

# Plano Pacers Holiday Hustle 3K, 8K, & Jr. Sprint

at Bob Woodruff Park, Plano, TX

Saturday December 18, 2021

## 3K TOP FINISHERS

MEN		WOMEN	
1 Colby Mehmen	9:38	1 Becky Angeles	13:32
2 Gustavo Aguirre	10:14	2 Wen You	13:54
3 Meng Zhao	10:35	3 Isabela Delgado	14:15
4 Matthew Parks	10:44	4 Juliana Delgado	14:22
5 Paul Barker	11:25	5 Annabelle Angeles	14:37
6 Jason Bogardus	11:53	6 Ashley Simonm	15:13
7 Hector Delgado	12:21	7 Jie Wang	15:33
8 Levi Saukam	12:21	8 Erin Larue	16:02
9 Pierre Lapointe	12:49	9 Abby Woodson	16:56
10 Stephen Wahlquist	12:54	10 Emily Megchelsen	17:13
Overall: Colby Mehmen	9:38	Overall: Becky Angeles	13:32
Master: Meng Zhao	10:35	Master: Wen You	13:54
Senior: Vijayan Nair	13:48	Senior: Debbie Brewer	17:26
9-un: Nathan Szeto	18:38		
Jonathan Glover	23:00		
10-14: Levi Saukam	12:21	10-14: Isabela Delgado	14:15
Kyle Saukam	12:57	Juliana Delgado	14:22
Samuel Nowell	13:19	Annabelle Angeles	14:37
15-19: Matthew Parks	10:44		
Stephen Wahlquist	12:54		
Keenan Amerson	16:08		
20-24: Joseph Jonathan Hiponia	16:47	20-24: Emily Megchelsen	17:13
25-29: Gustavo Aguirre	10:14		
Sean Barker	15:06		
Daniel Heistand	17:58		
30-34: Nick Longendyke	15:40	30-34: Sarah Barker	22:40
35-39: Ryan Glover	23:02	35-39: Ashley Simonm	15:13
		Erin Larue	16:02
40-44: Jason Bogardus	11:53	40-44: Wendy Wildt	29:18
Mark Chalkley	13:41		
Greg Amerson	23:10		
45-49: Pierre Lapointe	12:49	45-49: Jie Wang	15:33
David Nemcok	17:50		
50-54: Paul Barker	11:25	50-54: Elise Harper	19:41
Hector Delgado	12:21		
55-59: Hugo Araujo	19:20	55-59: Enxi Huang	20:33
60-64: James Drumm	16:30		
65-69: Ken Ashby	22:21	65-69: Terry Gonzalez	18:20
70-74: Alfred Wilkinson	20:44		
		75-79: Marylyn Patrick	44:13

80-ov:	James Gabhart	24:23	80-ov:	Bettye Haynes	28:15
Clydes:	William Swafford	24:57			
	Ed Humphrey	28:30			

