

Plano Pacers Holiday Hustle 3K, 8K, & Jr. Sprint

at Windhaven Meadows Park, Plano, TX
Saturday December 28, 2024

3K TOP FINISHERS

MEN		WOMEN		
1	Pete Johnson	8:44	1 Kisha Littrell	12:38
2	Nathan Rankin	9:05	2 Kherington Glover	13:57
3	Kevin Glover	10:51	3 Wen You	14:43
4	Paul Barker	11:24	4 Ranee Samaniego	16:02
5	Wanlin Chen	11:38	5 Zoya Pochinka	16:58
6	Jason Bogardus	12:29	6 Abby Johnson	17:35
7	Francisco Espinoza	12:43	7 Trudy Xu	18:00
8	Lalo Bautista	12:59	8 AnnaSophia Bessmertnaya	18:45
9	Johnny Chen	13:10	9 Debbie Brewer	18:54
10	Cristobal Garcia	13:27	10 Emma Sasala	19:35
Overall: Pete Johnson		8:44	Overall: Kisha Littrell	12:38
Master: Paul Barker		11:24	Master: Wen You	14:43
Senior: Johnny Chen		13:10	Senior: Zoya Pochinka	16:58
9-un:	Jack Turner	24:26	9-un: Emma Sasala	19:35
10-14:	Kevin Glover	10:51	10-14: Owen Henson	24:25
	Daniel Sasala	13:36		
	Wesley Turner	17:52		
15-19:	James Kwong	15:54	15-19: Kherington Glover	13:57
	Lakshay Bhatia	18:16	AnnaSophia Bessmertnaya	18:45
	Andrew Chen	18:34		
20-24:	Corey Golcman	16:12	20-24: Abby Johnson	17:35
			Sarina Tajuddin	19:58
			Bernice Van	23:01
25-29:	Nathan Rankin	9:05	25-29: Ranee Samaniego	16:02
			Angelina Govada	26:20
30-34:	Ka Lau	16:36		
35-39:	Cristobal Garcia	13:27	35-39: Rica Torres	22:12
	Selvendran Andavar	22:41	Brittany Whitstone	22:53
	Samir Bhatia	27:29		
40-44:	Lalo Bautista	12:59		
	Ryan Glover	21:16		
45-49:	Jason Bogardus	12:29	45-49: Trudy Xu	18:00
	David Zhou	19:45		
	Arturo Navarro	20:49		
50-54:	Wanlin Chen	11:38		
	Francisco Espinoza	12:43		
	Anwar Azim	22:32		
			55-59: Olga Iglesias	29:11
60-64:	Vijayan Nair	15:03	60-64: Emily Liu	23:02
	Tony Tang	15:41		

65-69:	Billy Gilmore	48:22	65-69:	Debbie Brewer	18:54
				Starla Gilmore	1:05:01
70-74:	Michael Picard	20:42			
	Ken Ashby	24:35			
75-79:	Alfred Wilkinson	22:41			
	Marcus Wertz	28:42			
80-84:	James Gabhart	24:20			

8K TOP FINISHERS

MEN			WOMEN		
1	Jose Lopez	29:59	1	Clayre Turner	37:43
2	Jim Dietz	30:11	2	Yunxia Cai	40:22
3	Jacob Torgerson	31:30	3	Renee Spratlen	44:26
4	Justin Keith	32:48	4	Hannah Lyons	44:46
5	Lance Pittman	34:17	5	Linda Kelly	44:47
6	Mark Miller	34:38	6	Charlene Johnson	44:59
7	Hector Delgado	34:53	7	Frances McKissick	45:14
8	John Cosentino	35:47	8	Debbie Riedner	47:21
9	Michael Sasala	36:36	9	Rashmi Bhatia	47:22
10	Stephen Russo	37:30	10	Risa Azim	47:50
Overall:	Jose Lopez	29:59	Overall:	Clayre Turner	37:43
Master:	Jim Dietz	30:11	Master:	Yunxia Cai	40:22
Senior:	Hector Delgado	34:53	Senior:	Renee Spratlen	44:26
9-un:	Hoot Yarrish	48:47			
10-14:	Stephen Sasala	46:38			
			15-19:	Shikha Bolar	54:40
20-24:	Jacob Torgerson	31:30	20-24:	Risa Azim	47:50
	Justin Keith	32:48		Sonakshi Bhatia	48:23
	Wesley Liu	47:42		Sakshi Bolar	54:38
25-29:	Zain Khoja	56:47	25-29:	Marcia Mota	55:29
30-34:	Lance Pittman	34:17	30-34:	Hannah Lyons	44:46
				Lilah Pittman	48:35
35-39:	Michael Sasala	36:36	35-39:	Michelle Black	48:55
	Daniel Turner	44:35		Cynthia Craft	1:19:37
	Gurumoorthy Govindarajan	46:41		Sivashankari Vijay	1:20:44
			40-44:	Lata Bolar	1:24:18
45-49:	Mark Miller	34:38	45-49:	Sunny Yarrish	48:55
	Daolin Tang	39:32		Missy Wilson	50:04
	Leith Brandeland	39:38		Lalitha Ram	1:23:31
50-54:	Claudio Mota	38:57	50-54:	Charlene Johnson	44:59
	Luis Talavera	45:16		Rashmi Bhatia	47:22
	Ruben Da Rocha Barretto	49:18		Shilpa Bolar	1:23:30
55-59:	Yang Meng	37:55	55-59:	Debbie Riedner	47:21
				Gowa Borzigin	54:46

