

Plano Pacers Spring Scamper 5K, 10K, & Jr. Sprint

at Bob Woodruff Park, Plano, TX
Saturday March 25, 2023

5K TOP FINISHERS

MEN		WOMEN		
1	Grayson Klosowski	16:55	1 Marla Maupin	23:48
2	Jim Dietz	17:48	2 Lindsey Stutchman	25:20
3	Yash Hooda	18:51	3 Kathryn Bauroth	26:40
4	Gavin Gajraj	18:57	4 Brooke Fricke	26:40
5	Paul Barker	19:00	5 Sarah Jane Cobbs	26:40
6	Guillermo Toral	19:57	6 Hong Lin	27:39
7	Kevin Glover	20:15	7 Jenny Cobbs	28:02
8	Pierre Lapointe	20:37	8 Michelle Bouck	29:17
9	Taisong He	21:09	9 Charlene Johnson	29:22
10	Hector Delgado	21:16	10 Eleanor Matheney	29:25
Overall: Grayson Klosowski		16:55	Overall: Marla Maupin	23:48
Master: Jim Dietz		17:48	Master: Lindsey Stutchman	25:20
Senior: Ron Wahlquist		21:44	Senior: Terry Gonzalez	30:08
9-un: Xander Gonzalez		26:16	9-un: Eleanor Matheney	29:25
Andy Ma		26:58		
Peter Matheney		27:58		
10-14: Kevin Glover		20:15	10-14: Sarah Jane Cobbs	26:40
Josiah Elliott		27:14	Brooke Fricke	26:40
Yuanben Zhang		31:06	Kathryn Bauroth	26:40
			15-19: Caroline Cobbs	32:02
			Katie Manz	36:36
20-24: Yash Hooda		18:51		
Gavin Gajraj		18:57		
Guillermo Toral Jr.		24:37		
25-29: Christopher Orton		30:00	25-29: Breanna Springer	33:27
			Tang Tiffany	49:58
30-34: Taisong He		21:09	30-34: Katy Dass	29:35
Shane Purser		24:59	Cathy De Jesus	34:44
			Jerardy Carela	37:08
35-39: Stephen Manz		24:55	35-39: Erin Glover	30:13
			Camilla Williamson	32:38
			Jennifer Ma	34:00
			40-44: Johanna Rivas	43:12
45-49: Pierre Lapointe		20:37	45-49: Hong Lin	27:39
Jeffery Elliott		27:15	Jenny Cobbs	28:02
Robert Manz		28:29	Gloria De Jesus	32:42
50-54: Paul Barker		19:00	50-54: Michelle Bouck	29:17
Guillermo Toral		19:57	Charlene Johnson	29:22
Hector Delgado		21:16	Denise Langford	32:33
55-59: Lixiang Chen		21:47	55-59: June Orth	32:32
Scott Orton		31:39	Enxi Huang	32:49
James Langford		32:32	Alese Pantalion	36:03

60-64:	Vijayan Nair	22:56	60-64:	Audrey Stansbury	31:25
	Alberto Ramirez	25:26		Jeanmarie Holm	35:31
	Tony Tang	27:42		Emily Liu	44:11
65-69:	Alan Solano	26:47	65-69:	Jay Sheth	43:54
	Charles Brown	27:05		Debbie Tressa	53:19
	Johnson Jon	27:37			
75-79:	Bill Shirley	34:33	75-79:	Andi Miner	36:08
	Thomas Vaughn	48:48			
	Jim Tressa	53:04			
			80-84:	Nancy Lowden	50:44
			85-89:	Maria Johnston	48:11
Clydes:	Zach Lowrance	27:18			
	Dennis Chupp	44:42			
	John Kramer	48:03			

