

Updated with results of through April 2023 race.
 Those highlighted in yellow are recent (last 12 months) records.

1M						
Age	Male	Time	Date	Female	Time	Date
4- 6	John Holliman III	6:55	06/00	Anna Szabo	9:14	06/22 BW
7- 9	Rhett Austin	6:04	06/18 BW	Alli Grace Ott	6:36	06/14 BW
10-12	Rhett Austin	5:24	06/21 BW	Kenedy Card	5:48	06/22 BW
13-15	Pete Johnson	4:44	06/17 BW	Michelle Hurn	5:19	06/99
16-19	Juan Sanchez	4:26	06/10 BW	Allison Noe	5:10	06/96
20-24	David Angell	4:27	07/92	Michelle Hurn	5:23	06/04
25-29	Clint Bell	4:23	06/07 HP	Gabriela Deleon	5:06	06/21 BW
30-34	Clint Bell	4:26	06/09 HP	Dawn Grunnagle	5:03	06/10 BW
35-39	Scott Steffen	4:25	06/97	Dawn Grunnagle	5:02	06/14 BW
40-44	David de Sosa	4:39	06/96	Dawn Grunnagle	5:20	06/19 BW
45-49	William Moore	4:43	06/09 HP	Angela Eusery	5:53	06/13 BW
50-54	William Moore	4:50	06/12 BW	Mary King	5:44	06/21 BW
55-59	Dave Matlack	5:02	06/22 BW	Sheila Natho	6:29	06/21 BW
60-64	Jim Dietz	5:10	06/22 BW	Andrea Hudson Baldwin	7:01	06/22 BW
65-69	Bill Shaw	5:48	06/08 HP	Linda Kelly	7:20	06/17 BW
70-74	Bill Shaw	6:11	06/13 BW	Joanne Barnes	9:02	06/09 HP
75-79	Bill Shaw	6:46	06/18 BW	Jan Richards	9:24	06/03 BW
80-84	James Thruston	10:02	06/18 BW	Jan Richards	11:40	06/08 BW
85-89	James Thruston	12:51	06/22 BW			
Clydes	Max Hawsey	4:57	06/16 BW	Erica Sanders	8:24	06/14 BW
Walk	Norm Frable	7:48	06/99			

3K

Age	Male	Time	Date	Female	Time	Date
4- 6	John Holliman III	12:54	04/00 BW	Jenna Topott	16:39	08/13 BW
7- 9	Kiley Austin-Young	11:45	08/96 BW	Ashli Burgos	12:11	08/13 BW
10-12	Kiley Austin-Young	10:44	08/99 BW	Kenedy Card	11:46	12/22 BW
13-15	Nathan Brookner	10:08	04/23 BW	Maddie Hatfield	11:07	08/15 BW
16-19	Pete Johnson	9:25	12/17 BW	Caitlin Standifer	11:25	12/08 HP
20-24	Chris Strait	8:45	08/98 BW	Emily Field	10:35	12/05 BW
25-29	Clint Bell	9:05	04/06 HP	Sonya Correa	10:48	08/10 BW
30-34	Clint Bell	9:05	08/09 HP	Tracie Akerhielm	10:51	08/17 BW
35-39	David Matlack	9:11	08/03 BW	Jessica Smith	10:54	08/14 BW
40-44	Jeff Roth	9:20	08/97 BW	Sheila Natho	11:15	08/08 HP
45-49	Scott Graham	9:42	08/00 BW	Linda Musil	11:41	08/97 BW
50-54	Scott Graham	10:00	08/02 BW	Linda Musil	11:59	09/01 BW
55-59	Jim Dietz	10:21	04/18 BW	Linda Kelly	12:57	08/07 HP
60-64	Jim Dietz	10:21	04/23 BW	Linda Kelly	13:27	08/12 BW
65-69	Bill Shaw	11:34	04/08 HP	Linda Kelly	13:51	08/17 BW
70-74	Bill Shaw	12:15	04/13 BW	Linda Kelly	14:49	08/22 BW
75-79	Bill Shaw	13:21	04/18 BW	Jan Richards	18:24	08/02 BW
80-84	Bill Shaw	14:49	04/23 BW	Bettye Haynes	26:12	08/17 BW
85-89	James Thruston	24:53	08/22 BW			
Clydes	Max Hawsey	10:17	04/15 BW	LaVette Murphy	15:40	08/17 BW

