

# Hang Ten On The 10s 10K Run

## Age Group Results

October 10, 2010

Runner's Depot of Vero Beach

Men: [0-14](#) [15-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#) [70-99](#)

Women: [0-14](#) [15-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#) [70-99](#)

### Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tracy Smith	Melbourne FL	975	37	9	40:21.06	6:30/M

[Top](#)

### Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robin Hernandez	Palm Bay FL	1949	45	14	42:52.17	6:55/M

[Top](#)

### Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madison Stahler	Vero Beach FL	977	14	77	56:05.07	9:03/M
2	Christa Fromang	Sebastian FL	924	14	150	1:15:38.45	12:12/M

[Top](#)

### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kayla Evens	Vero Beach FL	1918	15	22	45:18.57	7:18/M
2	Haley Olcott	Vero Beach FL	952	16	23	45:18.85	7:18/M
3	Jessie Grogan	Vero Beach FL	1945	18	86	57:49.07	9:20/M
4	Kathryn Thomas	Sebastian FL	1958	17	131	1:06:45.91	10:46/M
5	Danielle Rappel	Vero Beach FL	1921	17	160	1:29:38.39	14:27/M

[Top](#)

### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristin Gebhardt	Vero Beach FL	926	28	53	52:20.08	8:26/M
2	Jenny Sharp	Vero Beach FL	971	25	58	53:10.63	8:35/M
3	Alison Heinz	Sebastian	1905	27	65	54:24.28	8:46/M
4	Whitney Jones	Vero Beach FL	935	26	72	55:10.06	8:54/M
5	Lindsay Stratton	Tallahassee FL	979	28	76	55:51.03	9:00/M
6	Chelsea Lunny	Vero Beach FL	940	28	79	56:32.04	9:07/M
7	Kristin Zimmermann	Vero Beach FL	1965	29	83	57:21.88	9:15/M
8	Ashleigh Whitfield	Vero Beach FL	987	22	87	57:50.85	9:20/M
9	Eva Neff	Vero Beach FL	1962	28	108	1:00:14.33	9:43/M
10	Lisa Hayward	Ft Piece FL	1955	25	128	1:05:47.98	10:37/M
11	Alyse Simons	Vero Beach FL	1903	25	136	1:10:50.44	11:25/M
12	Ashley Benton	Ft. Pierce FL	909	25	137	1:10:52.03	11:26/M
13	Victoria Brown	Vero Beach FL	1909	28	140	1:11:38.61	11:33/M

[Top](#)

### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Giulianotti	Vero Beach FL	1936	35	16	43:52.84	7:05/M
2	Valerie Nagle	Stuart FL	1923	32	19	44:28.20	7:10/M
3	Helen Charlton	Vero Beach FL	1925	31	38	49:27.12	7:59/M
4	Jill Bank	Vero Beach FL	908	34	44	50:24.19	8:08/M
5	Amy McLaughlin	Sebastian FL	948	33	56	52:56.56	8:32/M
6	Vickie Cooley	Vero Beach FL	1960	38	61	53:30.70	8:38/M
7	Kathryn Woodall	Vero Beach FL	990	33	69	54:55.22	8:51/M
8	Kim Oglethorpe	Vero Beach FL	951	38	89	58:01.64	9:21/M
9	Messina Shields	Vero Beach FL	972	35	94	58:58.37	9:31/M
10	Beth Ratliff	Vero Beach FL	1941	38	104	59:40.49	9:37/M
11	Heather Matthews	Vero Beach FL	1927	31	114	1:01:28.85	9:55/M

12	Eminette Pardo	Coral Springs FL	955	37	115	1:01:37.08	9:56/M
13	Marijo Alsip	Sunrise FL	1943	35	119	1:01:51.71	9:59/M
14	Robyn Sandham	Vero Beach FL	965	38	121	1:02:50.84	10:08/M
15	Tracey Kendrick	Vero Beach FL	936	38	130	1:06:23.45	10:42/M
16	Lisa Crane	Vero Beach FL	995	37	132	1:08:36.58	11:04/M
17	Danielle Jones	Vero Beach FL	934	37	135	1:10:48.81	11:25/M
18	Sara Remling	Vero Beach FL	961	38	138	1:10:52.45	11:26/M
19	Megan Raasveldt	Vero Beach FL	958	39	139	1:10:59.45	11:27/M
20	Josie Kirchner	Vero Beach FL	937	34	142	1:11:54.78	11:36/M
21	Mechelle Foster	Sebastian FL	923	38	147	1:14:20.69	11:59/M
22	Shannon Bowman	Vero Beach FL	914	39	148	1:14:28.57	12:01/M
23	Dawn Erdwein		1963	32	158	1:28:12.17	14:14/M
24	Lori Castaing	Sebastian FL	1972	36	159	1:28:12.52	14:14/M