60-64:	John Cosentino	35:47	60-64:	Frances McKissick	45:14
	Stephen Russo	37:30			
	Jim Cavanaugh	41:40			
65-69:	Day-Ruey Liu	46:18	65-69:	Brenda Jacobs	54:38
	Alan Carruthers	51:04		Sherry Freeland	54:55
	Andy Beach	52:44			
70-74:	Cary Sherf	44:21	70-74:	Linda Kelly	44:47
	Bruce Brandeland	48:56		Donna Garmon	1:28:14
	Tom Conlon	50:46			
75-79:	Xinji Li	55:00			
	Bruce Johnson	55:22			
80-84:	Wally Capps	59:58			
85-ov:	James Thruston	1:23:12			
Clydes:	William Swafford	1:28:21			
	John Kramer	1:35:25			

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6	
1	Wilder McLaughlin	7:03	
			1 Sadie Caterisano 6:37
			2 Addie Galvan 7:08
BOYS 7-9		GIRLS 7-9	
1	Johnny Caterisano	5:46	
			1 Ruby Lopez 5:01
			2 Emma Sasala 5:28
BOYS 10-12		GIRLS 10-12	
1	Daniel Sasala	4:34	
2	Stephen Sasala	5:12	

Plano Pacers 3K Results---Saturday, December 28, 2024

		FinTime	Pace	5Keq	Score	
1.	Pete Johnson	23 m	8:44	4:41	15.1	99.8
2.	Nathan Rankin	26 m	9:05	4:52	15.7	95.6
3.	Kevin Glover	13 m	10:51	5:49	18.7	89.8
4.	Paul Barker	55 m	11:24	6:07	19.7	87.5
5.	Wanlin Chen	50 m	11:38	6:14	20.1	82.6
6.	Jason Bogardus	46 m	12:29	6:42	21.6	75.0
7.	Kisha Littrell	45 f	12:38	6:47	21.8	83.4
8.	Francisco Espinoza	54 m	12:43	6:49	22.0	77.8
9.	Lalo Bautista	42 m	12:59	6:58	22.4	70.4
10.	Johnny Chen	55 m	13:10	7:04	22.7	75.8
11.	Cristobal Garcia	37 m	13:27	7:13	23.2	66.3
12.	Daniel Sasala	10 m	13:36	7:18	23.5	78.5
13.	Kherington Glover	15 f	13:57	7:29	24.1	76.0
14.	Wen You	55 f	14:43	7:54	25.4	76.8
15.	Vijayan Nair	62 m	15:03	8:04	26.0	70.6
16.	Tony Tang	63 m	15:41	8:25	27.1	68.4
17.	James Kwong	19 m	15:54	8:32	27.5	56.0
18.	Ranee Samaniego	28 f	16:02	8:36	27.7	61.4
19.	Corey Golcman	20 m	16:12	8:41	28.0	54.5
20.	Ka Lau	34 m	16:36	8:54	28.7	53.1
21.	Zoya Pochinka	56 f	16:58	9:06	29.3	67.2
22.	Abby Johnson	23 f	17:35	9:26	30.4	56.2
23.	Wesley Turner	10 m	17:52	9:35	30.9	59.8
24.	Trudy Xu	48 f	18:00	9:39	31.1	59.7

