

Lake Nighthorse Sprint Triathlon

Overall Male

Place	Bib #	Name	Time	Type	City	
1	2	CANNON HILTON	Laps: 6 (01:09:47.23)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:12:07.946	2.3mph	26:02	00:12:07.946
		Swim 2	00:00:56.216	4.0mph	15:04	00:13:04.162
		T1	00:00:56.293	4.0mph	15:05	00:14:00.455
		Bike	00:34:14.162	21.9mph	02:44	00:48:14.617
		T2	00:00:50.668	4.4mph	13:35	00:49:05.285
		Finish	00:20:41.949	9.0mph	06:39	01:09:47.234
2	4	BRIAN MILLER	Laps: 6 (01:11:40.88)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:12:55.569	2.2mph	27:44	00:12:55.569
		Swim 2	00:01:01.081	3.7mph	16:23	00:13:56.650
		T1	00:01:00.763	3.7mph	16:17	00:14:57.413
		Bike	00:35:20.535	21.2mph	02:49	00:50:17.948
		T2	00:00:41.338	5.4mph	11:05	00:50:59.286
		Finish	00:20:41.603	9.0mph	06:39	01:11:40.889
3	19	SCOTT HANLEY	Laps: 6 (01:17:06.39)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:14:49.588	1.9mph	31:48	00:14:49.588
		Swim 2	00:01:00.852	3.7mph	16:19	00:15:50.440
		T1	00:01:46.814	2.1mph	28:39	00:17:37.254
		Bike	00:36:23.152	20.6mph	02:54	00:54:00.406
		T2	00:01:36.498	2.3mph	25:52	00:55:36.904
		Finish	00:21:29.494	8.7mph	06:55	01:17:06.398

Overall Female

Place	Bib #	Name	Time	Type	City	
1	8	MOLLY HUMMEL	Laps: 6 (01:14:33.18)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:13:12.889	2.1mph	28:21	00:13:12.889
		Swim 2	00:01:39.489	2.2mph	26:41	00:14:52.378
		T1	00:00:41.891	5.3mph	11:14	00:15:34.269
		Bike	00:35:48.536	20.9mph	02:51	00:51:22.805
		T2	00:00:55.741	4.0mph	14:57	00:52:18.546
		Finish	00:22:14.635	8.4mph	07:09	01:14:33.181
2	29	SHANNON MALONEY	Laps: 6 (01:23:18.67)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:16:29.314	1.7mph	35:22	00:16:29.314
		Swim 2	00:00:47.778	4.7mph	12:48	00:17:17.092
		T1	00:00:54.525	4.1mph	14:37	00:18:11.617
		Bike	00:43:09.791	17.4mph	03:27	01:01:21.408
		T2	00:00:43.525	5.1mph	11:40	01:02:04.933
		Finish	00:21:13.740	8.8mph	06:49	01:23:18.673
3	12	MELISSA PONWITH	Laps: 6 (01:26:50.26)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:15:28.860	1.8mph	33:13	00:15:28.860
		Swim 2	00:01:14.686	3.0mph	20:01	00:16:43.546
		T1	00:01:19.943	2.8mph	21:26	00:18:03.489
		Bike	00:42:41.540	17.6mph	03:24	01:00:45.029
		T2	00:00:53.529	4.2mph	14:21	01:01:38.558
		Finish	00:25:11.709	7.4mph	08:06	01:26:50.267

Male 15-19

Place	Bib #	Name	Time	Type	City	
1	2	CANNON HILTON	Laps: 6 (01:09:47.23)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:12:07.946	2.3mph	26:02	00:12:07.946
		Swim 2	00:00:56.216	4.0mph	15:04	00:13:04.162
		T1	00:00:56.293	4.0mph	15:05	00:14:00.455
		Bike	00:34:14.162	21.9mph	02:44	00:48:14.617
		T2	00:00:50.668	4.4mph	13:35	00:49:05.285
		Finish	00:20:41.949	9.0mph	06:39	01:09:47.234

Male 20-24

Place	Bib #	Name	Time	Type	City	
1	21	BRAEDON SITMANN	Laps: 6 (01:17:38.37)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:16:38.667	1.7mph	35:42	00:16:38.667
		Swim 2	00:00:52.485	4.3mph	14:04	00:17:31.152
		T1	00:01:14.575	3.0mph	20:00	00:18:45.727
		Bike	00:38:13.290	19.6mph	03:03	00:56:59.017
		T2	00:00:36.032	6.2mph	09:39	00:57:35.049
		Finish	00:20:03.326	9.3mph	06:27	01:17:38.375

