**Metro Tri Club**

**February 5, 2018 Meeting Minutes**

**Members Present:**

Mike Wever, Keith Timmins, Jim Clark, Erica Hunt, Greg Voudrie, Phil Coatney, Andrea Darbon, Jen Schaller, Jeff Germer, Shane May, Robin Misukonis, Chine Rongey, John Sikes, Donna Polinske

**General:**

The meeting was hosted by club member and sponsor Jen Schaller at RunWell in Edwardsville.

Ice storm was blowing in keeping attendance low.

**First Time Attendees:**

None

**New Members Present:**

None

**Visitors:**

None

**Finance Report:**

Mike Wever presented a snap shot of our finances and passed around a copy of the current information. If you have specific questions about club finances contact Mike or Jim Clark.

**Administration**:

**Sponsorship awareness:**

We would like to ask that club members please help in showing support of all our sponsors via social media when possible. Also, if you shop or visit one of our sponsors, please remember to say thank you and let them know you are a club member!

The website really needs to be updated with all the current sponsors. Donna Polinske will send the logos she has to Jeff Schleicher so he can get the site updated.

**Membership:**

New member for January was Chris Rife of Belleville bringing us to 105 for 2018.

Any questions about your membership status contact Dianna at diannatickner@rocketmail.com

**General Discussions:**

**2018 Banquet:**

The 2018 banquet is set for February 10, 2018 at the Wildey Theater in Edwardsville. Discussed some last minute needs such as help with setup and cleanup.

The banquet was an amazing night with friends, family, and competitors. Andrea Darbon and her team provided GREAT appetizers, dinner, and desserts. Jim Clark, Donna Polinske, Keith Timmins, and Jeff Schleicher presented a great program. The number of races completed by club members is amazing. The number of miles completed just during races is astounding. Overall, a very enjoyable evening. Thanks to Jay and Erica Hunt and all the volunteers who worked so hard to make it happen.

The 2017 GOTY award winners was announced at the banquet. Winners were Doug Bristow, Jeff Germer, John Sikes, Robin Misukonis, Jay Hunt, Erica Hunt, Russ Darbon, James Ritter, Ed Matecki, Donna Polinske, Vern Hurley, Donna Etherton, and Tim Holland.

The 2017 ULTIMATE GOTY (the club member with the most GOTY points) was awarded to Robin Misukonis. A very deserving award for a very hard working team member who not only races….a LOT….but seems to be at every meeting and pops up at the races she’s not competing with her camera at both the best and worst times documenting our victories and not so glorious moments. WELL DONE Robin!

**Member Discount Codes:**

**Discount code for St. Louis Tri is GODZILLA2018**

**Discount code for all Racemaker events is Trizilla15**

**Uniforms:**

Information on the Sugoi tri outfits was emailed out after the meeting. We attempted to get the logo on the back enlarged but are told there is not enough space. They were able to enlarge the logo on the bike jerseys. The Sugoi outfits take about 10 weeks to arrive so order will be placed by March 1. Donna Polinske is coordinating the Sugoi order. IF you are interested in ordering a Sugoi kit, please look at the email dated 2/5 and send a note to Donna at [ds\_polinske@yahoo.com](mailto:ds_polinske@yahoo.com).

Wattie Ink requires a $1,000 deposit to begin graphic design and send out samples for sizing. The club voted to authorize the deposit. After the meeting it was confirmed there was more than enough interest in these uniforms to submit the deposit. Wattie Ink requires our sponsor logos in “vector” format. Jim Clark will work on getting these to Wattie ASAP so graphic work can be completed. NOTE! The Wattie Ink kits will take about 12-15 weeks so time is of the essence. If you are interested, please watch for email updates on these kits.

**Microphone/PA:**

It was moved and approved for Mike Wever to buy a combo microphone/PA system for the club.

**Team Godzilla Triathlon University:**

**Swim Report**:

* Ed Matecki is still posting weekly workouts which can be found on Facebook at Team Zilla Swim Club.
* Esic YMCA has open lanes from 7:30 to 9:00 PM Monday, Wednesday, and Friday.
* Anyone with swim questions, please post a note on the Facebook page or the regular MTC Facebook page. We have many great swimmers who will share knowledge if asked.

**Bike Report**:

Tuesday evening Animal Ride will resume on 13 March after time changes. Mark your calendars!

**Run Report:**

**Tempo Runs** (6 miles max but you don’t have to run that far) are on Wednesdays at 6:30PM starting at RunWell Store.

**Owl Runs** are on Thursday at 5:30pm starting at the Korte field as SIUE across from the log cabin.

**Esic YMCA runs** are on Tuesdays and Thursdays at 5:00am, long runs are on Saturday at 8:00am starting at RunWell.

**Trail Runs** are on Saturday at 9:00am starting in the pay lot by the Student Success center at SIUE.

**Alton runs** are on Tuesday at West Elementary and Monday, Thursdays and Saturday at Nautilus (all at 5:00am). Any questions about these runs call Tim Holland at 314.724.2154 or email [twh@kaybeeelectric.com](mailto:twh@kaybeeelectric.com). New runners are always welcome.

RunWell has several other running options including a group for faster runners. For info on any of these email Jen at [runwellcoaching@yahoo.com](mailto:runwellcoaching@yahoo.com)

**Upcoming GOTY Events**:

Zillapede – The St. Louis St. Patrick’s Day race is on 17 March 2018 and it is a GOTY event. Each year, the club puts together a “Zillapede” to run the race. The Zillapede is composed of 12 or more club members tethered together with pennant lines. The Zillapede runs in a zig-zag pattern – compiling about 6.5 miles during the 5-mile race, averaging 11 to 12-minute miles. It is great crowd pleaser and is one of the most fun things we do as a club all year. If you are interested in running with us, please give Keith your name and shirt size. [keithtimmins@gmail.com](mailto:keithtimmins@gmail.com)

We currently have (15) Zilla members and (5) Zilla friends planning to run. Any other prospective “Pede” sections who want to join us are welcome!!! Training will be provided on race morning.

River to River (21 April 2018):

Update – The two teams are set and we have five alternates. If you want to be added to the alternate list, please let Keith know. [keithtimmins@gmail.com](mailto:keithtimmins@gmail.com)

* + Robin Misukonis, Ian Durie, Sarah Mahnesmith, Chris Mahnesmith, Emily Johnson are the current alternates

**Recent GOTY Events:**

No events since the January meeting.

**Upcoming GOTY Events:**

24 February – Castlewood Cup 15K

4 March – Quivering Quads half marathon

17 March – St. Patrick’s Day 5-mile race

24 March – Alton Half Marathon

Feb or March Club Swim Event - TBA

**Meeting Suggestions:**

None

**Next Meeting**

Next meeting will be on March 5. Location The Cyclery in Edwardsville. If anyone has a suggestion on future locations or special topics, please contact Jim Clark at orno11@yahoo.com