[Top](#)

## Female 40 to 49

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Debra Johansen		1967	49	27	46:22.76	7:29/M
2	Kathy Johnson	Vero Beach FL	1969	49	35	48:54.62	7:53/M
3	Lori Lazorik	Vero Beach FL	939	48	41	50:05.20	8:05/M
4	Andrea Allen	Vero Beach FL	902	41	45	50:42.18	8:11/M
5	Nathalie Schiffeleers	Vero Beach FL	968	42	50	51:53.54	8:22/M
6	Laura Wolf	Vero Beach FL	988	42	52	52:10.57	8:25/M
7	Joanne Quaile	Vero Beach FL	1914	44	54	52:21.78	8:27/M
8	Tracey Schaffer	Vero Beach FL	1932	46	60	53:24.63	8:37/M
9	Paula Vance	Vero Beach FL	1906	44	62	54:09.34	8:44/M
10	Tammy Vock	Vero Beach FL	984	47	63	54:13.29	8:45/M
11	Sylvie Staboli	Vero Beach FL	976	44	68	54:35.78	8:48/M
12	Jennifer Searl	Vero Beach FL	970	42	71	55:03.34	8:53/M
13	Joann Brown	Vero Beach FL	1934	40	74	55:22.74	8:56/M
14	Patti Radford	Vero Beach FL	1913	48	80	56:34.39	9:07/M
15	Traci Preuss	Sebastian FL	1935	42	84	57:27.29	9:16/M
16	Pamela Dechellis	Vero Beach FL	1942	49	85	57:45.22	9:19/M
17	Teri Weyandt	Vero Beach FL	999	46	93	58:52.80	9:30/M
18	Dorothy Marini	Vero Beach FL	943	47	96	59:05.73	9:32/M
19	Helen Borcherds	Vero Beach FL	913	40	97	59:10.10	9:33/M
20	Jodi Hobt	Vero Beach FL	929	40	100	59:28.52	9:35/M
21	Jennifer Jones	Vero Beach FL	933	43	110	1:00:53.34	9:49/M
22	Chris Walker	Vero Beach FL	1973	43	113	1:01:14.49	9:53/M
23	Sheri Olcott	Vero Beach FL	953	45	125	1:04:30.71	10:24/M
24	Susan Bryan	Vero Beach FL	917	40	127	1:05:39.65	10:35/M
25	Krista Sadlers	Sebastian FL	964	42	129	1:06:13.74	10:41/M
26	Paige Grantham	Vero Beach FL	997	40	134	1:09:46.64	11:15/M
27	Lucy Lovely	Sebastian FL	1904	47	143	1:12:05.08	11:38/M
28	Angeline Regan	Sebastian FL	960	43	146	1:14:20.35	11:59/M
29	Laura Rochon	Sebastian FL	962	40	149	1:15:13.17	12:08/M
30	Kathy Smith	Ft. Pierce FL	974	47	157	1:27:45.87	14:09/M
31	Yvette McLaughlin	Vero Beach FL	1911	42	161	1:29:46.35	14:29/M
32	Lisa McGoye	Vero Beach FL	1910	40	162	1:30:13.39	14:33/M
33	Josette Rappel	Vero Beach FL	1919	49	163	1:30:41.24	14:38/M
34	Donna Auclair	Delray FL	1975	47	165	1:34:15.12	15:12/M
35	Kristine Meyers	Ft. Pierce FL	949	45	166	1:39:06.49	15:59/M

[Top](#)