Female 20-24

Place	Bib #	Name	Time	Type	City	
1	44	BRETT ROWLAND	Laps: 6 (01:38:07.69)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:19:55.345	1.4mph	42:44	00:19:55.345
		Swim 2	00:03:06.841	1.2mph	50:06	00:23:02.186
		T1	00:02:38.931	1.4mph	42:37	00:25:41.117
		Bike	00:46:17.292	16.2mph	03:42	01:11:58.409
		T2	00:00:55.745	4.0mph	14:57	01:12:54.154
		Finish	00:25:13.538	7.4mph	08:07	01:38:07.692

Female 25-29

Place	Bib #	Name	Time	Type	City	
1	29	SHANNON MALONEY	Laps: 6 (01:23:18.67)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:16:29.314	1.7mph	35:22	00:16:29.314
		Swim 2	00:00:47.778	4.7mph	12:48	00:17:17.092
		T1	00:00:54.525	4.1mph	14:37	00:18:11.617
		Bike	00:43:09.791	17.4mph	03:27	01:01:21.408
		T2	00:00:43.525	5.1mph	11:40	01:02:04.933
		Finish	00:21:13.740	8.8mph	06:49	01:23:18.673

Male 30-34

Place	Bib #	Name	Time	Type	City	
1	19	SCOTT HANLEY	Laps: 6 (01:17:06.39)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:14:49.588	1.9mph	31:48	00:14:49.588
		Swim 2	00:01:00.852	3.7mph	16:19	00:15:50.440
		T1	00:01:46.814	2.1mph	28:39	00:17:37.254
		Bike	00:36:23.152	20.6mph	02:54	00:54:00.406
		T2	00:01:36.498	2.3mph	25:52	00:55:36.904
		Finish	00:21:29.494	8.7mph	06:55	01:17:06.398

Female 30-34

Place	Bib #	Name	Time	Type	City	
1	61	KAITLYN OSULLIVAN	Laps: 6 (01:38:12.93)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:16:37.246	1.7mph	35:39	00:16:37.246
		Swim 2	00:05:09.090	0.7mph	22:54	00:21:46.336
		T1	00:02:33.203	1.5mph	41:05	00:24:19.539
		Bike	00:48:20.070	15.5mph	03:52	01:12:39.609
		T2	00:00:48.524	4.6mph	13:00	01:13:28.133
		Finish	00:24:44.806	7.5mph	07:57	01:38:12.939

Lake Nighthorse Sprint Triathlon

Male 35-39

Place	Bib #	Name	Time	Type	City	
1	4	BRIAN MILLER	Laps: 6 (01:11:40.88)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:12:55.569	2.2mph	27:44	00:12:55.569
		Swim 2	00:01:01.081	3.7mph	16:23	00:13:56.650
		T1	00:01:00.763	3.7mph	16:17	00:14:57.413
		Bike	00:35:20.535	21.2mph	02:49	00:50:17.948
		T2	00:00:41.338	5.4mph	11:05	00:50:59.286
		Finish	00:20:41.603	9.0mph	06:39	01:11:40.889

Female 45-49

Place	Bib #	Name	Time	Type	City	
1	71	JESSICA COPP	Laps: 6 (01:43:05.36)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:21:36.589	1.3mph	46:22	00:21:36.589
		Swim 2	00:05:38.171	0.7mph	30:42	00:27:14.760
		T1	00:03:01.187	1.2mph	48:35	00:30:15.947
		Bike	00:45:29.747	16.5mph	03:38	01:15:45.694
		T2	00:00:50.086	4.5mph	13:26	01:16:35.780
		Finish	00:26:29.582	7.0mph	08:31	01:43:05.362

Female 35-39

Place	Bib #	Name	Time	Type	City	
1	8	MOLLY HUMMEL	Laps: 6 (01:14:33.18)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:13:12.889	2.1mph	28:21	00:13:12.889
		Swim 2	00:01:39.489	2.2mph	26:41	00:14:52.378
		T1	00:00:41.891	5.3mph	11:14	00:15:34.269
		Bike	00:35:48.536	20.9mph	02:51	00:51:22.805
		T2	00:00:55.741	4.0mph	14:57	00:52:18.546
		Finish	00:22:14.635	8.4mph	07:09	01:14:33.181

