** Course Marshal**

**Volunteer Guide**

First and foremost, we would like to THANK YOU for volunteering for the Space

Coast Classic 15K & 2 Mile. Your time, energy and dedication are what make this

event a success! We’re very happy you have chosen to volunteer, and we want

you to have a great time while helping out the participants!

Below are some tips and information to help you be comfortable, have fun and enjoy the experience.

IF YOU HAVE ANY QUESTIONS ABOUT YOUR VOLUNTEER DUTIES PLEASE DO NOT HESITATE TO ASK.

**WHAT TO** **WEAR**? Race goes on rain or shine so please dress appropriately. The weather is forecasted to be in the 60’s with some wind. Wear your Volunteer T-shirt that identifies you as a RACE VOLUNTEER. Wear your safety vest. Wear comfortable shoes.

**WHAT TO BRING**? As little as possible. Try to bring what you need in a backpack that you can keep with you. You can bring a fold up chair if you will need to sit during your shift. A hat and/or sunscreen are highly recommended.

**START OF SHIFT**: Report to the Volunteer table at the library to get your volunteer shirt and packet. A Running Zone representative will give a briefing at about 6am. You will then go directly to your specified location on the race course. You can drive to your spot but please do not park on N. Indian River Rd.

**END OF SHIFT**: It is important that volunteers remain in their position until notified by the sweep vehicle that the last participant has gone by. You must then return your vest to the SCR tent at the Library.

**SNACKS**: It is a good idea to bring a few extra snacks and/or drinks to keep you going through the day.

In case of EMERGENCY (to participant or volunteer), please stay calm, assess the situation or danger. Call 911 if immediate help is needed.

If you are certified in First Aid or CPR, proceed according to your level of training. If not an immediate emergency or danger, notify the race director of the issue.

Contact Info: Terry Ryan 706-342-6213

**COURSE MARSHAL VOLUNTEER INSTRUCTIONS**

**PURPOSE OF COURSE MARSHALS**

Many side streets along N. Indian River Rd. have no other access to US 1. Residents will be advised of the race but the road is not officially closed. For this reason, it is important to have volunteers direct the cars to only pull out when there is an adequate break in the runners.

Marshals are also our primary cheerleaders and motivators. Have fun out there cheering on the participants!

If you would like to bring a folding chair to use while you are out on the course, please do so.

**MARSHAL GUIDELINES**

• Marshals are responsible for indicating to the general public when it is safe for them to enter the road and to look both ways so as not to impede the progress or safety of the participants.

• It is important to be direct and visible to the runners.

• Marshals are the ones to notice if a runner is in distress or confused and report any serious concerns to the Race Director or Race Management Staff.

• Marshals that encounter physical resistance from public or participants are to contact the Race Director or Race Management Staff and await instructions. The Race Director will determine if the authorities should be contacted.

**RACE MORNING**

Please be at your designated assignment no later than 6:30 AM.

We have very fast runners coming and they will need your directions. Please do not let these direction-less runners down. There may be one or more hand cyclists that begin a few minutes before the runners.

**CLEAN UP**

Please let the Race Director know if clean up is need in your area. We want to make sure that all paper cups, wrappers and clothes are not left on the course. It’s our goal to keep Cocoa beautiful.