10K TOP FINISHERS

MEN			WOMEN		
1	Eric Bretl	36:28	1	Melanie Lassen	37:31
2	Alberto Castro	36:56	2	Sunita Singh	42:53
3	Erik Tristan	37:14	3	Leann Dietze	46:01
4	Gustavo Aguirre	37:27	4	Xiaolu Cui	47:19
5	Jose Lopez	37:43	5	Jessica Campbell	49:50
6	Francisco Adame	37:48	6	Wen You	50:53
7	Ronny LeFebvre	38:17	7	Yunxia Cai	51:44
8	Pedro Carela	38:51	8	Bryanna Barnett	53:44
9	Shihui Mang	39:29	9	Shaorong Chang	54:28
10	David Clem	40:01	10	Frances McKissick	55:05
Overall:	Eric Bretl	36:28	Overall:	Melanie Lassen	37:31
Master:	Alberto Castro	36:56	Master:	Sunita Singh	42:53
Senior:	Michael Held	40:43	Senior:	Frances McKissick	55:05
15-19:	Gavin Doll	59:24			
20-24:	Jared Osborn	1:00:02	20-24:	Bryanna Barnett	53:44
25-29:	Erik Tristan	37:14			
	Nick Blachly	40:39			
	Shokhvrit Mand	48:12			
30-34:	Gustavo Aguirre	37:27	30-34:	Leann Dietze	46:01
	Pedro Carela	38:51		Pouriska Kivanany	58:58
	Zachary Shirley	52:51		Cheyenne Meyer	59:09
35-39:	Jose Lopez	37:43	35-39:	Jessica Campbell	49:50
	Michael Sasala	42:31		Anna Trevino	1:01:03
	Jace Whatley	52:04			
40-44:	Reza Sardari	48:12	40-44:	Xiaolu Cui	47:19
	Luoyi Zhang	50:32		Shaorong Chang	54:28
	Muraya Muraguri	50:57		Missy Wilson	58:18
45-49:	Francisco Adame	37:48	45-49:	Julie Kaner	56:03
	David Clem	40:01			
	Quendell Miller	41:05			

50-54:	Ronny LeFebvre	38:17	50-54:	Wen You	50:53
	Shihui Mang	39:29		Yunxia Cai	51:44
	Jian Chen	45:46		Lu Shen	1:06:51
55-59:	Greg Rankin	40:59	55-59:	Renee Mitchell	59:12
	Kan Meng	43:54		Gowa Borzigin	1:24:58
	Gary Spence	48:41			
60-64:	Jim Cavanaugh	50:41	60-64:	Xiaoge She	1:02:34
	John Bryson	56:53			
	Day-Ruey Liu	57:03			
65-69:	Bruce Brandeland	57:25	65-69:	Sunao Saito	1:01:39
				Brenda Jacobs	1:04:57
				Sherry Freeland	1:11:09
70-74:	Mike Fields	48:40			
	Tom Conlon	56:23			
	Ken Ashby	1:22:48			
75-79:	Herb Armstrong	1:03:15			
	Michael Zinn	1:04:14			
	Bruce Johnson	1:10:54			
80-84:	Wally Capps	1:09:39			
Clydes:	William Swafford	1:48:09			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6		
1	Angel Garcia	4:47	1 Kayla Carela	6:49
2	Luke Richards	8:26	2 Reva Shah	6:53
BOYS 7-9		GIRLS 7-9		
1	Arthur LaPointe	4:31	1 Ruby Lopez	5:01
2	Max Lamaev	4:45	2 Bobbi Hendricks	6:20
BOYS 10-12		GIRLS 10-12		
1	Jacob Martinez	4:56	1 Kathryn Bauroth	3:53
			2 Ara Stutchman	5:16