25.	Lakshay Bhatia	18 m	18:16	9:48	31.6	49.2
26.	Andrew Chen	19 m	18:34	9:58	32.1	47.9
27.	Karan Sharma	19 m	18:43	10:02	32.3	47.5
28.	AnnaSophia Bessmertnaya	19 f	18:45	10:04	32.4	53.8
29.	Debbie Brewer	65 f	18:54	10:08	32.7	65.6
30.	Emma Sasala	8 f	19:35	10:30	33.8	67.3
31.	David Zhou	46 m	19:45	10:36	34.1	47.4
32.	Sarina Tajuddin	24 f	19:58	10:43	34.5	49.4
33.	Michael Picard	71 m	20:42	11:06	35.8	56.6
34.	Arturo Navarro	47 m	20:49	11:10	36.0	45.2
35.	Zane Van der Merle	12 m	21:08	11:20	36.5	47.3
36.	Jonathan Glover	10 m	21:14	11:23	36.7	50.3
37.	Ryan Glover	41 m	21:16	11:25	36.7	42.8
38.	Rica Torres	38 f	22:12	11:55	38.4	45.8
39.	Anwar Azim	53 m	22:32	12:05	38.9	43.6
40.	Alfred Wilkinson	76 m	22:41	12:10	39.2	55.0
41.	Selvendran Andavar	37 m	22:41	12:10	39.2	39.3
42.	Brittany Whitstone	37 f	22:53	12:17	39.5	44.2
43.	Bernice Van	24 f	23:01	12:21	39.8	42.8
44.	Emily Liu	62 f	23:02	12:21	39.8	52.2
45.	James Gabhart	83 m	24:20	13:03	42.0	56.7
46.	Owen Henson	11 f	24:25	13:06	42.2	47.9
47.	Jack Turner	8 m	24:26	13:06	42.2	47.6
48.	Ken Ashby	72 m	24:35	13:11	42.5	48.2
49.	James Bautista	13 m	25:32	13:42	44.1	38.2
50.	Angelina Govada	26 f	26:20	14:08	45.5	37.4
51.	Samir Bhatia	37 m	27:29	14:45	47.5	32.5
52.	Marcus Wertz	77 m	28:42	15:24	49.6	44.1
53.	Olga Iglesias	59 f	29:11	15:39	50.4	40.1
54.	Billy Gilmore	66 m	48:22	25:57	83.6	22.9
55.	Starla Gilmore	66 f	1:05:01	34:53	112.3	19.3

Plano Pacers 8K Results---Saturday, December 28, 2024

			FinTime	Pace	5Keq	Score
1.	Jose Lopez	39 m	29:59	6:02	18.1	85.8
2.	Jim Dietz	64 m	30:11	6:04	18.3	102.5
3.	Jacob Torgerson	24 m	31:30	6:20	19.0	78.9
4.	Justin Keith	24 m	32:48	6:36	19.8	75.8
5.	Lance Pittman	33 m	34:17	6:54	20.7	73.3
6.	Mark Miller	46 m	34:38	6:58	20.9	77.2
7.	Hector Delgado	56 m	34:53	7:01	21.1	82.4
8.	John Cosentino	62 m	35:47	7:12	21.6	84.8
9.	Michael Sasala	38 m	36:36	7:22	22.1	70.0
10.	Stephen Russo	61 m	37:30	7:33	22.7	80.1
11.	Clayre Turner	39 f	37:43	7:35	22.8	77.3
12.	Yang Meng	56 m	37:55	7:38	22.9	75.8
13.	Claudio Mota	53 m	38:57	7:50	23.6	72.1
14.	Daolin Tang	48 m	39:32	7:57	23.9	68.5
15.	Leith Brandeland	48 m	39:38	7:58	24.0	68.3
16.	Yunxia Cai	55 f	40:22	8:07	24.4	80.0
17.	Jim Cavanaugh	64 m	41:40	8:23	25.2	74.3
18.	Joseph Coakley	48 m	42:46	8:36	25.9	63.3
19.	Cary Sherf	71 m	44:21	8:55	26.8	75.4
20.	Renee Spratlen	61 f	44:26	8:56	26.9	76.6
21.	Daniel Turner	39 m	44:35	8:58	27.0	57.7
22.	Hannah Lyons	34 f	44:46	9:00	27.1	63.8
23.	Linda Kelly	73 f	44:47	9:01	27.1	86.8
24.	Charlene Johnson	52 f	44:59	9:03	27.2	70.2
25.	Francesc McKissick	62 f	45:14	9:06	27.4	76.0
26.	Luis Talavera	54 m	45:16	9:06	27.4	62.5
27.	Day-Ruey Liu	66 m	46:18	9:19	28.0	68.3
28.	Stephen Sasala	11 m	46:38	9:23	28.2	63.2
29.	Gurumoorthy Govindarajan	36 m	46:41	9:23	28.2	54.4

