

SUN 'N FUN RUN 4 MILE 2010  
January 16, 2010  
Cape Canaveral FL

Times are not reported for all runners due to some runners changing their race during the event, which led to some times being recorded incorrectly. Approximate time is available upon request.  
Marlene White, marlenewhite at cfl.rr.com

2 Miles

Male Overall

1 Ed Springer	32	12:15
2 Howard Kanner	40	12:34
3 Dale Bramall	43	14:20

Male Master

Bill Pinch	53	16:23
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Freedom 7 First Male Student

Sam Spencer	11	22:11
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Male 0-8

1 Spencer Leighty	6
2 CJ Coleman	8
3 Alex Keyser	6

Male 9-11

1 Alex Zawadzki	9
2 Emilio Zipf	9
3 Timothy Martin	11

Male 20-29

1 Steven Bearden	25
2 Jonathan Barrons	28

Male 40-49

1 Keith Flint	44
2 Jeff McDuffie	43
3 Edward Ellegood	48

Male 50-59

1 Gene Grieshaber	52
2 Ken Flieder	51
3 Michael Freeth	56

Male 60-69

1 RC Koontz	62
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Male 70+

1 Hermann Gerhard 75

Female Overall

1 Ceal Muldoon-Walker 47 12:45

2 Julia Martin 10 17:25

3 Laura Dickerson 54 17:41

Female Master

Marisa Flint 43 18:18

Freedom 7 First Female Student

Jessica Martin 6 22:03

Freedom 7 First Female Teacher

Angela Montalto 27 24:19

Female 0-8

1 Leighty Alexis 8

2 Lily Nemschick 8

3 Olivia Day 7

Female 9-11

1 Madeline Zeuli 10

2 Gabby Brown 10

3 Audrey Kirk 10

4 Riley June 10

5 Abigail Trout 10

6 Natalie Lyons 9

7 Lilly Ellegood 11

Female 15-19

1 Danielle Ulrich 19

Female 20-29

1 Jenny Stepp 29

2 Ashley Leighty 29

Female 30-39

1 Tammy Foster 34

2 Heather Brown 30

3 Tonya June 38

4 Laura Dansbury 36

5 Nina Coleman 37

6 Cheryl Day 37

Female 40-49

1 Molly Kirk	45
2 Heidi Dutter	45
3 Jenny Lyons	45
4 Dawn Trout	45
5 Deborah Zipf	46
6 Holly Martin	40
7 Mercedes Keyser	43
8 Suzy Molnar	41
9 Michele Nemschick	44

Female 50-54

1 Vanessa Breininger	50
2 Nancy Sharp	52
3 Blanche Morrison	58
4 Sheryl Spencer	50
5 Mary Freeth	55

Female 60-69

1 Barbara Brady	66
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Female 70+

1 Yvonne Cisar	72
2 Florence Koontz	85

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Male Overall

1 Ten Dean	36	22:32
2 Shay Joyce	24	22:53
3 Thaddeus Austin	33	24:33

Male Master

Chris Loines	43	26:36
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Freedom 7 First Male Student

Lev Freeman	12	46:35
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Male 0-9

1 Jasper Steensma	7
2 Alek Steensma	9

Male 10-14

1 Tim Arnold	11
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2 Avery Ellegood	13
Male 15-19	
1 Jonathan Brown	17
2 Josh Motta	18
3 Tyler Johnson	15
Male 20-24	
1 Skylar Warren	24
Male 25-29	
1 Joshua Lewbel	29
Male 30-34	
1 Patrick Robinsen	34
2 David Raulerson	33
Male 35-39	
1 Richard Davis	36
2 Randy Wasserman	38
3 John Anderson	36
4 Bill Dansbury	36
Male 40-44	
1 Carey Swartz	42
2 Bijay Bunsee	43
3 Chris Waterman	42
4 Anthony Sizemore	41
5 Mike Junge	42
Male 45-49	
1 Andy Blosson	45
2 Bill Buonanni	49
3 Randolph Goodwin	47
4 Heriberto Echevarria	45
5 Steve Trout	45
6 Bob French	49
7 Neal Freeman	49
8 Donald Downs	49
9 Edmund Stormant	48
Male 50-54	
1 Ricky McDonald	50
2 Jerry Smith	50
3 David Smith	52
4 Rich Warren	54
Male 55-59	
1 Sam Lewbel	59

2 Rick Wrijil	55
3 Jason Baltuch	55
4 Walter Day	57

Male 65-69

1 Michael Zeitfuss	65
2 Gerry Fahey	66

Male 70+

1 Mo Johnson	72
2 Henry Campbell	76

Female Overall

1 Nancy Buonanni	48	28:24
2 Sue Strout	55	30:57
3 Theresa Miller	50	31:07

Female Master

Debbie Rescott	51	36:26
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Freedom 7 First Female Student

Hannah Lyons	11	43:41
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Freedom 7 First Female Teacher

Christine Ellegood	43	44:06
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Female 15-19

1 Brianna Sayler	16
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Female 20-24

1 Erika Johansen	23
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Female 25-29

1 Layla Higgins	26
2 Jaclyn Sizemore	28
3 Lauren Stallbaum	25

Female 30-34

1 Bambi Smith-Wiederman	32
2 Christy Anderson	34
3 Tonya McDuffie	34

Female 35-39

1 Amber Arnold	37
2 Seven Rowe	37
3 Cristina Engel	38

Female 40-44

1 Betsy Butler	41
2 Michelle Smurl	41
3 Theresa Beseman	40
4 Melinda Niemeyer	41
5 Rebecca Sparks	43
6 Sharon Loines	42
7 Ellen Little	41

Female 45-49

1 Christy Zieres	49
2 Theresa Gray	47
3 Betsy French	49
4 Gail Swartz	47
5 Jocelyn Downs	43
6 Bilynda Muldoon	47

Female 50-54

1 Cindy Bennett	52
2 Clementina Morris	50
3 Rebecca Stormant	52

Female 55-59

1 Katheryn Theisen	55
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Female 60-64

1 Pat Kiesselbach	60
2 Susie Koontz	64
3 Milly Krause	61

Female 65-69

1 Petra Gerhard	67
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Female 70+

1 Angela Saldana	82
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Results by Marlene White, marlenewhite at cfl.rr.com