Plano Pacers 5K Results---Saturday, March 25, 2023

		FinTime	Pace	5Keq	Score	
1.	Grayson Klosowski	20 m	16:55	5:27	16.9	90.2
2.	Jim Dietz	62 m	17:48	5:44	17.8	103.1
3.	Yash Hooda	21 m	18:51	6:04	18.8	80.5
4.	Gavin Gajraj	20 m	18:57	6:06	18.9	80.5
5.	Paul Barker	53 m	19:00	6:07	19.0	89.3
6.	Guillermo Toral	51 m	19:57	6:25	19.9	83.8
7.	Kevin Glover	11 m	20:15	6:31	20.2	88.0
8.	Pierre Lapointe	46 m	20:37	6:38	20.6	78.4
9.	Taisong He	31 m	21:09	6:48	21.1	71.4
10.	Hector Delgado	54 m	21:16	6:51	21.3	80.4
11.	Ron Wahlquist	65 m	21:44	7:00	21.7	87.0
12.	Lixiang Chen	58 m	21:47	7:01	21.8	81.2
13.	Johnny Chen	54 m	22:10	7:08	22.2	77.2
14.	Vijayan Nair	60 m	22:56	7:23	22.9	78.5
15.	Marla Maupin	50 f	23:48	7:40	23.8	79.1
16.	Guillermo Toral Jr.	23 m	24:37	7:55	24.6	61.2
17.	Stephen Manz	39 m	24:55	8:01	24.9	62.4
18.	Shane Purser	30 m	24:59	8:02	25.0	60.3

19.	Lindsey Stutchman	41 f	25:20	8:09	25.3	70.3
20.	Alberto Ramirez	64 m	25:26	8:11	25.4	73.6
21.	Xander Gonzalez	8 m	26:16	8:27	26.3	76.5
22.	Kathryn Buroth	12 f	26:40	8:35	26.7	73.5
23.	Brooke Fricke	13 f	26:40	8:35	26.7	71.6
24.	Sarah Jane Cobbs	13 f	26:40	8:35	26.7	71.6
25.	Alan Solano	67 m	26:47	8:37	26.8	72.1
26.	Andy Ma	8 m	26:58	8:41	27.0	74.5
27.	Charles Brown	68 m	27:05	8:43	27.1	72.1
28.	Josiah Elliott	13 m	27:14	8:46	27.2	61.8
29.	Jeffery Elliott	46 m	27:15	8:46	27.2	59.3
30.	Zach Lowrance	98 m	27:18	8:47	27.3	114.0
31.	Johnson Jon	65 m	27:37	8:53	27.6	68.5
32.	Hong Lin	48 f	27:39	8:54	27.6	67.1
33.	Tony Tang	62 m	27:42	8:55	27.7	66.2
34.	Peter Matheney	8 m	27:58	9:00	28.0	71.9
35.	Jenny Cobbs	47 f	28:02	9:01	28.0	65.8
36.	Robert Manz	47 m	28:29	9:10	28.5	57.1
37.	Bill Kipp	48 m	28:44	9:15	28.7	57.0
38.	Michelle Bouck	54 f	29:17	9:26	29.3	66.2
39.	Charlene Johnson	51 f	29:22	9:27	29.4	64.5
40.	Eleanor Matheney	9 f	29:25	9:28	29.4	74.0
41.	Katy Dass	33 f	29:35	9:31	29.6	58.2
42.	Christopher Orton	26 m	30:00	9:39	30.0	50.0
43.	Terry Gonzalez	68 f	30:08	9:42	30.1	73.5
44.	Erin Glover	38 f	30:13	9:44	30.2	58.1
45.	Yuanben Zhang	13 m	31:06	10:01	31.1	54.2
46.	Neha Sharan	14 f	31:07	10:01	31.1	60.0
47.	Audrey Stansbury	60 f	31:25	10:07	31.4	64.9
48.	Scott Orton	56 m	31:39	10:11	31.6	54.9
49.	Jeff Smith	62 m	31:52	10:15	31.9	57.6
50.	Caroline Cobbs	15 f	32:02	10:19	32.0	57.2
51.	James Langford	56 m	32:32	10:28	32.5	53.4
52.	June Orth	59 f	32:32	10:28	32.5	62.1
53.	Denise Langford	52 f	32:33	10:29	32.5	58.6
54.	Camilla Williamson	39 f	32:38	10:30	32.6	54.0
55.	Gloria De Jesus	47 f	32:42	10:31	32.7	56.4
56.	Enxi Huang	58 f	32:49	10:34	32.8	61.1
57.	Alan Carruthers	63 m	32:50	10:34	32.8	56.4
58.	Emmanuel Rivas	14 m	33:16	10:42	33.3	49.5
59.	Breanna Springer	28 f	33:27	10:46	33.4	50.9
60.	Joshua Ma	9 m	33:55	10:55	33.9	56.6
61.	Jennifer Ma	39 f	34:00	10:57	34.0	51.9
62.	Bill Shirley	79 m	34:33	11:07	34.5	65.0
63.	Cathy De Jesus	30 f	34:44	11:11	34.7	49.2
64.	Jeanmarie Holm	61 f	35:31	11:26	35.5	58.0
65.	Leonard Yager	59 m	35:42	11:29	35.7	50.0
66.	Mark Osborn	49 m	35:46	11:31	35.8	46.1
67.	Veronica Soto	52 f	35:54	11:33	35.9	53.2
68.	Alese Pantalion	58 f	36:03	11:36	36.0	55.6
69.	Andi Miner	78 f	36:08	11:38	36.1	69.5
70.	Venkateswara Moorthy	50 m	36:34	11:46	36.6	45.4
71.	Katie Manz	16 f	36:36	11:47	36.6	49.2
72.	Senthilkumar Krishnan	45 m	36:45	11:50	36.7	43.7
73.	Katherine Ritenour	39 f	37:08	11:57	37.1	47.5
74.	Jerardy Carela	33 f	37:08	11:57	37.1	46.4
75.	Elise Harper	53 f	38:37	12:26	38.6	49.8
76.	Carlos Rivas	48 m	40:50	13:09	40.8	40.1
77.	Johanna Rivas	43 f	43:12	13:54	43.2	41.7
78.	Jay Sheth	68 f	43:54	14:08	43.9	50.4
79.	Emily Liu	60 f	44:11	14:13	44.2	46.2
80.	Dennis Chupp	65 m	44:42	14:23	44.7	42.3
81.	Grace Walker	62 f	45:18	14:35	45.3	45.9