30.	Jeff Smith	64 m	46:42	9:24	28.2	66.3
31.	Debbie Riedner	55 f	47:21	9:32	28.6	68.2
32.	Rashmi Bhatia	50 f	47:22	9:32	28.6	65.7
33.	Wesley Liu	22 m	47:42	9:36	28.8	52.4
34.	Risa Azim	21 f	47:50	9:37	28.9	59.5
35.	Sridhar Rajagopal	47 m	47:51	9:38	28.9	56.2
36.	Sonakshi Bhatia	22 f	48:23	9:44	29.3	58.5
37.	Lilah Pittman	30 f	48:35	9:46	29.4	58.1
38.	Hoot Yarrish	7 m	48:47	9:49	29.5	71.7
39.	Sunny Yarrish	47 f	48:55	9:50	29.6	62.3
40.	Michelle Black	39 f	48:55	9:50	29.6	59.6
41.	Bruce Brandeland	71 m	48:56	9:51	29.6	68.4
42.	Ruben Da Rocha Barretto	53 m	49:18	9:55	29.8	56.9
43.	Doug Waters	60 m	49:21	9:56	29.8	60.3
44.	Missy Wilson	45 f	50:04	10:04	30.3	60.2
45.	William Liu	23 m	50:36	10:11	30.6	49.2
46.	Tom Conlon	72 m	50:46	10:13	30.7	66.7
47.	Alan Carruthers	65 m	51:04	10:16	30.9	61.2
48.	Andy Beach	66 m	52:44	10:36	31.9	59.9
49.	Henrik Soderlund	51 m	53:53	10:50	32.6	51.3
50.	Sakshi Bolar	21 f	54:38	10:59	33.0	52.1
51.	Brenda Jacobs	66 f	54:38	10:59	33.0	65.6
52.	Shikha Bolar	18 f	54:40	11:00	33.1	53.2
53.	Gowa Borzigin	58 f	54:46	11:01	33.1	60.5
54.	Sherry Freeland	69 f	54:55	11:03	33.2	67.4
55.	Xinji Li	75 m	55:00	11:04	33.3	64.0
56.	Bruce Johnson	77 m	55:22	11:08	33.5	65.3
57.	Matt Johnson	54 m	55:23	11:08	33.5	51.1
58.	Marcia Mota	27 f	55:29	11:10	33.5	50.7
59.	Noorddin Taj	54 m	56:42	11:24	34.3	49.9
60.	Zain Khoja	25 m	56:47	11:25	34.3	43.7
61.	Sujith Bolar	53 m	58:47	11:50	35.5	47.7
62.	Dan Jacobs	68 m	59:36	11:59	36.0	54.2
63.	Wally Capps	84 m	59:58	12:04	36.3	66.8
64.	Shiv Iyer	74 m	1:04:51	13:03	39.2	53.5
65.	Katy Dieter	20 f	1:19:06	15:55	47.8	36.2
66.	Jordan Craft	20 m	1:19:06	15:55	47.8	31.9
67.	Cynthia Craft	39 f	1:19:37	16:01	48.1	36.6
68.	Sivashankari Vijay	38 f	1:20:44	16:14	48.8	36.0
69.	James Thruston	87 m	1:23:12	16:44	50.3	50.6
70.	Shilpa Bolar	50 f	1:23:30	16:48	50.5	37.3
71.	Lalitha Ram	48 f	1:23:31	16:48	50.5	36.8
72.	Lata Bolar	43 f	1:24:18	16:58	51.0	35.3
73.	Donna Garmon	74 f	1:28:14	17:45	53.4	44.6
74.	William Swafford	73 m	1:28:21	17:46	53.4	38.8
75.	John Kramer	63 m	1:35:25	19:12	57.7	32.1

Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, December 28, 2024

			FinTime	Pace	5Keq	Score
1.	Daniel Sasala	10 m	4:34	7:21	27.0	68.4
2.	Ruby Lopez	9 f	5:01	8:04	29.6	73.4
3.	Stephen Sasala	11 m	5:12	8:22	30.7	58.0
4.	Emma Sasala	8 f	5:28	8:48	32.3	70.5
5.	Johnny Caterisano	7 m	5:46	9:17	34.1	62.1
6.	Sadie Caterisano	5 f	6:37	10:39	39.1	69.2
7.	Wildier McLaughlin	6 m	7:03	11:21	41.7	53.8
8.	Addie Galvan	6 f	7:08	11:29	42.2	60.2
9.	Elise Glover	4 f	8:07	13:04	48.0	60.5
10.	Sadie Glover	5 f	9:18	14:58	55.0	49.2
* 11.	Ellie Blakeley	2 f	20:00	32:11	118.2	28.8

* Aided by parent

New Records:

Pete Johnson, 8K Male 20-25, 8:44 (previous record: Chris Strait, 8:45, 08/98)
Pete Johnson, 8K Male Overall, 8:44 (previous record: Chris Strait, 8:45, 08/98)
Nathan Rankin, 8K Male 25-29, 9:05 (ties Clint Bell, 04/06)
James Thruston, 8K Male 85-ov, 1:23:12 (first entry for this age group)

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?
FinTime is the official individual finish time in (h:)mm:ss format.
Pace is the calculated average pace per mile in mm:ss format.
5Keq is the equivalent 5K finish time in minutes and tenths.
Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Kevin Glover
Chris Brewer
Debbie Brewer
Jim Gabhart
Ron Wahlquist