5K

Age	Male	Time	Date	Female	Time	Date
4- 6	John Holliman III	22:25	03/00 BW	Avalon Sitz	28:12	02/16 BW
7- 9	Elijah Alexander-Macias	20:18	11/10 BW	Payton Brown	20:40	01/08 HP
10-12	Elijah Alexander-Macias	17:38	06/13 BW	Ashli Burgos	18:50	03/14 BW
13-15	Craig Staley	16:04	10/83 SP	Carrie Boyd	18:39	10/82 SP
16-19	Calvin McGill	15:42	07/85 SP	Juanita Wilson	16:53	02/82 SP
20-24	Colby Mehmen	14:41	10/16 BW	Glenys Quick	16:39	02/82 SP
25-29	Stann Vernon	14:54	01/83 SP	Mary Knisely	16:05	01/87 BW
30-34	Jeff Roth	15:19	02/91 BW	Francie Larrieu-Smith	17:18	04/83 SP
35-39	Robert Wallace	15:03	05/87 BW	Sonya Correa	17:44	10/20 BW
40-44	William Moore	16:14	07/04 BW	Dawn Grunnagle	18:39	06/19 BW
45-49	Bob Abbott	16:13	02/88 BW	Barbara Luciano	19:56	07/97 BWL
50-54	William Moore	17:02	03/12 BW	Sheila Natho	20:19	01/17 BW
55-59	William Moore	16:57	05/17 BW	Linda Kelly	21:38	10/07 HP
60-64	Jim Dietz	17:48	03/22 BW	Linda Kelly	22:37	05/12 BW
65-69	Bill Shaw	19:28	10/08 HP	Linda Kelly	23:32	11/17 BW
70-74	Bill Shaw	20:46	05/13 BW	Linda Kelly	24:40	05/22 BW
75-79	Bill Shaw	22:32	05/18 BW	Ltralle Thompson	29:16	01/16 BW
80-84	Bill Shaw	25:25	02/23 BW	Jan Richards	39:10	01/08 HP
85-89	James Thruston	40:44	01/23 BW	Maria Johnston	51:26	02/23 BW
90-95	Charles Key	46:41	05/22 BW			
Clydes	Sean Haney	18:31	11/17 BW	Ann Marie Shambaugh	26:53	05/14 BW
Walk	Norm Frable	25:20	02/96 BW	Kathy Frable	33:18	06/95 BWL
Chair	Ray Mathews	24:20	09/83 SP			

8K

Age	Male	Time	Date	Female	Time	Date
4- 6	John Holliman III	37:18	12/99 BW	Avalon Sitz	41:57	04/18 BW
7- 9	Judah Alexander-Macias	34:46	04/15 BW	Selah Sitz	46:35	04/16 BW
10-12	Elijah Alexander-Macias	28:36	12/13 BW	Ashli Burgos	31:04	04/14 BW
13-15	Elijah Alexander-Macias	27:47	04/15 BW	Londa Bevins	34:34	08/96 BW
16-19	Grant Copeland	26:29	12/13 BW	Emily Field	29:45	12/00 BW
20-24	Colby Mehmen	24:58	04/18 BW	Michelle Pense	32:22	04/05 BW
25-29	Colby Mehmen	25:23	12/20 BW	Becky Angeles	30:20	12/06 HP
30-34	Everett Wilder	25:55	12/21 BW	Gayle Book	30:54	08/93 BW
35-39	Clint Bell	26:27	04/16 BW	Dawn Grunnagle	28:54	12/12 BW
40-44	William Moore	26:58	12/01 BW	Becky Angeles	31:42	12/17 BW
45-49	William Moore	27:47	04/08 HP	Frances McKissick	31:57	04/07 HP
50-54	William Moore	28:13	04/14 BW	Sheila Natho	33:54	12/16 BW
55-59	Larry Worth	29:42	04/94 BW	Linda Kelly	35:35	12/06 HP
60-64	Jim Dietz	29:38	12/22 BW	Linda Kelly	37:48	12/11 BW
65-69	Bill Shaw	33:23	12/08 HP	Linda Kelly	38:12	12/17 BW
70-74	Bill Shaw	34:57	12/13 BW	Linda Kelly	41:04	04/22 BW
75-79	Bill Shaw	38:20	04/19 BW	Andi Miner	53:11	04/21 BW
80-ov	Wally Capps	45:59	12/20 BW	Mary Kaplan	1:01:40	12/21 BW
Clydes	James Royal	31:04	04/08 HP	Ann Marie Shambaugh	46:32	04/13 BW

5M

Age	Male	Time	Date	Female	Time	Date
4- 6						
7- 9	Jaden Elgin	39:00	09/15 BW	Avalon Sitz	40:15	09/18 BW
10-12	Jaden Elgin	32:44	09/17 BW	Kenedy Card	39:34	09/22 BW
13-15	Jacob Cosby	30:11	09/03	Kristen Gibson	32:07	09/03 BW
16-19	Beck Mitchell	28:22	09/03	Tara Gruber	31:30	09/03 BW
20-24	Tyler Johnson	28:35	09/06	Julie Wall	35:00	09/04 BW
25-29	Carson Vickroy	25:56	09/22 BW	Amanda Moore	33:08	09/15 BW
30-34	Matt Pulle	27:07	09/05	Tina-Mari Meyer	32:05	09/21 BW
35-39	Dave Matlack	27:09	09/04	Jennifer Pope	29:58	09/22 BW
40-44	Vesko Rajovic	28:31	09/17 BW	Frances McKissick	34:19	09/05 BW
45-49	Meng Zhao	29:03	09/21 BW	Sandy Lovejoy	34:43	09/02 BW
50-54	Jeff Roth	28:13	09/08 HP	Sheila Natho	34:08	09/17 BW
55-59	Dave Matlack	29:09	09/22 BW	Linda Kelly	36:20	09/07 HP
60-64	Jim Dietz	29:35	09/21 BW	Andrea Hudson Baldwin	37:44	09/21 BW
65-69	Bill Shaw	32:32	09/08 HP	Linda Kelly	38:18	09/17 BW
70-74	Bill Shaw	35:48	09/14 BW	Linda Kelly	41:04	09/21 BW
75-79	Bill Shaw	38:45	09/18 BW	Jan Richards	53:19	09/05 BW
80-84	Wally Capps	47:02	09/21 BW	Jan Richards	1:04:14	09/08 HP
85-89	Charles Key	1:02:27	09/17 BW	Jan Richards	1:29:06	09/15 BW
Clydes	James Royal	31:59	09/15 BW	Erin Glover	45:48	09/21 BW

