

Updated with results of through February 2020 race.  
 Those highlighted in yellow are recent (last 12 months) records.  
 Bold items represent course records

1M							
Age	Male	Time	Date		Female	Time	Date
4-6	John Holliman III	6:55	06/00		Phoebe Brookner	9:20	06/13 BW
7-9	Rhett Austin	6:04	06/18	BW	Alli Grace Ott	6:36	06/14 BW
10-12	Josh Mouse	5:28	06/03		Maddie Hatfield	6:01	06/14 BW
13-15	Pete Johnson	4:44	06/17	BW	Michelle Hurn	5:19	06/99
16-19	Juan Sanchez	4:26	06/10	BW	Allison Noe	5:10	06/96
20-24	David Angell	4:27	07/92		Michelle Hurn	5:23	06/04
25-29	<b>Clint Bell</b>	<b>4:23</b>	<b>06/07</b>	<b>HP</b>	Becky Angeles	5:31	06/06 HP
30-34	Clint Bell	4:26	06/09	HP	Dawn Grunnagle	5:03	06/10 BW
35-39	Scott Steffen	4:25	06/97		<b>Dawn Grunnagle</b>	<b>5:02</b>	<b>06/14 BW</b>
40-44	David de Sosa	4:39	06/96		Dawn Grunnagle	5:20	06/19 BW
45-49	William Moore	4:43	06/09	HP	Angela Eusery	5:53	06/13 BW
50-54	William Moore	4:50	06/12	BW	Sheila Natho	6:03	06/16 BW
55-59	Jim Dietz	5:10	06/18	BW	Marylyn Patrick	6:38	06/99
60-64	Bill Shaw	5:40	06/06	HP	Kim Andres	7:13	06/13 BW
65-69	Bill Shaw	5:48	06/08	HP	Linda Kelly	7:20	06/17 BW
70-74	Bill Shaw	6:11	06/13	BW	Joanne Barnes	9:02	06/09 HP
75-79	Bill Shaw	6:46	06/18	BW	Jan Richards	9:24	06/03 BW
80-84	James Thruston	10:02	06/18	BW	Jan Richards	11:40	06/08 BW
Clydes	Max Hawsey	4:57	06/16	BW	Erica Sanders	8:24	06/14 BW
Walk	Norm Frable	7:48	06/99				

### 3K

Age	Male	Time	Date		Female	Time	Date	
4-6	John Holliman III	12:54	04/00	BW	Jenna Topott	16:39	08/13	BW
7-9	Kiley Austin-Young	11:45	08/96	BW	Ashli Burgos	12:11	08/13	BW
10-12	Kiley Austin-Young	10:44	08/99	BW	Ashli Burgos	11:52	12/13	BW
13-15	Korey Welch	10:13	08/96	BW	Maddie Hatfield	11:07	08/15	BW
16-19	Pete Johnson	9:25	12/17	BW	Caitlin Standifer	11:25	12/08	HP
20-24	<b>Chris Strait</b>	<b>8:45</b>	<b>08/98</b>	<b>BW</b>	<b>Emily Field</b>	<b>10:35</b>	<b>12/05</b>	<b>BW</b>
25-29	Clint Bell	9:05	04/06	HP	Sonya Correa	10:48	08/10	BW
30-34	Clint Bell	9:05	08/09	HP	Tracie Akerhielm	10:51	08/17	BW
35-39	David Matlack	9:11	08/03	BW	Jessica Smith	10:54	08/14	BW
40-44	Jeff Roth	9:20	08/97	BW	Sheila Natho	11:15	08/08	HP
45-49	Scott Graham	9:42	08/00	BW	Linda Musil	11:41	08/97	BW
50-54	Scott Graham	10:00	08/02	BW	Linda Musil	11:59	09/01	
55-59	Jim Dietz	10:21	04/18	BW	Linda Kelly	12:57	08/07	HP
60-64	Bill Shaw	11:14	08/03	BW	Linda Kelly	13:27	08/12	BW
65-69	Bill Shaw	11:34	04/08	HP	Linda Kelly	13:51	08/17	BW
70-74	Bill Shaw	12:15	04/13	BW	Jan Richards	16:42	12/99	BW
75-79	Bill Shaw	13:21	04/18	BW	Jan Richards	18:24	08/02	
80-up	James Thruston	19:02	08/18	BW	Bettye Haynes	26:12	08/17	BW
Clydes	Max Hawsey	10:17	04/15	BW	LaVette Murphy	15:40	08/17	BW