8K TOP FINISHERS

MEN			WOMEN		
1	Everett Wilder	25:55	1	Katherine Deegan	32:39
2	Alberto Castro	29:34	2	Abigail Bray	35:07
3	Jose Lopez	30:27	3	Nancy Nguyen	37:54
4	Joshua Scaife	30:54	4	Xiaolu Cui	39:43
5	Luke Robertson	30:59	5	Natalie Nguyen	40:40
6	Cheng Nie	31:05	6	Linda Kelly	41:10
7	Felix Gonzalez	31:05	7	Kherington Glover	41:25
8	Chasen Zimmer	31:52	8	Xiaoge She	44:10
9	David Saukam	31:59	9	Charlene Johnson	44:57
10	Alex Casho	32:22	10	Julissa Simon	44:59
Overall:	Everett Wilder	25:55	Overall:	Katherine Deegan	32:39
Master:	Alberto Castro	29:34	Master:	Nancy Nguyen	37:54
Senior:	Bob Landon	33:00	Senior:	Linda Kelly	41:10
10-14:	Kevin Glover	34:01	10-14:	Abigail Bray	35:07
	Ethan Nemcok	34:23		Kherington Glover	41:25
	Brady Amerson	35:32			
15-19:	Joshua Scaife	30:54	15-19:	Natalie Nguyen	40:40
	Luke Robertson	30:59			
	Wesley Liu	43:37			
20-24:	Chasen Zimmer	31:52			
	Benjamin Popokh	32:34			
	Brett Adams	43:34			
30-34:	Delaney Burns	41:26	30-34:	Vanessa Balderas	1:00:29
35-39:	Jose Lopez	30:27	35-39:	Xiaolu Cui	39:43
	Cheng Nie	31:05		Erin Glover	47:34
	Alex Casho	32:22		Dan Wu	48:45
40-44:	Felix Gonzalez	31:05	40-44:	Julissa Simon	44:59
	Gene Scaife	35:11		Daniela Nemcok	48:56
	Vijayaraghava Reddy	36:46		Heather Zeiger	49:19
45-49:	David Saukam	31:59	45-49:	Charlene Johnson	44:57
	Don Robertson	33:09			
	Rick Nguyen	33:50			
50-54:	Johnny Chen	33:50	50-54:	Sabrina Shi	45:00
	Yang Meng	35:52		Tonya Brown	45:11
	Ryan Pogue	49:23		Debbie Riedner	54:38
55-59:	Stephen Russo	36:11	55-59:	Xiaoge She	44:10
	John Cosentino	37:17		Hongjian Li	45:00
	Lixiang Chen	38:44		Renee Mitchell	46:28
60-64:	Ron Wahlquist	38:09			
	Alberto Ramirez	43:29			
	Shungo Saito	52:05			

65-69:	Bob Smeby	34:52	65-69:	Sunao Saito	48:03
	Bruce Brandeland	44:05		Debye Humphrey	1:00:51
	Kenny Gardner	44:29			
70-74:	Bruce Johnson	54:30			
75-79:	Jim Tressa	1:12:24			
80-ov:	Wally Capps	47:55	80-ov:	Mary Kaplan	1:01:40
Clydes:	Jeff Smith	44:05			
	John Kramer	1:16:24			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6		
1	Joseph Moscrey	5:19	1 Ruby Lopez	5:22
2	Arthur LaPointe	5:24	2 Zoe Chalkley	6:45
BOYS 7-9		GIRLS 7-9		
1	Teddy Hendricks	4:52	1 Olivia Booker	5:17
2	Oliver Chalkley	4:53	2 Charlotte Booker	5:31
BOYS 10-12		GIRLS 10-12		
1	Danial Torabi	4:07		