82.	John Kramer	98 m	48:03	15:28	48.0	64.8
83.	Maria Johnston	85 f	48:11	15:31	48.2	57.9
84.	Thomas Vaughn	77 m	48:48	15:42	48.8	44.8
85.	Tang Tiffany	25 f	49:58	16:05	50.0	34.0
86.	Nancy Lowden	81 f	50:44	16:20	50.7	51.7
87.	Jim Tressa	78 m	53:04	17:05	53.1	41.8
88.	Heidi Orton	55 f	53:16	17:09	53.3	36.7
89.	Debbie Tressa	68 f	53:19	17:10	53.3	41.5
90.	Ed Humphrey	98 m	53:36	17:15	53.6	58.1

Plano Pacers 10K Results---Saturday, March 25, 2023

			FinTime	Pace	5Keq	Score
1.	Eric Bretl	30 m	36:28	5:52	17.4	86.8
2.	Alberto Castro	42 m	36:56	5:57	17.6	89.8
3.	Erik Tristan	29 m	37:14	6:00	17.7	84.8
4.	Gustavo Aguirre	30 m	37:27	6:02	17.8	84.5
5.	Melanie Lassen	31 f	37:31	6:02	17.9	95.8
6.	Jose Lopez	37 m	37:43	6:04	18.0	85.8
7.	Francisco Adame	49 m	37:48	6:05	18.0	91.6
8.	Ronny LeFebvre	51 m	38:17	6:10	18.2	91.7
9.	Pedro Carela	34 m	38:51	6:15	18.5	82.4
10.	Shihui Mang	53 m	39:29	6:21	18.8	90.3
11.	David Clem	45 m	40:01	6:26	19.1	84.3
12.	Nick Blachly	27 m	40:39	6:33	19.4	77.5
13.	Michael Held	57 m	40:43	6:33	19.4	90.4
14.	Greg Rankin	56 m	40:59	6:36	19.5	89.1
15.	Quendell Miller	48 m	41:05	6:37	19.6	83.7
16.	Michael Sasala	36 m	42:31	6:51	20.2	75.8
17.	Mark Miller	45 m	42:32	6:51	20.3	79.3
18.	Sunita Singh	50 f	42:53	6:54	20.4	92.1
19.	Kan Meng	57 m	43:54	7:04	20.9	83.8
20.	Jian Chen	51 m	45:46	7:22	21.8	76.7
21.	Leann Dietze	30 f	46:01	7:24	21.9	77.9
22.	Daolin Tang	46 m	47:16	7:36	22.5	71.8
23.	Xiaolu Cui	40 f	47:19	7:37	22.5	78.6
24.	Reza Sardari	40 m	48:12	7:45	23.0	68.1
25.	Shokhvrit Mand	25 m	48:12	7:45	23.0	65.4
26.	Mike Fields	72 m	48:40	7:50	23.2	88.4
27.	Gary Spence	56 m	48:41	7:50	23.2	75.0
28.	Vijayaraghava Reddy	45 m	48:58	7:53	23.3	68.9
29.	Guofan Chen	51 m	49:01	7:53	23.3	71.6
30.	Lei Tan	59 m	49:19	7:56	23.5	76.0
31.	Yonghua Liu	52 m	49:35	7:59	23.6	71.3
32.	Yang Meng	54 m	49:46	8:01	23.7	72.2
33.	Jessica Campbell	36 f	49:50	8:01	23.7	73.3
34.	Luoyi Zhang	44 m	50:32	8:08	24.1	66.4
35.	Jim Cavanaugh	63 m	50:41	8:09	24.1	76.8
36.	Wen You	53 f	50:53	8:11	24.2	79.4
37.	Muraya Muraguri	40 m	50:57	8:12	24.3	64.4
38.	Yunxia Cai	53 f	51:44	8:20	24.6	78.1
39.	Jace Whatley	37 m	52:04	8:23	24.8	62.2