## 5K

Age	Male	Time	Date		Female	Time	Date	
4-6	John Holliman III	22:25	03/00	BW	Avalon Sitz	28:12	02/16	BW
7-9	Elijah Alexander-Macias	20:18	11/10	BW	Payton Brown	20:40	01/08	HP
10-12	Elijah Alexander-Macias	17:38	06/13	BW	Ashli Burgos	18:50	03/14	BW
13-15	Craig Staley	16:04	10/83	SP	Carrie Boyd	18:39	10/82	SP
16-19	Calvin McGill	15:42	07/85	SP	Juanita Wilson	16:53	02/82	SP
20-24	<b>Colby Mehmen</b>	<b>14:41</b>	<b>10/16</b>	<b>BW</b>	Glenys Quick	16:39	02/82	SP
25-29	Stann Vernon	14:54	01/83	SP	<b>Mary Knisely</b>	<b>16:05</b>	<b>01/87</b>	<b>BW</b>
30-34	Jeff Roth	15:19	02/91	BW	Francie Larrieu-Smith	17:18	04/83	SP
35-39	Robert Wallace	15:03	05/87	BW	Becky Angeles	18:53	02/16	BW
40-44	William Moore	16:14	07/04	BW	Dawn Grunnagle	18:39	06/19	BW
45-49	Bob Abbott	16:13	02/88	BW	Barbara Luciano	19:56	07/97	BWL
50-54	William Moore	17:02	03/12	BW	Sheila Natho	20:19	01/17	BW
55-59	William Moore	16:57	05/17	BW	Linda Kelly	21:38	10/07	HP
60-64	Bill Shaw	18:46	02/03		Linda Kelly	22:37	05/12	BW
65-69	Bill Shaw	19:28	10/08	HP	Linda Kelly	23:32	11/17	BW
70-74	Bill Shaw	20:46	05/13	BW	Latralle Thompson	26:41	07/13	BW
75-79	Bill Shaw	22:32	05/18	BW	Latralle Thompson	29:16	01/16	BW
80-84	Hal Brown	26:33	03/19	BW	Jan Richards	39:10	01/08	HP
85-89	Charles Key	41:50	05/19	BW	Jan Richards	56:40	01/16	BW
Clydes	Sean Haney	18:31	11/17	BW	Ann Marie Shambaugh	26:53	05/14	BW
Walk	Norm Frable	25:20	02/96	BW	Kathy Frable	33:18	06/95	BWL
Chair	Ray Mathews	24:20	09/83	SP				