Male 50-54

Place	Bib #	Name	Time	Type	City	
1	3	MARK WALLS	Laps: 6 (01:20:17.59)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:12:16.589	2.3mph	26:20	00:12:16.589
		Swim 2	00:01:20.363	2.8mph	21:33	00:13:36.952
		T1	00:00:54.674	4.1mph	14:39	00:14:31.626
		Bike	00:36:58.602	20.3mph	02:57	00:51:30.228
		T2	00:01:02.222	3.6mph	16:41	00:52:32.450
		Finish	00:27:45.142	6.7mph	08:55	01:20:17.592

Male 40-44

Place	Bib #	Name	Time	Type	City	
1	13	BRETT ELLER	Laps: 6 (01:26:17.85)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:20:10.289	1.4mph	43:17	00:20:10.289
		Swim 2	00:01:22.164	2.7mph	22:02	00:21:32.453
		T1	00:00:27.737	8.1mph	07:26	00:22:00.190
		Bike	00:38:57.875	19.2mph	03:07	01:00:58.065
		T2	00:00:35.727	6.3mph	09:34	01:01:33.792
		Finish	00:24:44.063	7.5mph	07:57	01:26:17.855

Female 50-54

Place	Bib #	Name	Time	Type	City	
1	43	LISA HAWS	Laps: 6 (01:53:24.21)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:20:32.350	1.4mph	44:04	00:20:32.350
		Swim 2	00:03:37.364	1.0mph	58:18	00:24:09.714
		T1	00:02:18.166	1.6mph	37:03	00:26:27.880
		Bike	00:53:06.547	14.1mph	04:14	01:19:34.427
		T2	00:01:26.281	2.6mph	23:08	01:21:00.708
		Finish	00:32:23.511	5.8mph	10:25	01:53:24.219

Female 40-44

Place	Bib #	Name	Time	Type	City	
1	12	MELISSA PONWITH	Laps: 6 (01:26:50.26)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:15:28.860	1.8mph	33:13	00:15:28.860
		Swim 2	00:01:14.686	3.0mph	20:01	00:16:43.546
		T1	00:01:19.943	2.8mph	21:26	00:18:03.489
		Bike	00:42:41.540	17.6mph	03:24	01:00:45.029
		T2	00:00:53.529	4.2mph	14:21	01:01:38.558
		Finish	00:25:11.709	7.4mph	08:06	01:26:50.267

Male 55-59

Place	Bib #	Name	Time	Type	City	
1	39	MICHAEL ELLIS	Laps: 6 (01:28:32.77)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:14:07.897	2.0mph	30:19	00:14:07.897
		Swim 2	00:03:17.126	1.1mph	52:52	00:17:25.023
		T1	00:02:08.730	1.7mph	34:31	00:19:33.753
		Bike	00:44:09.316	17.0mph	03:31	01:03:43.069
		T2	00:01:25.746	2.6mph	22:59	01:05:08.815
		Finish	00:23:23.963	8.0mph	07:31	01:28:32.778

Male 45-49

Place	Bib #	Name	Time	Type	City	
1	66	LUCAS DUNKLEE	Laps: 6 (01:31:57.84)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:16:52.781	1.7mph	36:13	00:16:52.781
		Swim 2	00:07:48.897	0.5mph	05:46	00:24:41.678
		T1	00:39:10.137	0.1mph	30:21	01:03:51.815
		Bike	00:00:00.000	0.0mph	00:00	01:03:51.815
		T2	00:00:00.000	0.0mph	00:00	01:03:51.815
		Finish	00:28:06.030	6.6mph	09:02	01:31:57.845

Female 55-59

Place	Bib #	Name	Time	Type	City	
1	82	PAMELA CHEEK	Laps: 6 (01:58:44.46)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:21:35.875	1.3mph	46:20	00:21:35.875
		Swim 2	00:03:46.980	1.0mph	00:52	00:25:22.855
		T1	00:04:19.607	0.9mph	09:37	00:29:42.462
		Bike	00:52:14.111	14.4mph	04:10	01:21:56.573
		T2	00:02:38.203	1.4mph	42:26	01:24:34.776
		Finish	00:34:09.690	5.5mph	10:59	01:58:44.466

Lake Nighthorse Sprint Triathlon

Male 60-64

Place	Bib #	Name	Time	Type	City	
1	1	KARL EDGERTON	Laps: 6 (01:24:02.69)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:11:10.727	2.5mph	23:59	00:11:10.727
		Swim 2	00:01:17.787	2.9mph	20:51	00:12:28.514
		T1	00:01:37.569	2.3mph	26:10	00:14:06.083
		Bike	00:43:13.432	17.4mph	03:27	00:57:19.515
		T2	00:01:23.130	2.7mph	22:17	00:58:42.645
		Finish	00:25:20.050	7.4mph	08:09	01:24:02.695

