

Calumet Region Striders  
Board of Director's Meeting  
November 10, 2022-Minutes

BOARD APPROVED

Location: Valparaiso Public Library, Valparaiso, Indiana

Ed Caccavale	President
Aaron Cook	Vice-President
Cecilia Bernal	Treasurer
Marialena Nagel	Secretary
Emily Cook	Gold Cup Public Relations
Deanna Grimes	Youth Running Programs
Erin Higy	Nominations, Bylaws & Disabled Runners
Karen Spoor	Membership and Volunteers

The meeting was called to order at 6:09 p.m. by President Ed Caccavale.

Absent: Erin Higy-Nominations, Bylaws & Disabled Runners

Guests: Nicholas Paunovich

Approval of Minutes: A motion was made by Emily and seconded by Cecilia to approve the minutes from the October 2022 meeting. Motion approved 7-0.

President's Report (Ed Caccavale):

1. Discussion that all runners participating in races should have a registered bib and follow all rules regarding bib transfers

Vice-President's Report (Aaron Cook):

Treasurer's Report April 2022 (Cecilia Bernal):

Cecilia provided a report; Available upon request

Secretary's Report (Marialena Nagel):

1. A motion was made via e-mail by Deanna and seconded by Marialena to purchase a \$100 gas gift card for Darrel Hale for being the Chicago Marathon aid station captain. Board approved 6-0.

### Gold Cup & Sponsored Race Series (Emily Cook):

1. 475 Current Members; 201 Gold Cup Members
2. A motion was made by Emily and seconded by Deanna to approve the 2023 Gold Cup schedule. Motion approved 7-0.
3. Gold Cup Race Director's meeting Saturday, November 12th at 1pm in Schererville at Rosati's Pizza
4. Love, Jessica Inc. 'Race for a Cause' 5K will not be a Gold Cup race in 2023
5. 4-H 4 Mile Hustle applied for the 2023 Gold Cup schedule
6. Field Station Frenzy 5K will be providing their check for the 2023 Gold Cup Schedule Saturday
7. Discussion that the 100 Mile Club should have a deadline for submitting mileage for 2023 in order to receive an award

### Public Relations:

1. Facebook followers-
2. Jr. Striders followers-
3. Instagram-

### Youth Running Programs (Deanna Grimes):

1. 11 registered to participate in CC Nationals in Shelbyville, IN on November 19<sup>th</sup>; cost is \$25 and money is due Monday, November 14<sup>th</sup>
2. November 30<sup>th</sup> Pizza Party at Dean and Barbara White Community Center, Merrillville, IN to conclude CC season
3. Winter running will start December 5<sup>th</sup> with practice on Monday's at 6pm at the Dean and Barbara White Community Center

### Nominations, Bylaws & Disabled Runners (Erin Higy):

### Membership and Volunteers (Karen Spoor):

1. Membership Fun Run will be held December 11, 2022 for the 2023 Season at Bridges Scoreboard Restaurant at 10:30am.

### Social Events:

\*See current week's INSTEP Newsletter

Next Meeting: December 8, 2022 at Trinity Lutheran Church

Meeting adjourned-A motion was made by Ed and seconded by Emily to adjourn the meeting at 7:36 p.m. Motion approved 7-0.