Plano Pacers 3K Results---Saturday, December 18, 2021

			FinTime	Pace	5Keq	Score
1.	<a href="#">Colby Mehmen</a>	27 m	9:38	5:10	16.6	90.2
2.	<a href="#">Gustavo Aguirre</a>	29 m	10:14	5:29	17.7	85.1
3.	<a href="#">Meng Zhao</a>	46 m	10:35	5:41	18.3	88.4
4.	<a href="#">Matthew Parks</a>	18 m	10:44	5:45	18.5	83.7
5.	<a href="#">Paul Barker</a>	52 m	11:25	6:07	19.7	85.4
6.	<a href="#">Jason Bogardus</a>	43 m	11:53	6:22	20.5	77.4
7.	<a href="#">Hector Delgado</a>	53 m	12:21	6:38	21.3	79.5
8.	<a href="#">Levi Saukam</a>	14 m	12:21	6:38	21.3	77.2
9.	<a href="#">Pierre Lapointe</a>	45 m	12:49	6:53	22.1	72.6
10.	<a href="#">Stephen Wahlquist</a>	15 m	12:54	6:55	22.3	72.5
11.	<a href="#">Kyle Saukam</a>	14 m	12:57	6:57	22.4	73.6
12.	<a href="#">Samuel Nowell</a>	10 m	13:19	7:09	23.0	80.2
13.	<a href="#">Becky Angeles</a>	44 f	13:32	7:16	23.4	77.4
14.	<a href="#">Mark Chalkley</a>	41 m	13:41	7:20	23.6	66.5
15.	<a href="#">Vijayan Nair</a>	59 m	13:48	7:24	23.8	74.8
16.	<a href="#">Wen You</a>	52 f	13:54	7:27	24.0	79.5
17.	<a href="#">Brayden Nowell</a>	13 m	14:12	7:37	24.5	68.6
18.	<a href="#">Isabela Delgado</a>	12 f	14:15	7:39	24.6	79.6
19.	<a href="#">Kameron Mims</a>	12 m	14:17	7:40	24.7	70.1
20.	<a href="#">Juliana Delgado</a>	12 f	14:22	7:42	24.8	78.9
21.	<a href="#">Annabelle Angeles</a>	10 f	14:37	7:50	25.3	82.8
22.	<a href="#">Sean Barker</a>	28 m	15:06	8:06	26.1	57.6
23.	<a href="#">Ashley Simonm</a>	35 f	15:13	8:10	26.3	65.9
24.	<a href="#">Jie Wang</a>	47 f	15:33	8:21	26.9	68.6
25.	<a href="#">Nick Longendyke</a>	31 m	15:40	8:24	27.1	55.8
26.	<a href="#">Erin Larue</a>	38 f	16:02	8:36	27.7	63.4
27.	<a href="#">Keenan Amerson</a>	15 m	16:08	8:39	27.9	58.0
28.	<a href="#">James Drumm</a>	63 m	16:30	8:51	28.5	65.0
29.	<a href="#">Joseph Jonathan Hiponia</a>	22 m	16:47	9:00	29.0	52.1
30.	<a href="#">Abby Woodson</a>	11 f	16:56	9:05	29.3	69.0
31.	<a href="#">Emily Megchelsen</a>	21 f	17:13	9:14	29.7	57.8
32.	<a href="#">Debbie Brewer</a>	62 f	17:26	9:21	30.1	69.0
33.	<a href="#">David Nemcok</a>	46 m	17:50	9:34	30.8	52.5
34.	<a href="#">Daniel Heistand</a>	27 m	17:58	9:38	31.0	48.3

35.	<a href="#">Terry Gonzalez</a>	67 f	18:20	9:50	31.7	69.1
36.	<a href="#">Nathan Szeto</a>	9 m	18:38	10:00	32.2	59.7
37.	<a href="#">Alina Nguyen</a>	13 f	19:02	10:13	32.9	58.0
38.	<a href="#">Hugo Araujo</a>	56 m	19:20	10:22	33.4	52.0
39.	<a href="#">Elise Harper</a>	52 f	19:41	10:34	34.0	56.1
40.	<a href="#">Enxi Huang</a>	57 f	20:33	11:01	35.5	56.0
41.	<a href="#">Alfred Wilkinson</a>	73 m	20:44	11:07	35.8	57.9
42.	<a href="#">Sophia Nguyen</a>	12 f	21:59	11:48	38.0	51.6
43.	<a href="#">Ken Ashby</a>	69 m	22:21	11:59	38.6	51.2
44.	<a href="#">Sarah Barker</a>	30 f	22:40	12:10	39.2	43.6
45.	<a href="#">Piper Amerson</a>	10 f	22:56	12:18	39.6	52.8
46.	<a href="#">Jonathan Glover</a>	7 m	23:00	12:20	39.7	53.2
47.	<a href="#">Ryan Glover</a>	38 m	23:02	12:21	39.8	38.9
48.	<a href="#">Greg Amerson</a>	42 m	23:10	12:26	40.0	39.5
49.	<a href="#">James Gabhart</a>	80 m	24:23	13:05	42.1	54.1
50.	<a href="#">William Swafford</a>	70 m	24:57	13:23	43.1	46.4
51.	<a href="#">Bettye Haynes</a>	84 f	28:15	15:09	48.8	56.3
52.	<a href="#">Ed Humphrey</a>	70 m	28:30	15:17	49.2	40.6
53.	<a href="#">Wendy Wildt</a>	41 f	29:18	15:43	50.6	35.2
54.	<a href="#">Marylyn Patrick</a>	77 f	44:13	23:43	76.4	32.4

