

Plano Pacers Boo Scoot 5K, 10K, & Jr. Sprint

at Bob Woodruff Park, Plano, TX
Saturday, October 31, 2020

5K TOP FINISHERS

MEN		WOMEN			
1	Noe Robles	16:39	1	Gabriela DeLeon	17:18
2	Meng Zhao	16:41	2	Sonya Correa	17:44
3	Alex Elizondo	17:45	3	Krystal Quiroga	17:54
4	Coen Whitney	19:35	4	Callie Wakefield	19:48
5	Major McGill	19:36	5	Dominique Monroy	20:35
6	Tommy Smith	20:13	6	Ella Madden	21:30
7	Don Robertson	20:17	7	Sheila Natho	21:33
8	Dylan McCoy	20:31	8	Addison Smith	21:57
9	Danny Monistere	20:44	9	Stefania Fiorini	22:09
10	Jonathan Card	20:48	10	Selah Sitz	22:34
Overall: Noe Robles		16:39	Overall: Gabriela DeLeon		17:18
Master: Meng Zhao		16:41	Master: Sheila Natho		21:33
Senior: Tommy Smith		20:13	Senior: Jerri Hixson		33:38
9-un: Jasper Gooden		23:22			
10-14: Coen Whitney		19:35	10-14: Addison Smith		21:57
Dylan McCoy		20:31	Stefania Fiorini		22:09
Stephen Wahlquist		21:27	Selah Sitz		22:34
15-19: Alex Elizondo		17:45	15-19: Callie Wakefield		19:48
Major McGill		19:36	Dominique Monroy		20:35
Amit Kumar		22:02	Ella Madden		21:30
			20-24: Brandy Orth		40:06
25-29: Jose Cruz		22:07	25-29: Taylor Bretl		28:04
Patrick Ledford		25:07			
			30-34: Krystal Quiroga		17:54
35-39: Dustin McCoy		24:17	35-39: Sonya Correa		17:44
			Tricia McCoy		24:17
			Christina Gollis		32:27
40-44: Arturo Navarro		28:50	40-44: Kim Marosz		25:57
			Lendie Smith		27:51
			Norma Cabrales		37:58
45-49: Don Robertson		20:17	45-49: Cami Sitz		23:45
Jonathan Card		20:48	Jie Wang		26:13
Rick Nguyen		41:03	Jennifer Smith		32:33
50-54: David McAdam		29:01	50-54: Tonya Brown		30:27
Rod Elkins		29:28	Tina Compton		35:05
Chris Wong		32:16	Prudence McGill		36:11
55-59: Danny Monistere		20:44			
James Royal		21:51			
Vijayan Nair		23:14			
60-64: Bob Landon		20:54			
Ron Wahlquist		21:21			
Bradley Gardner		25:19			

65-69:	Sigi Diaz	25:24	65-69:	Debye Humphrey	36:18
	Kenny Gardner	28:56			
			70-74:	Jeanne Pitz	1:19:10
80-ov:	James Thruston	36:58			
Clydes:	Michael Kelly	32:00			
	William Swafford	45:54			

10K TOP FINISHERS

MEN			WOMEN		
1	Israel Aquino	36:02	1	Maddie Stier	37:19
2	Eric Bretl	36:09	2	Jennifer Pope	40:47
3	Jim Dietz	38:52	3	Linda Kelly	48:07
4	Dan Yarbrough	39:15	4	Kelly Lawton	48:29
5	Michael Held	41:19	5	Nancy Nguyen	50:16
6	Jason Bogardus	41:59	6	Xiaolu Cui	50:54
7	Mark Miller	42:05	7	Ermelinda Perez	52:22
8	Stefano Fiorini	44:50	8	Misty Blasingame	57:36
9	Johnny Chen	44:53	9	Sunao Saito	1:00:34
10	John Cosentino	45:20	10	Debbie Riedner	1:00:50
Overall:	Israel Aquino	36:02	Overall:	Maddie Stier	37:19
Master:	Jim Dietz	38:52	Master:	Linda Kelly	48:07
Senior:	Michael Held	41:19	Senior:	Sunao Saito	1:00:34

15-19:	Ben Kaplan	49:45	15-19:	Kinsey Dungan	1:03:33
	Ruben Lopez	49:48			
20-24:	Jonathan Coppens	1:02:59			
25-29:	Eric Bretl	36:09	30-34:	Jennifer Pope	40:47
30-34:	Ryan Boyd	55:16			
35-39:	David Zeiger	1:01:03	35-39:	Xiaolu Cui	50:54
				Misty Blasingame	57:36
				Heather Zeiger	1:01:03
40-44:	Jason Bogardus	41:59	40-44:	Kelly Lawton	48:29
	Mark Miller	42:05		Nancy Nguyen	50:16
	Ben Howard	45:42		Anne Han	1:01:09
45-49:	Dan Yarbrough	39:15			
	Chad Kaneshige	45:31			
	Joe Perez	45:50			
50-54:	Stefano Fiorini	44:50	50-54:	Ermelinda Perez	52:22
	Johnny Chen	44:53		Debbie Riedner	1:00:50
	Tim Dungan	48:44			
55-59:	John Cosentino	45:20			
	Steve Russo	47:16			
	Doug Waters	48:08			
60-64:	Ronald A. Hamilton	59:48			
	Shungo Saito	1:03:16			
	Andy Beach	1:04:05			

