

2022
Calumet Region Striders
PROVISIONAL (Races are still being added)



When a Gold Cup event consists of more than one race, please check the scoring requirements for your Gold Cup competition age (your age on July 1) to ensure that you are running the correct race. If you are competing in the Clydesdale or Athena Age Groups, you MUST run in those divisions if offered in a specific race in order to receive Gold Cup points.

Gold Cup Award Requirements
 18 & Under must complete 5 races.
 19 & Over must complete 10 races.
 Elite Series Race ***

Note that the Elite Series Competition differs from the Gold Cup Competition and has a different set of scoring rules.

#	Date	Time	Race Name	Distance	Location	Age Groups
1	Saturday March 12	9:00 AM	Runnin' With the Irish	5K	Chesterton, IN	All
2	Saturday April 02	7:30 AM	Ringin in Spring	5K	Valparaiso, IN	All
3	Saturday April 09	9:00 AM	St Paul Spirit Run ***	5K	Valparaiso, IN	All
4	Saturday April 16	10:00 AM	Resurrection Run	10K	La Porte, IN	15 & Over
4	Saturday April 16	10:00 AM	Resurrection Run	5K	La Porte, IN	14 & Under
5	Saturday April 23	9:00 AM	Hub Run	5K	Crown Point, IN	All
6	Sunday May 08	8:00 AM	Run Like a Mother	5K	Crown Point, IN	All
7	Friday May 13	6:00 PM	Valpo K9 Race	5K	Valparaiso, IN	All
8	Monday May 30	9:00 AM	Trail Run Xtreme ***	12K	Portage, IN	All
9	Saturday June 11	8:30 AM	Munster Rotary Run-A-Round ***	10K	Munster, IN	15 & Over
9	Saturday June 11	7:45 AM	Munster Rotary Run-A-Round	5K	Munster, IN	14 & Under
10	Saturday June 18	7:30 AM	Firecracker	5K	Chesterton, IN	All
11	Saturday July 02	7:30 AM	Brickyard Run	5 Mile	Hobart, IN	15 & Over
11	Saturday July 02	7:30 AM	Brickyard Run	5K	Hobart, IN	14 & Under
12	Sunday July 03	6:30 PM	All American Mile ***	1 Mile	Highland, IN	All
13	Saturday July 09	8:00 AM	Festival of the Lakes Roadie Run	5K	Hammond, IN	All
14	Sunday July 10	9:00 AM	Running Wild for WP Zoo	5K	Michigan City, IN	All
15	Saturday July 23	7:30 AM	4H 4 Mile Hustle ***	4 Mile	Valparaiso, IN	All
16	Saturday August 06	8:00 AM	Nick Schultz LLG	5K	Lowell, IN	All
17	Saturday August 13	8:00 AM	Rotary Ramble ***	5K	DeMotte, IN	All
18	Saturday September 03	8:00 AM	Lowell Labor Day	5K	Lowell, IN	All
19	Saturday September 17	8:00 AM	Runnin' For Prestin	10K	Michigan City, IN	15 & Over
19	Saturday September 17	8:00 AM	Runnin' For Prestin	5K	Michigan City, IN	14 & Under
20	Sunday September 18	7:30 AM	Hub City Races	Half Marathon	Crown Point, IN	19 & Over
20	Sunday September 18	8:00 AM	Hub City Races	5K	Crown Point, IN	18 & Under
21	Saturday September 24	8:00 AM	Light the Darkness	5K	Merrillville, IN	All
22	Sunday October 02	9:00 AM	Field Station Frenzy ***	5K	Porter, IN	All
23	Saturday October 15	9:00 AM	Run for a Cause (Love, Jessica)	5K	Hammond, IN	All
24	Sunday October 16	1:00 PM	Lowell Classic	2K	Lowell, IN	8 & Under
24	Sunday October 16	1:30 PM	Lowell Classic	3K	Lowell, IN	9-10, 11-12
24	Sunday October 16	2:00 PM	Lowell Classic	4K	Lowell, IN	13 & Over
25	Thursday November 24	9:00 AM	Pumpkin Plod	10K	Highland, IN	All

www.calstrider.org

Dedicated to the promotion of every aspect of road racing and fun running for health, fitness, camaraderie and the pure enjoyment of our sport.
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