40.	Pedro Garces	48 m	52:04	8:23	24.8	66.0
41.	Muduo Lin	49 m	52:44	8:29	25.1	65.7
42.	Zachary Shirley	32 m	52:51	8:30	25.2	60.2
43.	Seth Randall	35 m	53:02	8:32	25.3	60.6
44.	Michael Hundt	47 m	53:35	8:37	25.5	63.8
45.	Bryanna Barnett	23 f	53:44	8:39	25.6	66.7
46.	Joshua Matheney	33 m	53:47	8:39	25.6	59.3
47.	Shaorong Chang	44 f	54:28	8:46	25.9	69.8
48.	Tony Doll	44 m	54:29	8:46	25.9	61.6
49.	Francesc McKissick	60 f	55:05	8:52	26.2	77.8
50.	Chad Kaneshige	47 m	55:07	8:52	26.2	62.0
51.	Stephen Flores	53 m	55:30	8:56	26.4	64.2

52.	Arturo Navarro	45 m	55:46	8:58	26.6	60.5
53.	Julie Kaner	49 f	56:03	9:01	26.7	70.0
54.	Tom Conlon	70 m	56:23	9:04	26.8	74.4
55.	Harold Balatbat	40 m	56:33	9:06	26.9	58.1
56.	John Bryson	64 m	56:53	9:09	27.1	69.1
57.	Sridhar Rajagopal	45 m	57:03	9:11	27.2	59.1
58.	Day-Ruey Liu	64 m	57:03	9:11	27.2	68.9
59.	Bruce Brandeland	69 m	57:25	9:14	27.3	72.3
60.	Matthew Blokzyl	50 m	58:12	9:22	27.7	59.9
61.	Missy Wilson	43 f	58:18	9:23	27.8	64.8
62.	Pouriska Kivanany	33 f	58:58	9:29	28.1	61.3
63.	Cheyenne Meyer	30 f	59:09	9:31	28.2	60.6
64.	Paul Shields	52 m	59:09	9:31	28.2	59.8
65.	Renee Mitchell	58 f	59:12	9:32	28.2	71.1
66.	Gavin Doll	16 m	59:24	9:34	28.3	56.2
67.	Heather Zeiger	42 f	59:50	9:38	28.5	62.8
68.	Jared Osborn	20 m	1:00:02	9:40	28.6	53.4
69.	David Zeiger	41 m	1:00:44	9:46	28.9	54.3
70.	Anna Trevino	39 f	1:01:03	9:50	29.1	60.6
71.	Sunao Saito	68 f	1:01:39	9:55	29.4	75.4
72.	Xiaoge She	60 f	1:02:34	10:04	29.8	68.5
73.	Herb Armstrong	75 m	1:03:15	10:11	30.1	70.6
74.	Sarah Crystal	31 f	1:03:57	10:18	30.5	56.2
75.	Michael Zinn	75 m	1:04:14	10:20	30.6	69.5
76.	Brenda Jacobs	65 f	1:04:57	10:27	30.9	69.3
77.	Lu Shen	50 f	1:06:51	10:46	31.8	59.1
78.	Sabrina Shi	51 f	1:06:52	10:46	31.8	59.5
79.	Shungo Saito	64 m	1:06:57	10:46	31.9	58.7
80.	Wally Capps	82 m	1:09:39	11:13	33.2	70.8
81.	Bruce Johnson	75 m	1:10:54	11:25	33.8	63.0
82.	Sherry Freeland	67 f	1:11:09	11:27	33.9	64.6
83.	Sanjay Patel	51 m	1:12:02	11:36	34.3	48.7
84.	Ken Ashby	70 m	1:22:48	13:20	39.4	50.7
85.	Gowa Borzigin	57 f	1:24:58	13:40	40.5	49.1
86.	Debye Humphrey	68 f	1:28:41	14:16	42.2	52.4
87.	William Swafford	98 m	1:48:09	17:24	51.5	60.4

Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, March 25, 2023

			FinTime	Pace	5Keq	Score
1.	Kathryn Bauroth	12 f	3:53	6:15	22.9	85.4
2.	Arthur LaPointe	8 m	4:31	7:16	26.7	75.3
3.	Max Lamaev	8 m	4:45	7:39	28.1	71.6
4.	Angel Garcia	6 m	4:47	7:42	28.3	79.2
5.	Jacob Martinez	10 m	4:56	7:56	29.2	63.3
6.	Ruby Lopez	8 f	5:01	8:04	29.6	76.8
7.	Ara Stutchman	10 f	5:16	8:29	31.1	67.2
8.	Adam Stutchman	7 m	5:31	8:53	32.6	64.9
9.	Bobbi Hendricks	7 f	6:20	10:12	37.4	64.0
10.	Eddie Dass	7 f	6:39	10:42	39.3	61.0
11.	Guy Johnson	7 m	6:48	10:57	40.2	52.6
12.	Kayla Carela	5 f	6:49	10:58	40.3	67.2
13.	Suvan Shah	8 m	6:52	11:03	40.6	49.5
14.	Reva Shah	5 f	6:53	11:05	40.7	66.5
15.	Mia Kosanovic	5 f	7:15	11:40	42.8	63.1
16.	Nike Dass	7 f	7:31	12:06	44.4	54.0
17.	Isabella LaPointe	3 f	8:00	12:53	47.3	66.3
18.	Mary Johnson	9 f	8:24	13:31	49.6	43.8
19.	Luke Richards	3 m	8:26	13:34	49.8	55.5
20.	Mikayla Garcia	2 f	10:40	17:10	63.0	54.1
21.	Madeline Johnson	8 f	10:42	17:13	63.2	36.0
22.	Ezekiel Carela	3 m	13:33	21:49	80.1	34.5
23.	Dashton Dass	4 m	13:36	21:53	80.4	31.9
24.	Mira Johnson	1 f	25:37	41:14	151.4	24.7

25. Mindel Johnson

3 f 26:16 42:17 155.2 20.2

New Records:

Maria Johnston, 5K Female 85-90, 48:11 (previous record: Maria Johnston, 51:26, 03/23)
Jim Dietz (5K Male 60-64) tied his record of 17:48 from one year ago.

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?
FinTime is the official individual finish time in (h:)mm:ss format.
Pace is the calculated average pace per mile in mm:ss format.
5Keq is the equivalent 5K finish time in minutes and tenths.
Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Seth Randall
Debbie Brewer
Chris Brewer
Michelle Bouch
Steve Russo
Jeanmarie Holm
Gary Spence
Ron Wahlquist