10K

Age	Male	Time	Date	Female	Time	Date
4- 6	John Holliman III	49:25	10/99 BW			
7- 9	Jaden Elgin	41:59	03/17 BW	Avalon Sitz	53:53	01/19 BW
10-12	Karl Swierenga	38:57	07/82 SP	Rene Elliott	41:11	04/82 SP
13-15	Craig Lutz	34:14	01/07 HP	Kim Angell	41:09	01/86 BW
16-19	James Jackson	32:32	12/83 SP	Cindy Tolle	38:32	10/82 SP
20-24	Jaime Nejera	31:37	07/84 SP	Susan Beischel	39:19	02/83 SP
25-29	Jeff Roth	30:29	12/84 SP	Emily Field	34:06	01/07 HP
30-34	Mark Bishop	31:01	08/87 BW	Lauren Maule	37:19	03/94 BW
35-39	Robert Wallace	31:14	01/87 BW	Melisa Christian	37:13	01/16 BW
40-44	Ben Moturi	33:33	03/95 BW	Becky Angeles	40:16	01/18 BW
45-49	Bob Abbott	33:49	08/87 SP	Linda Musil	42:06	10/97 BW
50-54	Larry Worth	36:40	01/90 BW	Sheila Natho	42:48	10/16 BW
55-59	Dave Matlack	37:15	10/22 BW	Marylyn Patrick	44:44	03/01 BW
60-64	Jim Dietz	37:03	01/23 BW	Andrea Hudson Baldwin	46:47	10/21 BW
65-69	Bill Shaw	41:26	01/09 HP	Linda Kelly	48:07	10/20 BW
70-74	Bill Shaw	43:16	01/13 BW	Linda Kelly	50:43	01/22 BW
75-79	Bill Shaw	49:12	01/19 BW	Andi Miner	1:02:09	10/21 BW
80-84	Hal Brown	56:40	01/19 BW			
85-89	Charles Key	1:15:46	03/17 BW			
Clydes	Sean Haney	38:18	10/17 BW	Holly Marin	51:36	03/16 BW
Walk	Norm Frable	56:53	01/99 BW			
Chair	Jim Dax	32:48	10/85			

15K

Age	Male	Time	Date	Female	Time	Date
4- 6	John Holliman III	1:15:31	11/99 BW			
7- 9	Greg Hanson	1:20:27	02/02	Angie Hanson	1:31:10	11/00 BW
10-12	Jeff Arnier	1:04:09	11/03	Hannah Meyer	1:48:43	11/11 BW
13-15	Colby Mehmen	56:33	11/09 BW	Melanie Wilcox	1:12:41	11/05
16-19	Colby Mehmen	49:51	11/13 BW	Kimberly Endo	1:03:39	02/14 BW
20-24	Colby Mehmen	46:16	11/16 BW	Michelle Pense	59:47	02/06 BW
25-29	Andrew Cook	48:27	11/08 HP	Louise Kobin	1:02:48	02/96 BW
30-34	Clint Bell	51:08	11/13 BW	Raquel Jimenez	59:41	11/18 BW
35-39	Clint Bell	52:05	02/16 BW	Dawn Grunnagle	57:05	02/13 BW
40-44	Mark Roman	54:33	11/95 BW	Becky Angeles	1:03:02	02/17 BW
45-49	Joe Landry	55:56	02/13 BW	Barbara Luciano	1:03:13	11/95 BW
50-54	Rob Higley	56:51	02/05 BW	Sunita Singh	1:06:22	02/23 BW
55-59	Bob Smeby	58:44	02/13 BW	Linda Kelly	1:09:16	11/06 HP
60-64	Jim Dietz	57:40	11/21 BW	Andrea Hudson Baldwin	1:12:06	11/21 BW
65-69	Bill Shaw	1:03:50	02/08 HP	Linda Kelly	1:15:22	11/18 BW
70-74	Wally Capps	1:12:35	11/10 BW	Linda Kelly	1:19:47	11/21 BW
75-79	Bill Blackburn	1:21:25	11/14 BW	Joanne Barnes	1:58:56	11/11 BW
80-84	Wally Capps	1:30:57	11/20 BW			
Clydes	Ted Roberts	59:38	02/02	Addie Kelly	1:24:34	11/16 BW