

2022 BLS MARATHON BUILD UP SCHEDULE

DAY	DATE	LOCATION	DISTANCE	TIME	ROUTE MAPS
SAT	6/25/2022	LAKE PARK	8 MI	7:30AM	https://tinyurl.com/y7uulf9h
NO BUILD UP	7/2/2022		RUN FIRECRACKER FOUR 7/4		
SAT	7/9/2022	LAKE PARK	10 MI	7:30AM	https://tinyurl.com/y89nsatm
SAT	7/16/2022	GRANT PARK #5	12 MI	7:30AM	https://tinyurl.com/3zj59ysf
SAT	7/23/2022	ESTABROOK #8	14 MI	7:30AM	https://tinyurl.com/bsjtbud
NO BUILD UP	7/30/2022		RUN CUDAHY CLASSIC RACES 7/31		
SAT	8/6/2022	WHITNALL PARK BEER GARDEN	16 MI	7:00AM	https://tinyurl.com/d4wdnez7
SAT	8/13/2022	LAKE PARK	18 MI	7:00AM	http://tinyurl.com/y3ycqbsw
SAT	8/20/2022	LAKE PARK	20 MI	7:00AM	https://tinyurl.com/4rp4kvum https://tinyurl.com/yc4es4fk
NO BUILD UP	8/27/2022		RUN STRIDER HALF MARATHON		
SAT	9/3/2022	LAKE PARK	22 MI	7:00AM	https://tinyurl.com/bd8f8rjp https://tinyurl.com/yc4es4fk
SAT	9/10/2022	FROEMMING PARK	16 MI	7:00AM	https://tinyurl.com/y32rhbay
NO BUILD UP	9/17/2022		RUN BRIGGS & AL'S RUN		
SAT	9/24/2022	ESTABROOK PARK #5	8 - 14 MI	7:30AM	https://tinyurl.com/2389ukxn
SUNDAY	10/3/2022	MILWAUKEE	LAKEFRONT MARATHON		