Female 60-64

Place	Bib #	Name	Time	Type	City	
1	37	CYNTHIA MARIE	Laps: 6 (02:08:49.29)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:25:35.871	1.1mph	54:55	00:25:35.871
		Swim 2	00:03:49.048	1.0mph	01:26	00:29:24.919
		T1	00:04:15.864	0.9mph	08:37	00:33:40.783
		Bike	00:54:49.433	13.7mph	04:23	01:28:30.216
		T2	00:03:02.550	1.2mph	48:57	01:31:32.766
		Finish	00:37:16.527	5.0mph	11:59	02:08:49.293

Male 65 - 69

Place	Bib #	Name	Time	Type	City	
1	80	GARY MCMURTREY	Laps: 6 (02:38:55.27)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:25:21.666	1.1mph	54:25	00:25:21.666
		Swim 2	00:07:40.121	0.5mph	03:24	00:33:01.787
		T1	00:06:23.644	0.6mph	42:54	00:39:25.431
		Bike	01:11:40.173	10.5mph	05:44	01:51:05.604
		T2	00:02:20.165	1.6mph	37:35	01:53:25.769
		Finish	00:45:29.510	4.1mph	14:38	02:38:55.279

Female 65 - 69

Place	Bib #	Name	Time	Type	City	
1	48	MERRY DUNCAN	Laps: 6 (02:25:14.23)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:26:01.165	1.1mph	55:49	00:26:01.165
		Swim 2	00:04:08.412	0.9mph	06:37	00:30:09.577
		T1	00:02:06.069	1.8mph	33:48	00:32:15.646
		Bike	01:04:39.846	11.6mph	05:10	01:36:55.492
		T2	00:01:12.816	3.1mph	19:31	01:38:08.308
		Finish	00:47:05.927	4.0mph	15:09	02:25:14.235

Female 70+

Place	Bib #	Name	Time	Type	City	
1	56	CARLA FULLER	Laps: 6 (02:40:27.49)	IND		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:24:25.156	1.1mph	52:23	00:24:25.156
		Swim 2	00:04:48.685	0.8mph	17:25	00:29:13.841
		T1	00:06:21.709	0.6mph	42:22	00:35:35.550
		Bike	01:11:44.305	10.5mph	05:44	01:47:19.855
		T2	00:01:34.193	2.4mph	25:15	01:48:54.048
		Finish	00:51:33.442	3.6mph	16:35	02:40:27.490

MALE RELAY

Place	Bib #	Name	Time	Type	City	
1	6	NICK - ANDY - BEN TEAM	Laps: 6 (01:12:03.36)	RELAY -MALE		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:14:10.725	2.0mph	30:25	00:14:10.725
		Swim 2	00:01:00.640	3.7mph	16:15	00:15:11.365
		T1	00:00:27.483	8.1mph	07:22	00:15:38.848
		Bike	00:32:53.085	22.8mph	02:37	00:48:31.933
		T2	00:00:17.647	12.7mph	04:43	00:48:49.580
		Finish	00:23:13.786	8.0mph	07:28	01:12:03.366

FEMALE RELAY

Place	Bib #	Name	Time	Type	City	
1	59	JO ELLEN - TANYA TEAM	Laps: 6 (02:11:33.73)	RELAY - FEMAL E		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:18:25.962	1.5mph	39:33	00:18:25.962
		Swim 2	00:06:06.849	0.6mph	38:23	00:24:32.811
		T1	00:04:38.492	0.8mph	14:41	00:29:11.303
		Bike	01:09:22.189	10.8mph	05:32	01:38:33.492
		T2	00:00:29.096	7.7mph	07:48	01:39:02.588
		Finish	00:32:31.145	5.7mph	10:28	02:11:33.733

COED RELAY

Place	Bib #	Name	Time	Type	City	
1	5	SUZANNE - STEVEN - CORY TEAM	Laps: 6 (01:23:32.49)	RELAY -COED		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Swim	00:13:36.738	2.1mph	29:12	00:13:36.738
		Swim 2	00:01:35.641	2.3mph	25:39	00:15:12.379
		T1	00:00:37.937	5.9mph	10:10	00:15:50.316
		Bike	00:45:01.981	16.7mph	03:36	01:00:52.297
		T2	00:00:17.223	13.0mph	04:37	01:01:09.520
		Finish	00:22:22.973	8.3mph	07:12	01:23:32.493