## 8K

Age	Male	Time	Date		Female	Time	Date	
4-6	John Holliman III	37:18	12/99	BW	Avalon Sitz	41:57	04/18	BW
7-9	Judah Alexander-Macias	34:46	04/15	BW	Selah Sitz	46:35	04/16	BW
10-12	Elijah Alexander-Macias	28:36	12/13	BW	Ashli Burgos	31:04	04/14	BW
13-15	Elijah Alexander-Macias	27:47	04/15	BW	Londa Bevins	34:34	08/96	BW
16-19	Grant Copeland	26:29	12/13	BW	Emily Field	29:45	12/00	BW
20-24	<b>Colby Mehmen</b>	<b>24:58</b>	<b>04/18</b>	<b>BW</b>	Michelle Pense	32:22	04/05	BW
25-29	Clint Bell	25:59	12/06	HP	Becky Angeles	30:20	12/06	HP
30-34	Clint Bell	26:22	12/12	BW	Gayle Book	30:54	08/93	BW
35-39	Clint Bell	26:27	04/16	BW	<b>Dawn Grunnagle</b>	<b>28:54</b>	<b>12/12</b>	<b>BW</b>
40-44	William Moore	26:58	12/01	BW	Becky Angeles	31:42	12/17	BW
45-49	William Moore	27:47	04/08	HP	Frances McKissick	31:57	04/07	HP
50-54	William Moore	28:13	04/14	BW	Sheila Natho	33:54	12/16	BW
55-59	Larry Worth	29:42	04/94	BW	Linda Kelly	35:35	12/06	HP
60-64	Bill Shaw	31:16	12/03	BW	Linda Kelly	37:48	12/11	BW
65-69	Bill Shaw	33:23	12/08	HP	Linda Kelly	38:12	12/17	BW
70-74	Bill Shaw	34:57	12/13	BW	JoAnne Barnes	52:33	04/08	HP
75-79	Bill Shaw	38:20	04/19	BW	Mary Kaplan	58:08	12/15	BW
80-ov	Charles Key	55:32	04/15	BW				
Clydes	James Royal	31:04	04/08	HP	Ann Marie Shambaugh	46:32	04/13	BW

**5M**

Age	Male	Time	Date		Female	Time	Date	
4-6								
7-9	Jaden Elgin	39:00	09/15	BW	Avalon Sitz	40:15	09/18	BW
10-12	Jaden Elgin	32:44	09/17	BW	Selah Sitz	39:47	09/18	BW
13-15	Jacob Cosby	30:11	09/03		Kristen Gibson	32:07	09/03	
16-19	Beck Mitchell	28:22	09/03		<b>Tara Gruber</b>	<b>31:30</b>	<b>09/03</b>	
20-24	Tyler Johnson	28:35	09/06		Julie Wall	35:00	09/04	BW
25-29	<b>Clint Bell</b>	<b>26:14</b>	<b>09/08</b>	<b>HP</b>	Amanda Moore	33:08	09/15	BW
30-34	Matt Pulle	27:07	09/05		Rachael Sanchez	32:20	09/18	BW
35-39	Dave Matlack	27:09	09/04		Becky Angeles	32:05	09/16	BW
40-44	Vesko Rajovic	28:31	09/17	BW	Frances McKissick	34:19	09/05	BW
45-49	Bob Smeby	29:25	09/03		Sandy Lovejoy	34:43	09/02	
50-54	Jeff Roth	28:13	09/08	HP	Sheila Natho	34:08	09/17	BW
55-59	Bill Shaw	31:43	09/02		Linda Kelly	36:20	09/07	HP
60-64	Bill Shaw	31:48	09/03		Linda Kelly	37:46	09/12	BW
65-69	Bill Shaw	32:32	09/08	HP	Linda Kelly	38:18	09/17	BW
70-74	Bill Shaw	35:48	09/14	BW	JoAnne Barnes	56:05	09/08	HP
75-79	Bill Shaw	38:45	09/18	BW	Jan Richards	53:19	09/05	BW
<b>80-84</b>	<b>Hal Brown</b>	<b>50:30</b>	<b>09/19</b>	BW	Jan Richards	1:04:14	09/08	HP
85-89	Charles Key	1:02:27	09/17	BW	Jan Richards	1:29:06	09/15	BW
Clydes	James Royal	31:59	09/15	BW	Erica Sanders	46:29	09/15	BW