**Plano Pacers 8K Results---Saturday, December 18, 2021**

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Everett Wilder</a>	30 m	25:55	5:13	15.7	96.1
2.	<a href="#">Alberto Castro</a>	41 m	29:34	5:57	17.9	87.9
3.	<a href="#">Jose Lopez</a>	36 m	30:27	6:08	18.4	83.4
4.	<a href="#">Joshua Scaife</a>	16 m	30:54	6:13	18.7	85.1
5.	<a href="#">Luke Robertson</a>	15 m	30:59	6:14	18.7	86.2
6.	<a href="#">Cheng Nie</a>	36 m	31:05	6:15	18.8	81.7
7.	<a href="#">Felix Gonzalez</a>	43 m	31:05	6:15	18.8	84.5
8.	<a href="#">Chasen Zimmer</a>	21 m	31:52	6:25	19.3	78.8
9.	<a href="#">David Saukam</a>	47 m	31:59	6:26	19.3	84.1
10.	<a href="#">Alex Casho</a>	39 m	32:22	6:31	19.6	79.5
11.	<a href="#">Benjamin Popokh</a>	21 m	32:34	6:33	19.7	77.1
12.	<a href="#">Katherine Deegan</a>	22 f	32:39	6:34	19.7	86.7
13.	<a href="#">Bob Landon</a>	62 m	33:00	6:38	20.0	91.9
14.	<a href="#">Don Robertson</a>	49 m	33:09	6:40	20.0	82.2
15.	<a href="#">Johnny Chen</a>	52 m	33:50	6:48	20.5	82.3
16.	<a href="#">Rick Nguyen</a>	49 m	33:50	6:48	20.5	80.6
17.	<a href="#">Kevin Glover</a>	10 m	34:01	6:51	20.6	89.7
18.	<a href="#">Ethan Nemcok</a>	11 m	34:23	6:55	20.8	85.7
19.	<a href="#">Shawn McCawley</a>	45 m	34:29	6:56	20.9	77.1
20.	<a href="#">O'Neal Barnett</a>	47 m	34:42	6:59	21.0	77.5
21.	<a href="#">Bob Smeby</a>	65 m	34:52	7:01	21.1	89.7
22.	<a href="#">Guillermo Toral</a>	49 m	35:04	7:03	21.2	77.8
23.	<a href="#">Abigail Bray</a>	14 f	35:07	7:04	21.2	87.9
24.	<a href="#">Gene Scaife</a>	44 m	35:11	7:05	21.3	75.1
25.	<a href="#">Brady Amerson</a>	14 m	35:32	7:09	21.5	76.6
26.	<a href="#">Yang Meng</a>	53 m	35:52	7:13	21.7	78.2
27.	<a href="#">Stephen Russo</a>	58 m	36:11	7:17	21.9	80.8
28.	<a href="#">Vijayaraghava Reddy</a>	44 m	36:46	7:24	22.2	71.9
29.	<a href="#">John Cosentino</a>	59 m	37:17	7:30	22.5	79.1
30.	<a href="#">Nancy Nguyen</a>	45 f	37:54	7:37	22.9	79.5
31.	<a href="#">Kaleb Mims</a>	14 m	38:06	7:40	23.0	71.5
32.	<a href="#">Ron Wahlquist</a>	64 m	38:09	7:40	23.1	81.1
33.	<a href="#">Lixiang Chen</a>	56 m	38:44	7:48	23.4	74.2
34.	<a href="#">Pingshan Wen</a>	55 m	39:00	7:51	23.6	73.1
35.	<a href="#">Jack Liu</a>	58 m	39:21	7:55	23.8	74.3
36.	<a href="#">Xiaolu Cui</a>	38 f	39:43	7:59	24.0	73.1
37.	<a href="#">Brendon Lin</a>	13 m	40:26	8:08	24.4	68.9
38.	<a href="#">Natalie Nguyen</a>	15 f	40:40	8:11	24.6	74.5
39.	<a href="#">Luoyi Zhang</a>	43 m	40:51	8:13	24.7	64.3
40.	<a href="#">King Mofasa</a>	48 m	41:00	8:15	24.8	66.1

