39:39	01:07:34.903					
		Run	00:30:57.832	6.0mph	09:57	01:38:32.735					

## Female 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	164	PAULA MILLER	01:45:22.98		IND-2		6:35/M	9.1mph	33	56	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:22:21.854	1.3mph	47:59	00:22:21.854					
		T1	00:04:15.693	0.9mph	08:34	00:26:37.547					
		Bike	00:45:59.128	16.2mph	03:42	01:12:36.675					
		T2	00:02:00.153	0.4mph	41:08	01:14:36.828					
		Run	00:30:46.158	6.1mph	09:54	01:45:22.986					
2	168	AMY MILOFSKY	02:03:39.70		IND-2		7:44/M	7.8mph	46	57	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:29:32.190	0.9mph	03:22	00:29:32.190					
		T1	00:07:57.828	0.5mph	08:09	00:37:30.018					
		Bike	00:49:39.218	15.0mph	03:59	01:27:09.236					
		T2	00:02:25.991	0.3mph	15:47	01:29:35.227					
		Run	00:34:04.473	5.5mph	10:58	02:03:39.700					
3	150	ELAYNE FLETCHER	02:06:37.28		IND-1		7:55/M	7.6mph	47	57	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:20:33.009	1.4mph	44:05	00:20:33.009					
		T1	00:04:20.830	0.9mph	09:57	00:24:53.839					
		Bike	00:58:28.549	12.8mph	04:42	01:23:22.388					
		T2	00:00:53.975	0.8mph	12:23	01:24:16.363					
		Run	00:42:20.926	4.4mph	13:37	02:06:37.289					
4	160	KRISTINA LEFEVER	02:14:47.73		IND-2		8:25/M	7.1mph	53	55	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:27:32.975	1.0mph	59:06	00:27:32.975					
		T1	00:04:53.610	0.8mph	18:45	00:32:26.585					
		Bike	00:57:56.908	12.9mph	04:39	01:30:23.493					
		T2	00:01:30.623	0.5mph	01:32	01:31:54.116					
		Run	00:42:53.622	4.3mph	13:48	02:14:47.738					

## Male 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	143	ROBERT DRAPER	02:22:30.27		IND-1		8:54/M	6.7mph	54	62	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:33:25.186	0.8mph	11:42	00:33:25.186					
		T1	00:05:29.727	0.7mph	28:26	00:38:54.913					
		Bike	00:56:21.859	13.2mph	04:32	01:35:16.772					
		T2	00:01:45.390	0.4mph	21:20	01:37:02.162					
		Run	00:45:28.115	4.1mph	14:38	02:22:30.277					

# Lake Nighthorse Sprint Triathlon

## Female 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	151	THERESA SNYDER	01:44:14.60		IND-1		6:31/M	9.2mph	31	61	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:19:51.245	1.4mph	42:36	00:19:51.245					
		T1	00:03:01.116	1.2mph	48:34	00:22:52.361					
		Bike	00:47:32.982	15.7mph	03:49	01:10:25.343					
		T2	00:01:48.238	0.4mph	25:09	01:12:13.581					
		Run	00:32:01.020	5.8mph	10:18	01:44:14.601					

## Male 65+

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	185	WILLIAM ZIMSKY	01:57:06.06		IND-2		7:19/M	8.2mph	40	67	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:19:25.293	1.4mph	41:40	00:19:25.293					
		T1	00:07:30.024	0.5mph	00:42	00:26:55.317					
		Bike	00:49:29.311	15.1mph	03:58	01:16:24.628					
		T2	00:02:54.418	0.3mph	53:54	01:19:19.046					
		Run	00:37:47.015	4.9mph	12:09	01:57:06.061					
2	179	TERRY MORRIS	02:06:39.07		IND-2		7:55/M	7.6mph	48	71	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:28:28.176	1.0mph	01:05	00:28:28.176					
		T1	00:05:43.226	0.7mph	32:03	00:34:11.402					
		Bike	00:53:58.291	13.8mph	04:20	01:28:09.693					
		T2	00:01:11.554	0.6mph	35:57	01:29:21.247					
		Run	00:37:17.826	5.0mph	12:00	02:06:39.073					

## TEAM

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	155	3 R'S TEAM	01:31:58.56		TEAM-COED		5:45/M	10.4mph	13	0	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:15:17.663	1.8mph	32:49	00:15:17.663					
		T1	00:01:22.599	2.7mph	22:09	00:16:40.262					
		Bike	00:54:02.361	13.8mph	04:20	01:10:42.623					
		T2	00:00:22.126	2.0mph	29:40	01:11:04.749					
		Run	00:20:53.814	8.9mph	06:43	01:31:58.563					
2	156	DURANGO VINEYARD CHURCH 1 TEAM	01:35:07.79		TEAM-COED		5:57/M	10.1mph	18	0	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:17:52.061	1.6mph	38:20	00:17:52.061					
		T1	00:01:32.993	2.4mph	24:56	00:19:25.054					
		Bike	00:49:16.789	15.1mph	03:57	01:08:41.843					
		T2	00:00:20.037	2.2mph	26:52	01:09:01.880					
		Run	00:26:05.910	7.1mph	08:24	01:35:07.790					
3	157	TRI-DRAGOLONGS TEAM	01:41:23.99		TEAM- FEMALE		6:20/M	9.5mph	28	0	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:19:29.652	1.4mph	41:49	00:19:29.652					
		T1	00:01:50.615	2.0mph	29:40	00:21:20.267					
		Bike	00:49:32.429	15.1mph	03:59	01:10:52.696					
		T2	00:00:45.516	1.0mph	01:02	01:11:38.212					
		Run	00:29:45.782	6.3mph	09:34	01:41:23.994					
4	184	VICTORY TEAM	01:45:24.89		TEAM-MALE		6:35/M	9.1mph	34	0	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>					
		Swim	00:28:53.657	1.0mph	02:00	00:28:53.657					
		T1	00:02:50.048	1.3mph	45:36	00:31:43.705					
		Bike	00:49:29.797	15.1mph	03:58	01:21:13.502					
		T2	00:00:10.862	4.1mph	14:34	01:21:24.364					
		Run	00:24:00.526	7.8mph	07:43	01:45:24.890					