## Female 50 to 59

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Cynthia Washam	Jensen Beach FL	986	53	18	44:21.61	7:09/M
2	Stephanie Hahn	Vero Beach FL	928	57	29	46:50.56	7:33/M
3	Mindy Struwas	Vero Beach FL	980	57	40	49:57.09	8:03/M
4	Bobbie Harrrell	Vero Beach FL	1937	50	42	50:22.18	8:07/M
5	Laurie Herman	Palm City FL	1954	57	55	52:47.10	8:31/M
6	Jenae Collins	Vero Beach FL	1924	52	57	53:08.79	8:34/M
7	Abbe Newman	Vero Beach FL	950	52	59	53:24.11	8:37/M
8	Debbie Garrett	Vero Beach FL	925	51	88	57:58.33	9:21/M
9	Cindy Rodriguez	Vero Beach FL	1974	52	102	59:35.95	9:37/M
10	Linda Soresi	Vero Beach FL	998	56	103	59:38.59	9:37/M
11	Donna Sarnoski	Vero Beach FL	966	50	106	59:45.85	9:38/M
12	Debbie Smith	Vero Beach FL	973	51	107	59:46.51	9:38/M
13	Susanne Anderson	Sebastian FL	1928	50	109	1:00:51.41	9:49/M
14	Mary Roth	Vero Beach FL	1000	56	111	1:00:53.73	9:49/M
15	Patricia Ashdown	Vero Beach FL	905	51	112	1:00:59.42	9:50/M
16	Laurie Wykoff	Vero Beach FL	992	51	116	1:01:39.82	9:57/M
17	Clair Brunetti	Port St. Lucie FL	1901	59	117	1:01:40.46	9:57/M
18	Debra Feasel	Vero Beach FL	1940	54	126	1:05:06.41	10:30/M
19	Andrea Thurn	Vero Beach FL	1946	50	141	1:11:40.39	11:34/M
20	Linda Colontrelle	Vero Beach FL	1929	57	155	1:26:06.01	13:53/M
21	Wendy Carnell	Vero Beach FL	918	51	167	1:39:11.15	16:00/M

[Top](#)

## Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ana Bernal	Vero Beach FL	910	63	123	1:03:31.00	10:15/M
2	Roma Anderson	Vero Beach FL	903	64	156	1:26:06.55	13:53/M
3	Jeanne Stewart-Juda	Port St. Lucie FL	978	67	168	1:39:19.73	16:01/M

[Top](#)

## Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Heisler	Jupiter FL	1951	23	1	35:56.78	5:48/M

[Top](#)

## Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cary Allen	Hobe Sound FL	1957	46	5	38:36.45	6:14/M

[Top](#)

## Male 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Connor Bowman	Vero Beach FL	915	10	145	1:14:11.90	11:58/M

[Top](#)

## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cole Pfautz	Vero Beach FL	1959	17	17	44:09.23	7:07/M
2	Jordan Wlich	Sebastian FL	1970	15	91	58:46.59	9:29/M
3	Matt Parvus	Winter Beach FL	1971	15	118	1:01:42.23	9:57/M

[Top](#)

## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ron Abel	Satellite Beach FL	1948	27	3	36:38.72	5:55/M
2	Andy Dutra	Melbourne FL	921	26	7	39:53.90	6:26/M
3	Joshua McCollum	Sebastian FL	945	22	24	45:50.23	7:24/M
4	David Wright	Sebastian FL	991	22	33	48:29.52	7:49/M
5	Peter Marini	Vero Beach FL	942	23	43	50:23.23	8:08/M
6	Matthew McDougal		946	21	105	59:43.13	9:38/M
7	Dennis McDonough		947	24	144	1:14:07.70	11:57/M

[Top](#)

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sean O'Flaherty	Stuart FL	1922	35	2	36:33.21	5:54/M
2	Thaddeus Austin	Merritt Island FL	1976	33	4	38:07.61	6:09/M
3	Chris Stangle	Fort Pierce FL	1947	30	12	42:08.60	6:48/M
4	Ian Lloyd	Fort Pierce FL	1952	35	20	44:43.14	7:13/M
5	David Gardner	Vero Beach	996	36	21	45:10.53	7:17/M
6	Stephen Boyer	Vero Beach FL	916	33	26	46:12.79	7:27/M
7	Andrew Russell	Vero Beach FL	1953	31	32	48:07.77	7:46/M
8	Rick Baker	Vero Beach	1966	38	37	49:20.84	7:57/M
9	Mike Acosta	Cocoa FL	901	32	51	51:56.11	8:23/M
10	Craig Wright		1926	35	67	54:33.43	8:48/M

