**NERC Grand Prix 2022**

The Grand Prix Race Series is a friendly competition among NERC members. It also promotes participation in local area races that have paid the club a fee to be included.

**Series Rules**  Any active NERC member who participates in a Grand Prix race is eligible and will be scored.

1. There are 14 races in 2022. Your best (7) race finishes will determine your final score. You can run/walk fewer races and still accumulate enough points to place. However, you must run at least (5) races to be eligible for a season award. For the 19 and under and 70 and over age groups the minimum will be (4).
2. Your age as of May 1 will determine your age group for the year. Age group breakdowns for males and females are:

14 and under,15-19, 20-24,25-29, 30-34,35-39, 40-44,45-49, 50-54,55-59, 60-64, 65-69, 70-74,

 75 and over

1. To be scored, you have to be an active(paid) member the day before a race.
2. Results will be posted on social media and the NERC website as promptly as possible. Questions –email nercclub.20@gmail.com

**Series Scoring**

1. Overall – For each race the top five overall male and females(any age) will receive 100 pts for 1st, 90 pts for 2nd , 80 pts for 3rd, 70pts for 4th,and 60 pts for 5th place in addition to their age group points

2. Age Groups – The first ten male and female members in each age group will be scored 100 pts for 1st, 90 pts for 2nd down to 10 pts for 10th. All remaining finishers in each age group will be awarded 5 points.

3. Participation score **-** These are based on race distance. 5k=3pt 4m-10k=4pt 9-10mi=6pt Half Mar=7pt . All NERC races (3 in 2022) earn 50 Bonus participation points and all participation points add in to the final score.

**Series Awards** -Top 3 overall male and females, Top 3 Masters male and females and up to 3 deep for each age division will receive “awards”. In the case of a tie- head to head competition will determine who is awarded higher. - We do not use general club funds/fees for this competition.