65-69:	Cary Sherf	55:42
	Thomas Conlon	55:56
	Ken Ashby	1:16:31
70-74:	Marcus Wertz	1:22:11
80-ov:	Wally Capps	57:30
Clydes:	John Kramer	1:28:11
	Ed Humphrey	1:29:05

JR. SPRINT (0.6213 mi) TOP FINISHERS

BOYS 0-6		GIRLS 0-6		
1	Mateo Lagrenade	5:04	1 Ana Nguyen	5:59
2	Logan Aquino	5:45	2 Aubrey Blasingame	7:06
BOYS 7-9		GIRLS 7-9		
1	Otto Bishop	4:36		
2	Miles McCoy	4:42		
BOYS 10-12		GIRLS 10-12		
1	Cole Davis	4:31	1 Aubrey Cabrales	5:12

Plano Pacers 5K Results---Saturday, October 31, 2020

			FinTime	Pace	5Keq	Score
1.	Noe Robles	41 m	16:39	5:22	16.6	94.4
2.	Meng Zhao	45 m	16:41	5:22	16.7	96.3
3.	Gabriela DeLeon	25 f	17:18	5:34	17.3	98.3
4.	Sonya Correa	39 f	17:44	5:42	17.7	99.4
5.	Alex Elizondo	19 m	17:45	5:43	17.7	86.6
6.	Krystal Quiroga	34 f	17:54	5:46	17.9	96.5
7.	Coen Whitney	13 m	19:35	6:18	19.6	86.0
8.	Major McGill	15 m	19:36	6:19	19.6	82.4
9.	Callie Wakefield	15 f	19:48	6:22	19.8	92.5
10.	Tommy Smith	55 m	20:13	6:30	20.2	85.3
11.	Don Robertson	47 m	20:17	6:32	20.3	80.2
12.	Dylan McCoy	13 m	20:31	6:36	20.5	82.1
13.	Dominique Monroy	17 f	20:35	6:38	20.6	86.4
14.	Danny Monistere	55 m	20:44	6:40	20.7	83.1
15.	Jonathan Card	45 m	20:48	6:42	20.8	77.3
16.	Bob Landon	61 m	20:54	6:44	20.9	86.9
17.	Ron Wahlquist	62 m	21:21	6:52	21.3	85.9
18.	Stephen Wahlquist	14 m	21:27	6:54	21.4	76.8
19.	Ella Madden	15 f	21:30	6:55	21.5	85.2
20.	Sheila Natho	54 f	21:33	6:56	21.5	89.9
21.	James Royal	58 m	21:51	7:02	21.8	80.9
22.	Addison Smith	13 f	21:57	7:04	21.9	87.0
23.	Austin Smith	14 m	21:57	7:04	21.9	75.0
24.	Amit Kumar	17 m	22:02	7:06	22.0	71.2
25.	Jose Cruz	26 m	22:07	7:07	22.1	67.8
26.	Joel La Grenade	14 m	22:07	7:07	22.1	74.5
27.	Stefania Fiorini	12 f	22:09	7:08	22.1	88.5
28.	Selah Sitz	12 f	22:34	7:16	22.6	86.8
29.	Cristian Bedoya	12 m	22:58	7:24	23.0	75.3
30.	Felix Gooden	11 m	23:06	7:26	23.1	77.1
31.	Vijayan Nair	58 m	23:14	7:29	23.2	76.1
32.	Cole Boylan	10 m	23:15	7:29	23.2	79.4
33.	Jasper Gooden	9 m	23:22	7:31	23.4	82.2
34.	Isabella Viggiano	17 f	23:30	7:34	23.5	75.7