41.	<a href="#">Brian Boes</a>	47 m	41:01	8:15	24.8	65.6
42.	<a href="#">Linda Kelly</a>	70 f	41:10	8:17	24.9	91.0
43.	<a href="#">Kherington Glover</a>	12 f	41:25	8:20	25.0	78.2
44.	<a href="#">Delaney Burns</a>	32 m	41:26	8:20	25.1	60.4
45.	<a href="#">Jeffrey Simon</a>	46 m	42:20	8:31	25.6	63.2
46.	<a href="#">Alberto Ramirez</a>	60 m	43:29	8:45	26.3	68.5
47.	<a href="#">Brett Adams</a>	20 m	43:34	8:46	26.3	57.9
48.	<a href="#">Wesley Liu</a>	19 m	43:37	8:46	26.4	58.3
49.	<a href="#">Jeff Smith</a>	61 m	44:05	8:52	26.7	68.2
50.	<a href="#">Bruce Brandeland</a>	68 m	44:05	8:52	26.7	73.3
51.	<a href="#">Xiaoge She</a>	59 f	44:10	8:53	26.7	75.7
52.	<a href="#">David Zeiger</a>	40 m	44:19	8:55	26.8	58.3
53.	<a href="#">Kenny Gardner</a>	69 m	44:29	8:57	26.9	73.5
54.	<a href="#">William Liu</a>	20 m	44:57	9:03	27.2	56.2
55.	<a href="#">Charlene Johnson</a>	49 f	44:57	9:03	27.2	68.7
56.	<a href="#">Julissa Simon</a>	44 f	44:59	9:03	27.2	66.6
57.	<a href="#">Sabrina Shi</a>	50 f	45:00	9:03	27.2	69.1
58.	<a href="#">Hongjian Li</a>	56 f	45:00	9:03	27.2	72.4
59.	<a href="#">Tonya Brown</a>	52 f	45:11	9:05	27.3	69.9
60.	<a href="#">Renee Mitchell</a>	57 f	46:28	9:21	28.1	70.7
61.	<a href="#">Cary Sherf</a>	68 m	46:52	9:26	28.3	68.9
62.	<a href="#">Gowa Borzigin</a>	55 f	47:27	9:33	28.7	68.1
63.	<a href="#">Erin Glover</a>	37 f	47:34	9:34	28.8	60.7
64.	<a href="#">Wally Capps</a>	81 m	47:55	9:38	29.0	79.9
65.	<a href="#">Sunao Saito</a>	67 f	48:03	9:40	29.1	75.4
66.	<a href="#">Dan Wu</a>	38 f	48:45	9:48	29.5	59.5
67.	<a href="#">Nathan Nguyen</a>	14 m	48:47	9:49	29.5	55.8
68.	<a href="#">Jonathan Szeto</a>	45 m	48:53	9:50	29.6	54.4
69.	<a href="#">Daniela Nemcok</a>	44 f	48:56	9:51	29.6	61.2
70.	<a href="#">Heather Zeiger</a>	41 f	49:19	9:55	29.8	59.7
71.	<a href="#">Ryan Pogue</a>	50 m	49:23	9:56	29.9	55.6
72.	<a href="#">Shungo Saito</a>	63 m	52:05	10:29	31.5	58.8
73.	<a href="#">Anahi Alvarez</a>	39 f	52:11	10:30	31.6	55.9
74.	<a href="#">Tina Jasper</a>	58 f	52:13	10:30	31.6	63.5
75.	<a href="#">Andy Beach</a>	63 m	53:01	10:40	32.1	57.8
76.	<a href="#">Robyn Bray</a>	41 f	53:41	10:48	32.5	54.9
77.	<a href="#">Ansh Patel</a>	15 m	54:16	10:55	32.8	49.2
78.	<a href="#">Bruce Johnson</a>	74 m	54:30	10:58	33.0	63.7
79.	<a href="#">Debbie Riedner</a>	52 f	54:38	10:59	33.0	57.8
80.	<a href="#">Dave Patel</a>	14 m	54:39	11:00	33.0	49.8
81.	<a href="#">Vanessa Balderas</a>	34 f	1:00:29	12:10	36.6	47.2
82.	<a href="#">Debye Humphrey</a>	67 f	1:00:51	12:14	36.8	59.5
83.	<a href="#">Mary Kaplan</a>	82 f	1:01:40	12:24	37.3	71.4
84.	<a href="#">Ashesh Patel</a>	50 m	1:02:27	12:34	37.8	44.0
85.	<a href="#">Sanjay Patel</a>	50 m	1:02:27	12:34	37.8	44.0
86.	<a href="#">Jim Tressa</a>	77 m	1:12:24	14:34	43.8	49.9
87.	<a href="#">John Kramer</a>	60 m	1:16:24	15:22	46.2	39.0

**Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, December 26, 2020**

			<b>FinTime</b>	<b>Pace</b>	<b>5Keq</b>	<b>Score</b>
1.	<a href="#">Danial Torabi</a>	11 m	4:07	6:38	24.3	73.3
2.	<a href="#">Teddy Hendricks</a>	8 m	4:52	7:50	28.8	69.9
3.	<a href="#">Oliver Chalkley</a>	7 m	4:53	7:52	28.9	73.3
4.	<a href="#">Edward Moscrey</a>	9 m	4:54	7:53	29.0	66.3
5.	<a href="#">Olivia Booker</a>	8 f	5:17	8:30	31.2	72.9
6.	<a href="#">Joseph Moscrey</a>	5 m	5:19	8:33	31.4	76.0
7.	<a href="#">Max Davis</a>	8 m	5:21	8:37	31.6	63.6
8.	<a href="#">Ruby Lopez</a>	6 f	5:22	8:38	31.7	80.0
9.	<a href="#">Arthur LaPointe</a>	6 m	5:24	8:41	31.9	70.2
10.	<a href="#">Michael Nie</a>	6 m	5:28	8:48	32.3	69.3
11.	<a href="#">Charlotte Booker</a>	7 f	5:31	8:53	32.6	73.5
12.	<a href="#">Zoe Chalkley</a>	5 f	6:45	10:52	39.9	67.8

13.	<a href="#">Grace Boes</a>	5 f	6:57	11:11	41.1	65.9
14.	<a href="#">Ian Davis</a>	8 m	7:07	11:27	42.1	47.8
15.	<a href="#">Luke Moscrey</a>	7 m	7:27	11:59	44.0	48.0
16.	<a href="#">Jacob Moscrey</a>	5 m	7:28	12:01	44.1	54.1
17.	<a href="#">Matthew Moscrey</a>	3 m	8:31	13:42	50.3	55.0
18.	<a href="#">Joel Shulman</a>	5 m	10:20	16:38	61.1	39.1
19.	<a href="#">Erdem Uner</a>	6 m	10:32	16:57	62.2	36.0

New Records:

Everett Wilder, 8K Male 30-34, 25:55 (previous record: Clint Bell, 26:22, 12/12)  
Linda Kelly, 8K Female 70-74, 41:10 (previous record: JoAnne Barnes, 52:33, 04/08)  
Mary Kaplan, 8K Female 80-84, 1:01:40 (first record recorded for this age group)

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?  
FinTime is the official individual finish time in (h:)mm:ss format.  
Pace is the calculated average pace per mile in mm:ss format.  
5Keq is the equivalent 5K finish time in minutes and tenths.  
Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Terry Gonzalez  
Jim Gabhart  
Ron Wahlquist