[Top](#)

## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Masters	Vero Beach FL	944	45	8	40:15.25	6:30/M
2	Dale Ruby	Palm City FL	1950	48	10	40:57.73	6:36/M
3	Giorgio Res	Vero Beach FL	1938	42	11	41:42.73	6:44/M
4	Scott Cohen	Vero Beach FL	1916	42	13	42:44.34	6:54/M
5	Jeff Palleschi	Vero Beach FL	954	40	25	46:05.68	7:26/M
6	Michael Auld	Sebastian FL	907	44	30	47:51.45	7:43/M
7	Samuel Hooker	Sebastian FL	931	42	31	48:03.78	7:45/M
8	Jim Silvia	Sebastian FL	1933	44	36	48:55.60	7:53/M
9	Peter Marini	Vero Beach FL	941	49	46	50:49.09	8:12/M
10	Drew Vanvooren	Vero Beach FL	1907	48	49	51:29.89	8:18/M
11	Gary Krieger	Vero Beach FL	1902	41	78	56:21.93	9:05/M
12	Rafael Ospina	Vero Beach FL	1917	49	82	57:11.12	9:13/M
13	Shawn Hoyt	Vero Beach FL	932	41	90	58:11.75	9:23/M
14	Peter Borcherds	Vero Beach FL	912	45	92	58:50.51	9:29/M
15	James Regan	Sebastian FL	959	46	95	59:03.72	9:31/M
16	Geoff Wolf	Vero Beach FL	989	42	98	59:20.95	9:34/M

17	Dennis Hobt	Vero Beach	FL	930	41	101	59:29.11	9:36/M
18	Glenn Rustay	Vero Beach	FL	1930	40	124	1:04:27.71	10:24/M

[Top](#)

### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Art Anderson	Melbourne	FL	1961	51	6	39:37.73	6:23/M
2	Matt Mahoney	Melbourne	FL	1968	55	15	43:20.23	6:59/M
3	Butch Coffey	Vero Beach	FL	919	55	28	46:37.66	7:31/M
4	Tim Grabendoaver	Vero Beach	FL	927	54	34	48:32.16	7:50/M
5	Greg Phenegar	Vero Beach	FL	957	50	39	49:38.23	8:00/M
6	Tim Nolan	Sebastian	FL	1915	53	47	50:53.96	8:12/M
7	Mark Satterlee	Vero Beach	FL	967	52	48	50:57.05	8:13/M
8	Jim Bursick	Vero Beach	FL	993	52	66	54:27.37	8:47/M
9	Armando Reyna	Vero Beach	FL	1956	52	73	55:19.47	8:55/M
10	John Feasel	Vero Beach	FL	1939	54	81	56:45.69	9:09/M
11	Gregory Rolfe	Vero Beach	FL	963	59	99	59:27.22	9:35/M
12	William Pardo	Coral Springs	FL	956	54	120	1:02:32.75	10:05/M
13	Guy Turner	Vero Beach	FL	982	59	122	1:03:20.59	10:13/M
14	Tim Collins	Vero Beach	FL	920	50	133	1:08:43.80	11:05/M
15	Louis Archambrau	Vero Beach	FL	1931	53	152	1:21:56.73	13:13/M
16	Steve Hawkins	Sebastian	FL	1908	53	154	1:25:17.24	13:45/M

[Top](#)

### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Herm Fountain	Vero Beach	FL	1944	62	64	54:14.05	8:45/M
2	Mark Ashdown	Vero Beach	FL	906	62	70	54:57.16	8:52/M
3	Steve Schrell	Vero Beach	FL	969	63	75	55:24.33	8:56/M
4	Al Benkert	Vero Beach	FL	1964	65	153	1:22:17.17	13:16/M

[Top](#)

### Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Valerio	Hobe Sound	FL	983	77	151	1:20:12.30	12:56/M
2	Robert Rappel	Vero Beach	FL	1920	74	164	1:30:42.27	14:38/M

---