35.	Nathan Nguyen	13 m	23:37	7:36	23.6	71.3
36.	Cami Sitz	47 f	23:45	7:39	23.7	77.6
37.	Josh Lopez	16 m	23:46	7:39	23.8	66.9
38.	Hayden Coats	13 m	24:03	7:44	24.0	70.0
39.	Kenedy Card	10 f	24:14	7:48	24.2	86.3
40.	Tricia McCoy	36 f	24:17	7:49	24.3	71.7
41.	Dustin McCoy	38 m	24:17	7:49	24.3	63.8
42.	Sarina Bands	12 f	24:25	7:52	24.4	80.2
43.	Patrick Ledford	29 m	25:07	8:05	25.1	59.9
44.	Bradley Gardner	62 m	25:19	8:09	25.3	72.5
45.	Sigi Diaz	66 m	25:24	8:11	25.4	75.2
46.	Ava Morosz	10 f	25:27	8:11	25.4	82.2
47.	Isabella Aquino	13 f	25:41	8:16	25.7	74.3
48.	Kim Marosz	41 f	25:57	8:21	25.9	68.6
49.	Jenna McCombs	12 f	26:06	8:24	26.1	75.1
50.	Jie Wang	46 f	26:13	8:26	26.2	69.9
51.	Natalie Nguyen	14 f	27:07	8:44	27.1	68.8
52.	Valeria Esquivel	15 f	27:09	8:44	27.1	67.4
53.	Lendie Smith	44 f	27:51	8:58	27.8	65.0
54.	Malia McGill	11 f	28:03	9:02	28.0	72.0
55.	Taylor Bretl	27 f	28:04	9:02	28.1	60.6
56.	Arturo Navarro	43 m	28:50	9:17	28.8	55.1
57.	Kenny Gardner	68 m	28:56	9:19	28.9	67.5
58.	David McAdam	53 m	29:01	9:20	29.0	58.5
59.	Rod Elkins	52 m	29:28	9:29	29.5	57.2
60.	Tonya Brown	51 f	30:27	9:48	30.4	62.2
61.	Aubrey Cabrales	10 f	30:28	9:48	30.5	68.6
62.	Jessica Puente	15 f	30:39	9:52	30.6	59.7
63.	Michael Kelly	99 m	32:00	10:18	32.0	99.2
64.	Chris Wong	51 m	32:16	10:23	32.3	51.8
65.	Christina Gollis	39 f	32:27	10:27	32.4	54.3
66.	Jennifer Smith	47 f	32:33	10:29	32.5	56.6
67.	Jerri Hixson	66 f	33:38	10:50	33.6	64.4
68.	Abigail Cabrales	15 f	34:58	11:15	35.0	52.4
69.	TINA COMPTON	50 f	35:05	11:18	35.1	53.6
70.	Alina Nguyen	12 f	35:42	11:29	35.7	54.9
71.	Yuanben Zhang	10 m	36:06	11:37	36.1	51.1
72.	Prudence McGill	52 f	36:11	11:39	36.2	52.8
73.	Debye Humphrey	66 f	36:18	11:41	36.3	59.7
74.	Stacy Dixon	53 f	36:22	11:42	36.4	52.9
75.	Brenda Limas	47 f	36:43	11:49	36.7	50.2
76.	James Thruston	83 m	36:58	11:54	37.0	64.5
77.	Sophia Nguyen	10 f	36:59	11:54	37.0	56.5
78.	Jaime Rodriguez	52 m	37:14	11:59	37.2	45.2
79.	Susana Kaneshige	47 f	37:52	12:11	37.9	48.7
80.	Norma Cabrales	42 f	37:58	12:13	38.0	47.2
81.	Brandy Orth	22 f	40:06	12:54	40.1	42.7
82.	Rick Nguyen	48 m	41:03	13:13	41.0	39.9
83.	William Swafford	99 m	45:54	14:46	45.9	69.2
84.	Jeanne Pitz	70 f	1:19:10	25:29	79.2	28.6

Plano Pacers 10K Results---Saturday, October 31, 2020

			FinTime	Pace	5Keq	Score
1.	Israel Aquino	17 m	36:02	5:48	17.2	91.4
2.	Eric Bretl	28 m	36:09	5:49	17.2	87.2
3.	Maddie Stier	27 f	37:19	6:00	17.8	95.7
4.	Jim Dietz	60 m	38:52	6:15	18.5	97.3
5.	Dan Yarbrough	49 m	39:15	6:19	18.7	88.2
6.	Jennifer Pope	34 f	40:47	6:34	19.4	88.9
7.	Michael Held	55 m	41:19	6:39	19.7	87.6
8.	Jason Bogardus	42 m	41:59	6:45	20.0	79.0
9.	Mark Miller	42 m	42:05	6:46	20.0	78.8
10.	Stefano Fiorini	52 m	44:50	7:13	21.3	78.9

