

Plano Pacers Remembrance Run 5K & Jr. Sprint

at Bob Woodruff Park, Plano, TX

Saturday May 29, 2021

5K TOP FINISHERS

MEN		WOMEN			
1	Eric Bretl	16:44	1	Jennifer Pope	20:21
2	Carlos Parra Carrasquer	17:55	2	Yvonne Thapa	23:19
3	Felix Gonzalez	18:00	3	Xiaolu Cui	24:05
4	Jose Ramirez	18:04	4	Avalon Sitz	24:12
5	Jose Lopez	18:11	5	Sunny Yang	24:16
6	Gustavo Aguirre	18:17	6	Kenedy Card	24:24
7	Joseph Uc	18:28	7	Cami Sitz	24:40
8	Joseph Cervantez	18:36	8	Wen You	24:53
9	Alex Elizondo	18:52	9	Jennifer Helm	25:04
10	Quendell Miller	18:58	10	Abigail Bray	25:14
Overall:	Eric Bretl	16:44	Overall:	Jennifer Pope	20:21
Master:	Felix Gonzalez	18:00	Master:	Yvonne Thapa	23:19
Senior:	Chip Gorman	21:13	Senior:	Maria Moore	25:28
9-un:	Robert Cui	35:08			
	Nathan Szeto	40:03			
10-14:	Luke Sitz	20:07	10-14:	Avalon Sitz	24:12
	Cristian Bedoya	20:52		Kenedy Card	24:24
	Leonardo Elizondo	21:27		Abigail Bray	25:14
15-19:	Joseph Uc	18:28	15-19:	Madelin Marruffo	43:58
	Matthew Parks	19:12			
	Stephen Wahlquist	21:45			
20-24:	Alex Elizondo	18:52			
	William Liu	26:55			
	Christopher Orton	28:41			
25-29:	Gustavo Aguirre	18:17			
	Austin Schubert	21:26			
	Paul Cheng	22:38			
30-34:	Zachary Shirley	21:29	30-34:	Samie Leigh	27:34
				Sarah Chandler	30:32
				Lauren Smith	45:54
35-39:	Carlos Parra Carrasquer	17:55	35-39:	Xiaolu Cui	24:05
	Jose Lopez	18:11		Dani Steininger	30:26
	Joseph Cervantez	18:36		Dan Wu	36:31
40-44:	Chihiro Kurokawa	19:05	40-44:	Jennifer Helm	25:04
	Fernando Garcia	19:40		Robyn Bray	31:46
	Marccone Soares Oliveira	19:56			
45-49:	Quendell Miller	18:58	45-49:	Cami Sitz	24:40
	Guillermo Toral	22:15		Jie Wang	26:35
	Chad Kaneshige	23:48		Charlene Johnson	26:56
50-54:	Jose Ramirez	18:04	50-54:	Sunny Yang	24:16
	Johnny Chen	21:07		Wen You	24:53
	Bill Knox	21:52		Leslie Smith-Dumars	28:05

55-59:	John Cosentino	22:03	55-59:	Hongjian Li	26:40
	Vijayan Nair	22:55		Gowa Borzigin	28:44
	Ronald Combs	23:21		Tina Jasper	33:31
60-64:	Fred Ellefson	22:37	60-64:	Dawn Burke	25:41
	Ron Wahlquist	23:37		Debbie Brewer	31:09
	Bradley Gardner	23:57		Lynne Najera	45:08
65-69:	Leo Lane	27:07	65-69:	Sunao Saito	30:18
	Cary Sherf	27:08		Terry Gonzalez	31:28
	Sigi Diaz	27:10		Debye Humphrey	35:56
70-74:	Mike Fields	25:08			
	Glen Taylor	27:42			
	Bruce Johnson	30:23			
75-79:	James Gabhart	37:45	75-79:	Andi Miner	34:33
	Bill Shirley	40:21		Nancy Lowden	48:02
	Alan Davis	40:21		Marylyn Patrick	1:05:50
80-ov:	Wally Capps	31:12	80-ov:	Bettye Haynes	52:00
Clydes:	Timothy Davis	28:34			
	William Swafford	44:10			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6		
1	Arthur LaPointe	4:57	1 Charlotte Booker	5:32
2	Angel Garcia	5:29	2 Bobbi Hendricks	6:03
BOYS 7-9		GIRLS 7-9		
1	Reid Gaffney	4:16	1 Olivia Booker	5:05
2	Adam Awwad	4:32	2 Charlotte Ehlinger	5:50
BOYS 10-12		GIRLS 10-12		
1	Brayden Nowell	4:05	1 Kenedy Card	4:01
			2 Katelyn Rudd	6:14