## 10K

Age	Male	Time	Date		Female	Time	Date	
4-6	John Holliman III	49:25	10/99	BW				
7-9	Jaden Elgin	41:59	03/17	BW	Avalon Sitz	53:53	01/19	BW
10-12	Karl Swierenga	38:57	07/82	SP	Rene Elliott	41:11	04/82	SP
13-15	Craig Lutz	34:14	01/07	HP	Kim Angell	41:09	01/86	BW
16-19	James Jackson	32:32	12/83	SP	Cindy Tolle	38:32	10/82	SP
20-24	Jaime Nejera	31:37	07/84	SP	Susan Beischel	39:19	02/83	SP
25-29	<b>Jeff Roth</b>	<b>30:29</b>	<b>12/84</b>	<b>SP</b>	<b>Emily Field</b>	<b>34:06</b>	<b>01/07</b>	<b>HP</b>
30-34	Mark Bishop	31:01	08/87	BW	Lauren Maule	37:19	03/94	BW
35-39	Robert Wallace	31:14	01/87	BW	Melisa Christian	37:13	01/16	BW
40-44	Ben Moturi	33:33	03/95	BW	Becky Angeles	40:16	01/18	BW
45-49	Bob Abbott	33:49	08/87	SP	Linda Musil	42:06	10/97	BW
50-54	Larry Worth	36:40	01/90	BW	Sheila Natho	42:48	10/16	BW
55-59	Jim Dietz	37:18	03/18	BW	Marylyn Patrick	44:44	03/01	BW
60-64	Bill Shaw	39:43	01/04	BW	Marylyn Patrick	47:16	03/04	
65-69	Bill Shaw	41:26	01/09	HP	Linda Kelly	48:23	01/18	BW
70-74	Bill Shaw	43:16	01/13	BW	JoAnne Barnes	1:07:54	03/09	HP
75-79	Bill Shaw	49:12	01/19	BW	Jan Richards	1:12:12	10/06	HP
80-84	Hal Brown	56:40	01/19	BW				
85-89	Charles Key	1:15:46	03/17	BW				
Clydes	Sean Haney	38:18	10/17	BW	Holly Marin	51:36	03/16	BW
Walk	Norm Frable	56:53	01/99	BW				
Chair	Jim Dax	32:48	10/85					

**15K**

Age	Male	Time	Date		Female	Time	Date	
4-6	John Holliman III	1:15:31	11/99	BW				
7-9	Greg Hanson	1:20:27	02/02		Angie Hanson	1:31:10	11/00	BW
10-12	Jeff Arnier	1:04:09	11/03		Hannah Meyer	1:48:43	11/11	BW
13-15	Colby Mehmen	56:33	11/09	BW	Melanie Wilcox	1:12:41	11/05	
16-19	Colby Mehmen	49:51	11/13	BW	Kimberly Endo	1:03:39	02/14	BW
20-24	<b>Colby Mehmen</b>	<b>46:16</b>	<b>11/16</b>	<b>BW</b>	Michelle Pense	59:47	02/06	BW
25-29	Andrew Cook	48:27	11/08	HP	Louise Kobin	1:02:48	02/96	BW
30-34	Clint Bell	51:08	11/13	BW	Raquel Jimenez	59:41	11/18	BW
35-39	Clint Bell	52:05	02/16	BW	<b>Dawn Grunnagle</b>	<b>57:05</b>	<b>02/13</b>	<b>BW</b>
40-44	Mark Roman	54:33	11/95	BW	Becky Angeles	1:03:02	02/17	BW
45-49	Joe Landry	55:56	02/13	BW	Barbara Luciano	1:03:13	11/95	BW
50-54	Rob Higley	56:51	02/05	BW	Sheila Natho	1:06:43	11/16	BW
55-59	Bob Smeby	58:44	02/13	BW	Linda Kelly	1:09:16	11/06	HP
60-64	Bill Shaw	1:03:37	02/07	HP	Marylyn Patrick	1:14:05	02/04	
65-69	Bill Shaw	1:03:50	02/08	HP	Linda Kelly	1:15:22	02/18	BW
70-74	Wally Capps	1:12:35	11/10	BW	Suki Yates-Kourounis	1:50:40	02/20	BW
75-79	Bill Blackburn	1:21:25	11/14	BW	Joanne Barnes	1:58:56	11/11	BW
80-84	Hal Brown	1:38:06	02/19	BW				
Clydes	Ted Roberts	59:38	02/02		Addie Kelly	1:24:34	11/16	BW