11.	Johnny Chen	51 m	44:53	7:13	21.4	78.2
12.	John Cosentino	58 m	45:20	7:18	21.6	81.9
13.	Chad Kaneshige	45 m	45:31	7:20	21.7	74.1
14.	Ben Howard	42 m	45:42	7:21	21.8	72.6
15.	Joe Perez	45 m	45:50	7:23	21.8	73.6
16.	Steve Russo	57 m	47:16	7:36	22.5	77.9
17.	David Thomas	40 m	47:59	7:43	22.8	68.4
18.	Linda Kelly	69 f	48:07	7:45	22.9	97.7
19.	Doug Waters	56 m	48:08	7:45	22.9	75.8
20.	Kelly Lawton	44 f	48:29	7:48	23.1	78.4
21.	Tim Dungan	51 m	48:44	7:51	23.2	72.0
22.	Ben Kaplan	16 m	49:45	8:00	23.7	67.1
23.	Ruben Lopez	17 m	49:48	8:01	23.7	66.2
24.	Nathan Blasingame	43 m	49:50	8:01	23.7	66.9
25.	Nancy Nguyen	44 f	50:16	8:05	23.9	75.6
26.	Xiaolu Cui	37 f	50:54	8:11	24.2	72.1
27.	Ermelinda Perez	50 f	52:22	8:26	24.9	75.4
28.	Alan Kaplan	56 m	52:47	8:30	25.1	69.2
29.	Ryan Boyd	32 m	55:16	8:54	26.3	57.5
30.	Cary Sherf	67 m	55:42	8:58	26.5	72.8
31.	Thomas Conlon	67 m	55:56	9:00	26.6	72.5
32.	Jeff Smith	59 m	56:31	9:06	26.9	66.3
33.	Wally Capps	80 m	57:30	9:15	27.4	83.3
34.	Misty Blasingame	37 f	57:36	9:16	27.4	63.7
35.	Ronald A. Hamilton	61 m	59:48	9:37	28.5	63.8
36.	Sunao Saito	66 f	1:00:34	9:45	28.8	75.1
37.	Debbie Riedner	51 f	1:00:50	9:47	29.0	65.4
38.	David Zeiger	38 m	1:01:03	9:50	29.1	53.3
39.	Heather Zeiger	39 f	1:01:03	9:50	29.1	60.6
40.	Anne Han	43 f	1:01:09	9:50	29.1	61.8
41.	Jonathan Coppens	24 m	1:02:59	10:08	30.0	50.1
42.	Shungo Saito	62 m	1:03:16	10:11	30.1	60.9
43.	Kinsey Dungan	17 f	1:03:33	10:14	30.3	58.8
44.	Andy Beach	62 m	1:04:05	10:19	30.5	60.1
45.	Anahi Alvarez	37 f	1:04:56	10:27	30.9	56.5
46.	Ken Ashby	68 m	1:16:31	12:19	36.4	53.6
47.	Marcus Wertz	73 m	1:22:11	13:14	39.1	53.0
48.	John Kramer	58 m	1:28:11	14:12	42.0	42.1
49.	Ed Humphrey	69 m	1:29:05	14:20	42.4	46.6

Plano Pacers Jr. Sprint (0.6213 miles) Results---Saturday, October 31, 2020

			FinTime	Pace	5Keq	Score
1.	Cole Davis	10 m	4:31	7:16	26.7	69.1
2.	Otto Bishop	9 m	4:36	7:24	27.2	70.6
3.	Miles McCoy	9 m	4:42	7:34	27.8	69.1
4.	Davy Rudd	8 m	4:46	7:40	28.2	71.3
5.	Aubrey Cabrales	10 f	5:04	8:09	29.9	69.8
6.	Fabian Lagrenade	9 m	5:08	8:16	30.3	63.3
7.	Luke Nguyen	7 m	5:59	9:38	35.4	59.8
8.	Logan Aquino	6 m	6:45	10:52	39.9	56.1
9.	Ana Nguyen	5 f	6:50	11:00	40.4	67.0
10.	Aubrey Blasingame	6 f	7:06	11:26	42.0	60.5
11.	Lucia Aquino	4 f	7:13	11:37	42.6	68.1
12.	Ava Gollis	6 f	8:52	14:16	52.4	48.4
13.	Eliana Aquino	2 f	9:58	16:02	58.9	57.9

New Records:

Sonya Correa, 5K Female 35-39, 17:44 (previous record: Becky Angeles, 18:53, 02/16)
 Jim Dietz, 10K Male 60-64, 38:52 (previous record: Bill Shaw, 39:43, 01/04)
 Linda Kelly, 10K Female 65-69, 48:07 (previous record: Linda Kelly, 48:23, 01/18)

LEGEND

Left-to-right: finish place, name, hometown, age, sex, member?
FinTime is the official individual finish time in (h:)mm:ss format.
Pace is the calculated average pace per mile in mm:ss format.
5Keq is the equivalent 5K finish time in minutes and tenths.
Score is a performance grade with factors for age and sex.

KEY TO AGE-GRADED PERFORMANCE SCORES

100 +	national competitor
90-99	regional competitor
80-89	local competitor
70-79	above average
60-69	near average
50-59	below average
40-49	novice runner
30-39	fitness walker

Kids K Volunteers

Sue Purser
Norma Cabrales
Abigail Cabrales
Stephen Wahlquist
Ron Wahlquist