Plano Pacers 5K Results---Saturday, May 29, 2021

			FinTime	Pace	5Keq	Score
1.	Eric Bretl	29 m	16:44	5:23	16.7	89.9
2.	Carlos Parra Carrasquer	35 m	17:55	5:46	17.9	85.4
3.	Felix Gonzalez	42 m	18:00	5:48	18.0	87.8
4.	Jose Ramirez	52 m	18:04	5:49	18.1	93.2
5.	Jose Lopez	36 m	18:11	5:51	18.2	84.4
6.	Gustavo Aguirre	28 m	18:17	5:53	18.3	82.1
7.	Joseph Uc	15 m	18:28	5:57	18.5	87.5
8.	Joseph Cervantez	35 m	18:36	5:59	18.6	82.2
9.	Alex Elizondo	20 m	18:52	6:04	18.9	80.9
10.	Quendell Miller	47 m	18:58	6:06	19.0	85.8
11.	Chihiro Kurokawa	41 m	19:05	6:09	19.1	82.3
12.	Matthew Parks	17 m	19:12	6:11	19.2	81.7
13.	Matthew Smith	35 m	19:15	6:12	19.2	79.4
14.	Fernando Garcia	43 m	19:40	6:20	19.7	80.8
15.	Marcone Soares Oliveira	41 m	19:56	6:25	19.9	78.8
16.	Jason Bogardus	43 m	20:04	6:28	20.1	79.2
17.	Luke Sitz	14 m	20:07	6:28	20.1	81.9
18.	Mark Miller	43 m	20:16	6:31	20.3	78.4
19.	Jennifer Pope	34 f	20:21	6:33	20.3	84.9
20.	Cristian Bedoya	12 m	20:52	6:43	20.9	82.9
21.	Johnny Chen	52 m	21:07	6:48	21.1	79.8

22.	Chip Gorman	58 m	21:13	6:50	21.2	83.3
23.	Austin Schubert	28 m	21:26	6:54	21.4	70.1
24.	Leonardo Elizondo	14 m	21:27	6:54	21.4	76.8
25.	Zachary Shirley	30 m	21:29	6:55	21.5	70.1
26.	Pierre Lapointe	44 m	21:38	6:58	21.6	73.8
27.	Stephen Wahlquist	15 m	21:45	7:00	21.7	74.3
28.	Bill Knox	50 m	21:52	7:02	21.9	75.9
29.	Noah Skocilich	43 m	21:56	7:04	21.9	72.4
30.	John Cosentino	58 m	22:03	7:06	22.0	80.2
31.	Guillermo Toral	49 m	22:15	7:10	22.2	74.1
32.	Samuel Nowell	10 m	22:18	7:11	22.3	82.7
33.	Fred Ellefson	61 m	22:37	7:17	22.6	80.3
34.	Paul Cheng	28 m	22:38	7:17	22.6	66.4
35.	Vijayan Nair	58 m	22:55	7:23	22.9	77.2
36.	Yvonne Thapa	50 f	23:19	7:30	23.3	80.7
37.	Ronald Combs	59 m	23:21	7:31	23.3	76.4
38.	Ron Wahlquist	63 m	23:37	7:36	23.6	78.4
39.	Chad Kaneshige	45 m	23:48	7:40	23.8	67.5
40.	Pedro Garces	46 m	23:51	7:41	23.8	67.8
41.	Brayden Nowell	12 m	23:51	7:41	23.8	72.5
42.	Bradley Gardner	63 m	23:57	7:43	23.9	77.4
43.	Marc Zimmerman	61 m	23:59	7:43	24.0	75.8
44.	Stephen Flores	51 m	23:59	7:43	24.0	69.7
45.	Joey Steininger	36 m	24:04	7:45	24.1	63.8
46.	Xiaolu Cui	38 f	24:05	7:45	24.1	72.9
47.	Avalon Sitz	11 f	24:12	7:47	24.2	83.5
48.	Sunny Yang	52 f	24:16	7:49	24.3	78.7
49.	Alan Kaplan	57 m	24:19	7:50	24.3	72.1
50.	Yang Meng	52 m	24:20	7:50	24.3	69.2
51.	Jonathan Card	45 m	24:23	7:51	24.4	65.9
52.	Kenedy Card	11 f	24:24	7:51	24.4	82.8
53.	Stephan Van Coppenole	45 m	24:27	7:52	24.4	65.7
54.	Luoyi Zhang	42 m	24:33	7:54	24.5	64.3
55.	Cami Sitz	48 f	24:40	7:56	24.7	75.2
56.	James Drumm	63 m	24:42	7:57	24.7	75.0
57.	Lixiang Chen	56 m	24:51	8:00	24.8	69.9
58.	Wen You	51 f	24:53	8:01	24.9	76.2
59.	Jeffrey Simon	45 m	24:54	8:01	24.9	64.5
60.	Jennifer Helm	41 f	25:04	8:04	25.1	71.0
61.	Ben Kaplan	17 m	25:06	8:05	25.1	62.5
62.	Mike Fields	70 m	25:08	8:05	25.1	79.5
63.	Abigail Bray	14 f	25:14	8:07	25.2	74.0
64.	Selah Sitz	13 f	25:27	8:11	25.4	75.0
65.	Maria Moore	60 f	25:28	8:12	25.5	80.1
66.	Dawn Burke	60 f	25:41	8:16	25.7	79.4
67.	Jon M Johnson	63 m	25:50	8:19	25.8	71.7
68.	Frank Bedoya	42 m	26:17	8:28	26.3	60.1
69.	Day-Ruey Liu	62 m	26:20	8:29	26.3	69.7
70.	Jack Sun	55 m	26:28	8:31	26.5	65.1
71.	Harold Balatbat	38 m	26:31	8:32	26.5	58.4
72.	Jie Wang	47 f	26:35	8:33	26.6	69.4
73.	Ray Qiao	47 m	26:36	8:34	26.6	61.2
74.	Jonathan Szeto	44 m	26:39	8:35	26.6	59.9
75.	Hongjian Li	55 f	26:40	8:35	26.7	73.3
76.	William Liu	20 m	26:55	8:40	26.9	56.7
77.	Charlene Johnson	49 f	26:56	8:40	26.9	69.4
78.	Leo Lane	65 m	27:07	8:44	27.1	69.7
79.	Cary Sherf	68 m	27:08	8:44	27.1	72.0
80.	Sigi Diaz	67 m	27:10	8:45	27.2	71.1
81.	Jeff Smith	60 m	27:18	8:47	27.3	65.9
82.	Bruce Brandeland	67 m	27:22	8:49	27.4	70.6
83.	Bruce Liu	19 m	27:23	8:49	27.4	56.1
84.	Samie Leigh	32 f	27:34	8:52	27.6	62.2

85.	Chris Sealy	51 m	27:37	8:53	27.6	60.5
86.	Glen Taylor	72 m	27:42	8:55	27.7	73.9
87.	Joseph Helm	14 m	28:01	9:01	28.0	58.8
88.	Leslie Smith-Dumars	54 f	28:05	9:02	28.1	69.0
89.	Thomas Conlon	68 m	28:29	9:10	28.5	68.6
90.	Timothy Davis	59 m	28:34	9:12	28.6	62.4
91.	Mehran Ehsan	39 m	28:39	9:13	28.6	54.3
92.	Christopher Orton	24 m	28:41	9:14	28.7	52.4
93.	Gowa Borzigin	55 f	28:44	9:15	28.7	68.0
94.	Debbie Riedner	51 f	29:09	9:23	29.1	65.0
95.	Tomas Bern	57 m	29:18	9:26	29.3	59.8
96.	Guru Mathur	40 m	29:20	9:26	29.3	53.3
97.	Yue Cao	46 f	29:41	9:33	29.7	61.7
98.	Angela Bing Victorio	49 f	30:01	9:40	30.0	62.2
99.	Ryan Brown	38 m	30:03	9:40	30.0	51.5
100.	Ryan Pogue	49 m	30:07	9:42	30.1	54.7
101.	Sunao Saito	67 f	30:18	9:45	30.3	72.3
102.	Bruce Johnson	74 m	30:23	9:47	30.4	69.1
103.	Dani Steininger	36 f	30:26	9:48	30.4	57.2
104.	Sarah Chandler	34 f	30:32	9:50	30.5	56.6
105.	Shungo Saito	62 m	30:34	9:50	30.6	60.0
106.	Ivy Andrews	14 f	30:53	9:56	30.9	60.4
107.	David McMahon	60 m	31:01	9:59	31.0	58.0
108.	Debbie Brewer	61 f	31:09	10:02	31.1	66.1
109.	Wally Capps	80 m	31:12	10:03	31.2	73.1
110.	Andy Beach	63 m	31:15	10:03	31.2	59.3
111.	Terry Gonzalez	66 f	31:28	10:08	31.5	68.8
112.	Scott Orton	54 m	31:30	10:08	31.5	54.3
113.	Abhiman Hande	47 m	31:33	10:09	31.5	51.6
114.	Robyn Bray	41 f	31:46	10:13	31.8	56.1
115.	Teri Black	48 f	32:41	10:31	32.7	56.8
116.	Denise Langford	51 f	32:56	10:36	32.9	57.5
117.	Sheng Li	37 m	33:18	10:43	33.3	46.3
118.	Tina Jasper	57 f	33:31	10:47	33.5	59.3
119.	Deborah Azar	51 f	34:23	11:04	34.4	55.1
120.	Andi Miner	76 f	34:33	11:07	34.5	70.7
121.	Robert Cui	9 m	35:08	11:18	35.1	54.7
122.	Alfred Wilkinson	73 m	35:32	11:26	35.5	58.3
123.	Lisa Deitemeyer	52 f	35:34	11:27	35.6	53.7
124.	Deanna Collins	52 f	35:43	11:30	35.7	53.4
125.	Debye Humphrey	67 f	35:56	11:34	35.9	60.9
126.	Bob Luchsinger	71 m	36:00	11:35	36.0	56.2
127.	Steve Standifer	66 m	36:18	11:41	36.3	52.6
128.	Dan Wu	37 f	36:31	11:45	36.5	47.8
129.	Ken Ashby	68 m	36:37	11:47	36.6	53.3
130.	Jerri Hixson	67 f	36:57	11:54	36.9	59.3
131.	James Gabhart	79 m	37:45	12:09	37.7	59.5
132.	Megan Andrews	37 f	37:58	12:13	38.0	46.0
133.	Nathan Szeto	9 m	40:03	12:53	40.0	48.0
134.	Bill Shirley	78 m	40:21	12:59	40.3	54.9
135.	Alan Davis	76 m	40:21	12:59	40.3	53.4
136.	Martha Kuhlman	56 f	42:42	13:45	42.7	46.1
137.	Emily Liu	59 f	43:12	13:54	43.2	46.8
138.	Madelin Marruffo	15 f	43:58	14:09	44.0	41.7
139.	Adrian Marruffo	67 m	43:58	14:09	44.0	43.9
140.	William Swafford	69 m	44:10	14:13	44.2	44.7
141.	Ed Humphrey	70 m	44:28	14:19	44.5	45.0
142.	Lynne Najera	63 f	45:08	14:32	45.1	46.5
143.	Lauren Smith	34 f	45:54	14:46	45.9	37.6
144.	Nancy Lowden	79 f	48:02	15:28	48.0	53.0
145.	Mike Colvin	68 m	48:16	15:32	48.3	40.5
146.	James Langford	54 m	48:22	15:34	48.4	35.4
147.	Ann Gadberry	62 f	49:49	16:02	49.8	41.7

148.	Bettye Haynes	84 f	52:00	16:44	52.0	52.8
149.	Marylyn Patrick	77 f	1:05:50	21:11	65.8	37.6

Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, May 29, 2021

			FinTime	Pace	5Keq	Score
1.	Kenedy Card	11 f	4:01	6:28	23.7	85.1
2.	Brayden Nowell	12 m	4:05	6:34	24.1	71.6
3.	Reid Gaffney	7 m	4:16	6:52	25.2	83.9
4.	Adam Awwad	8 m	4:32	7:18	26.8	75.0
5.	Max Davis	8 m	4:48	7:44	28.4	70.8
6.	Arthur LaPointe	6 m	4:57	7:58	29.3	76.6
7.	Olivia Booker	8 f	5:05	8:11	30.0	75.8
8.	Omar Chemaou	7 m	5:11	8:21	30.6	69.0
9.	Faris Awwad	7 m	5:18	8:32	31.3	67.5
10.	Angel Garcia	4 m	5:29	8:50	32.4	79.0
11.	Teddy Hendricks	7 m	5:30	8:51	32.5	65.1
12.	Charlotte Booker	6 f	5:32	8:54	32.7	77.6
13.	Gustavo Aguirre	6 m	5:37	9:02	33.2	67.5
14.	Nathan Szeto	9 m	5:40	9:07	33.5	57.3
15.	Jackson Collins	7 m	5:48	9:20	34.3	61.7
16.	Case Robertson	7 m	5:49	9:22	34.4	61.5
17.	Charlotte Ehlinger	7 f	5:50	9:23	34.5	69.5
18.	Luke Nguyen	8 m	5:53	9:28	34.8	57.8
19.	Ian Davis	8 m	5:58	9:36	35.3	57.0
20.	Bobbi Hendricks	5 f	6:03	9:44	35.8	75.7
21.	Katelyn Rudd	10 f	6:14	10:02	36.8	56.8
22.	Ana Nguyen	5 f	6:22	10:15	37.6	71.9
23.	Lillian Szeto	5 f	6:24	10:18	37.8	71.5
24.	Hayes Gaffney	4 m	6:34	10:34	38.8	66.0
25.	Emmanuel Heredia	5 m	6:48	10:57	40.2	59.4
26.	Daphne Miller	8 f	6:51	11:02	40.5	56.3
27.	Mateo Delgado	4 m	6:53	11:05	40.7	63.0
28.	Ana Delgado	6 f	8:32	13:44	50.4	50.3
29.	Quinn Steininger	5 f	8:33	13:46	50.5	53.5
30.	Mira Steininger	3 f	9:17	14:57	54.9	57.1
31.	Chloe Ehlinger	6 f	14:05	22:40	83.2	30.5
32.	Cheri Ehlinger	4 f	14:07	22:43	83.4	34.8
* 33.	Braun Ehlinger	2 m	14:11	22:50	83.8	
34.	Isabella Aguirre	3 f	16:25	26:25	97.0	32.3

* Carried partially or otherwise aided through race.

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?
 FinTime is the official individual finish time in (h:)mm:ss format.
 Pace is the calculated average pace per mile in mm:ss format.
 5Keq is the equivalent 5K finish time in minutes and tenths.
 Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Maria Davis

Bettye Haynes

Jim Gabhart

Debbie Brewer

Chris Brewer

Stephen Wahlquist

Ron Wahlquist